



**HEMET UNIFIED SCHOOL DISTRICT
PARENT RESOURCE CENTER
COMMUNITY SERVICES FOR THE HEMET/SAN JACINTO AREA**

ORGANIZATION	WEB ADDRESS	SERVICES OFFERED	PHONE NUMBER	ADDRESS	NOTES
211-Information and Referral Line:	http://www.211.org/	211 is a vital service that connects millions of people to help every year.	1-800-464-1123		
What's Up SAFEHouse App	https://safehouseofthedesert.com/whatsup-app/	Anonymous Text Communication 24/7 with a licensed Mental Health Professional from SafeHouse.	Text 844-204-0880		
CLOTHING					
Hemet USD District Closet	swilliams1@hemetUSD.org	Gently used clothing.	951-925-7548	831 Devonshire Ave. Hemet, CA 92543	Parking lot across from CVS
Hemet Seventh Day Adventist	http://www.hemetadventist.org/contact-us	Clothing, including uniforms and items for work. Open for food and clothing distribution on Tuesdays from 9am-11:30 am	951-929-2632	27025 Girard St. Hemet, CA 92544	
Dwelling Place City Church	http://www.dpcitychurch.com/	Every 3rd Sat. Hemet/San Jacinto residents need ID	951-658-0717	27100 Girard St. Hemet, CA 92544	
COUNSELING-CHILDREN 17 YRS. & YOUNGER					
C.A.S.A. (Center Against Sexual Assault) Center for Restoring the Heart	https://swcasa.org/	C.A.S.A. offers free and confidential support with a professional counselor to all survivors of sexual violence. Individual counseling, peer to peer counseling, survivor support groups, accompaniment services, advocacy services, prevention education.	951 652-8300 Crisis Hotline: 1 866 373-8300		
Arbor Hospice Home & Hemet Hospice	www.hemethospice.org	Working with HUSD as support for children in school groups. As a hospice support agency, Hemet Hospice Volunteers, Inc. has stayed true to their founding mission and continues to provide resources for hospice patients, families, and the bereaved with love and compassion.	951 658-9288	890 W. Stetson Ave. Ste. A Hemet, CA 92543	
Victor Community Support Services	www.victor.org	Victor Community Support Services is a community-based focused agency which delivers mental health and family support services in the homes, schools and communities	951 439-2939	1105 E. Florida Ave. Hemet, CA 92543	
COUNSELING-CHILDREN 13 YRS.-17 YRS.					
The Trevor Project Helpline Crisis Intervention and Suicide Prevention for LGBTQ Youth	https://www.thetrevorproject.org/	Provide Lifeline, Chat, Text and Social Networking for LGBTQ youth under the age of 25.	1-866-488-7386 Lifeline Text "START" to 678678		
What's Up SAFEHouse App	operationsafehouse.org	Anonymous Text Communication 24/7 with a licensed Mental Health Professional from SafeHouse.	Text 844-204-0880		
Youth Crisis Hotline	https://suicidepreventionlifeline.org/	California Coalition for youth offers support, encouragement and referrals to youths needing assistance	1 800 273-8255		
COUNSELING-18 & OLDER					
Alternatives to Domestic Violence	www.alternativestodv.org	Help for Domestic Violence Victims offers: 24-hour toll free crisis line in (TDD Accessible), children's counseling court accompaniment for victims, teen violence prevention programs, anger management programs, anger management programs for abusers, community education, specialized training for law enforcement, legal, social and emergency medical personnel, a fee-based, full service counseling center.	1 800 339-SAFE / 1 800 339-7233	1005 N. State St. Hemet, CA 92543	
Family Services Association Mental Health	https://www.fsaca.org/	Child abuse prevention and treatment, family visitation support center, & private counseling	951-292-5790	625 S. Pico San Jacinto, CA 92582	
S.A.F.E. Safe Alternatives for Everyone	http://www.safefamiliesca.org/	Safe Alternatives for EVERYONE is committed to providing services for children, youth and families who have experienced or are at risk of abuse and violence.	951 587-3900	28910 Pujol Street Temecula, CA 92590	
GLASSES					
California Lions-Friends in Sight	https://clfis.info/free-vision-screening/	California Lions Friends in Sight provides free vision screenings and recycled eyeglasses throughout Southern California and Northern Mexico. All are welcome, especially children and those with financial hardship.	951-845-4559	P.O. Box 7 Beaumont, CA 92223	



