

Dear Davidson County Schools Employees & Dependents,

We are pleased to announce that effective **July 1, 2018**; we will begin offering an Employee Assistance Program (EAP) that will be provided by Deer Oaks EAP Services. They will provide Employee Assistance Program (EAP) Services for all full-time employees and dependents. The EAP benefit covers up to **8-confidential short-term counseling visits** and is at no cost to employees and their families. Davidson County Schools has pre-paid for this benefit for all employees and their dependents.

The EAP benefit is not only free to all employees and their dependants, but it is also **confidential**. Deer Oaks EAP has considerable expertise and clinical knowledge possessed by its clinicians and numerous convenient locations. Deer Oaks clinicians are well versed in helping clients of all ages, from young children up to the elderly.

The EAP can assist with many different types of problems. Among these are stress, depression, anxiety, workplace difficulties, substance abuse, marital problems, family or parenting conflicts, grief, violence and unhealthy lifestyles. The EAP can also provide additional assistance with, and tools & referrals for:

- ✓ Childcare and Eldercare Resources with Referrals
- ✓ Legal and Financial issues
- ✓ Child and Parenting Support Services
- ✓ Online Will Preparation
- ✓ Online Savings Center

Deer Oaks EAP is available when you need it, 24 hours a day, 365 days a year. Deer Oaks will also coordinate with your Healthcare Plans for cases that require treatment under your medical benefit.

For additional information or a referral to a provider located nearest you please call EAP toll-free at 1-888-993-7650. Online tools are available at: www.deeroakseap.com (login & password will be: **dauidsonk12**).

Davidson County Schools is committed to the health and well-being of its employees and their family members and encourages the utilization of this important benefit.

Sincerely,
Davidson County Schools and Deer Oaks EAP