



Physical Education

Student Name: _____ Grade: _____ Advisor: _____

P.E. Exemption is made available to students who participate in out-of-school athletic pursuits and/or training when that commitment exceeds 6 hours per week. Hours must be documented below each week. Coach/instructor must verify hours by signing at the bottom of the form the last week prior to turning in.

| Week of | Hours Per Week |
|---------|------------------------|
| Jan. 8 | |
| Jan. 14 | |
| Jan. 22 | |
| Jan. 28 | |
| Feb. 4 | |
| Feb. 11 | |
| Feb. 19 | |
| Feb. 25 | |
| Mar. 4 | |
| Mar. 11 | Log Form and Essay Due |

I _____ (coach/ instructor signature), hereby acknowledge the information above is true and accurate. Please contact me at _____ (telephone number) if you have further questions. The total amount of hours _____ (name of student) completed this trimester are _____ (total number of hours).