



September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Lucky Charms Strawberry Bagel Pineapple Milk	4 Waffles/Syrup Sausage Apple Milk	5 Yogurt Parfait Muffin Juice Milk	6 Mini Wheats WW Peanut Butter Toast Mixed Fruit, Juice Milk	7
8	9 Honey Nut Cheerios Strawberries, Cheese Stick, Juice Milk	10 English Muffin Peanut Butter Yogurt Juice Milk	11 Breakfast Burrito Hashbrown Mandarine Oranges Juice Milk	12 Mini Wheats Cinnamon Toast Peaches Juice Milk	13 Lucky Charms Churro Warm Cinnamon Apples Milk	14
15	16 Cinnamon Toast Crunch WW Toast & Jelly Mixed Fruit, Juice Milk	17 Honey Nut Cheerios, Donut Apple, Juice Milk	18 Scrambled Eggs Sausage Mandarine Oranges Juice Milk	19 Lucky Charms GoGurt Orange Juice Milk	20 Hot Cereal Applesauce Juice Milk	21
22	23 Yogurt Parfait Muffin Juice Milk	24 Sausage, Egg & Cheese Biscuit Grapes, Juice Milk	25 Pancakes/Syrup Ham, Peaches Juice Milk	26 Mini Wheats Pretzel & Cheese Juice Milk	27 Biscuit & Gravy Hashbrown Orange Juice Milk	28
29	30 Cinnamon Roll String Cheese Mandarine Oranges Juice, Milk	WELCOME BACK !!!				



LINCOLN ELEMENTARY SCHOOL LUNCH



September 2019

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3 Chicken Strips BBQ Sauce Rice, Orange Fresh Broccoli Milk	4 Corn Dog French Fries Baby Carrots Peaches Milk	5 Chicken Fajita Stir Fry Veggies Refried Beans Black Bean Corn Salsa, Sour Cream, Apple, Milk	6 Spaghetti Romaine Salad Breadstick Mixed Fruit Milk	7
8	9 Chicken Stir Fry Rice, Egg Roll Teriyaki Sauce Applesauce Milk	10 Cheese Eggs Sausage, Hashbrown Grahams, Strawberries & Bananas, Milk	11 Grilled Cheese Tomato Soup Spinach Salad Strawberry GoGurt Pineapple Milk	12 Taco in A Bag Meat, Lettuce, Tomato Cheese, Salsa Sour Cream Baby Carrots, Apple Milk	13 Chicken Fried Steak, Mashed Potato & Gravy, Green Beans Mandarine Oranges Milk	14
15	16 Chicken Nuggets Sweet & Sour Sauce Buttered Noodles Fresh Broccoli & Cauliflower, Milk	17 Chicken Alfredo Romaine Salad Breadstick Orange Milk	18 Hamburger Gravy Mashed Potato Bread & Butter Baby Carrots Peaches Milk	19 Burrito Grande Rice, Refried Beans Lettuce, Tomato, Cheese Salsa, Sour Cream Potato Rounds Corn, Apple Milk	20 Chicken Noodle Soup / Crackers WW Roll Green Beans Mixed Fruit Milk	21
22	23 Hot Dog/Chips Baked Beans Applesauce Milk	24 Lasagna Spinach Salad Breadstick Orange Milk	25 Chicken Sandwich, Lettuce Tomato, Pickle Sweet Potato Fries Pineapple Milk	26 Chicken & Waffles Syrup, Hashbrown Baby Carrots Strawberries & Bananas Milk	27 Nachos/Meat Refried Beans Salsa, Sour Cream Celery Sticks Mandarine Oranges Milk	28
29	30 Soft Shell Taco Lettuce, Tomato, Salsa Sour Cream, Corn Pears Milk	WELCOME BACK !!!!				