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New Eyes Glasses for Those in Need	https://new-eyes.org/application	They work around the clock to bring corrected vision to people in the U.S. This means they buy thousands of people in need new pair of eyeglasses every year.	973-376-4903	549 Millburn Avenue Short Hills, NJ 07078	
National Eye Institute (NIH)	https://nei.nih.gov/health/financialaid	This institute provides different agencies that assist with various eye care needs.			
FOOD					
Food stamps-Riverside County Department of Public Social Services (Hemet)-	www.dpss.co.riverside.ca.us	Family services, adult services, children services.	951-791-3000	561 N. San Jacinto St., Hemet, CA 92543	
CALFresh/SNAP	www.c4yourself.com	C4Yourself ® is an online application system that allows you to apply for benefits.	877-410-8827		
Soboba Tribal TANF	http://sobobatanf.org/	Tribal TANF is a federal and state funded program that provides time-limited assistance to needy families with children in an effort for those children to be cared for in their homes or in the homes of relatives	951-654-5964	1425 Spruce St. Suite A Riverside, CA 92507	
Community Pantry	http://hemetcommunitypantry.org/	Their primary mission is to provide emergency food and shelter to local residents in need. They assist families in low-income brackets as well as those on fixed-incomes or those who are unemployed or underemployed.	951-929-1101	191 S. Columbia St. Hemet, CA 92544	
Project Food Box-Western Eagle Foundation	http://www.western-eagle.org/browse-64551/Project-Food-Box.html	In 2003, Western Eagle Foundation launched the "Project Food Box" program to assist families that have limited resources and do not qualify for government assistance. There are no forms to fill out, and no income requirements to participate in our program	951-695-7206	40940 County Center Dr Temecula, CA 92591	
HEALTH SERVICES					
Hemet USD Wellness Committee	https://parentcenter.hemetusd.org/	The HUSD Wellness Committee is seeking input from parents and community members on current and future HUSD Wellness goals.	951-765-0004	258 N. Thompson St. Hemet, CA 92543	
Borrego Health-San Jacinto Health Center	www.borregohealth.org/	They can help you apply for: Family PACT, CHDP, CDP and Sliding Fee. Walk-In welcomed, they accept Medicare, Medi-Cal, Molina, Blue Cross, PPO, IEHP, Private Insurance	951 487-8506	651 N State St. San Jacinto, CA 92583	
Hemet Family Health Center	http://www.rivco-familycarecenters.org/	Provide and/or support the delivery of comprehensive, culturally competent, quality primary health care services to the low-income and the underserved population.	951-766-2450	880 N State St Hemet, CA 92543	
Covered California Certified Agent	www.coveredca.com	Covered California is California's health insurance exchange, where individuals, families and small businesses can find affordable, quality health insurance.	1-800-300-1506	340 N. San Jacinto St Ste A Hemet, CA	
County of Riverside-Department of Public Social Services (DPSS)	http://dpss.co.riverside.ca.us/office-location/hemet-02	Medi-Cal is no or low cost health care coverage for California residents with limited income and resources. The program is California's version of the Federal Medicaid program and is funded by state and federal tax revenue. Medi-cal provides health coverage for children, pregnant women, families, the elderly, blind, and disabled.	1-877-410-8827	541 N. San Jacinto Street, Hemet, CA 92544	Application for Health Care Assistance
Neighborhood Healthcare	www.nhcare.org/	Neighborhood Healthcare is an award-winning organization that provides quality health care and promotes wellness to our Southern California communities.	951 216-6100	903 E Devonshire Ave. Ste D Hemet, CA 92543	Mon - Fri 8am - 5pm
HOUSING					
Village Meadows	www.villagemeadowsapartments.com	Section 8, Government subsidized Housing program.	951-929-5152	700 S. Arbor Pkwy. Hemet, CA 92545	
Valley Restart	valleyrestart.info/	Valley Restart is a shelter and resource center for persons experiencing homelessness located in the Hemet-San Jacinto Valley. Incorporated in 1989 as a 501c3 not for profit agency, Valley Restart is supported by a collaboration of the public, private and religious sectors.	951 766-7476	200 E Menlo St. Hemet, CA 92543	



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Salvation Army Shelter	https://www.salvationarmyusa.org/usn/provide-shelter/	In addition to providing temporary homeless shelters, they provide families with meal-planning, utility, and long-term housing assistance.	951-791-9495	340 S. Palm Ave Hemet, CA 92545	
INTERVENTION SERVICES					
Alcoholic Anonymous Central Office	https://aainlandempire.org/	Support group for substance abusers, their families and friends; AA literature	909-825-4700	897 Via Lata, Ste "AA" Colton, CA 92324	
Arrid Club		Support group for substance abusers, their families and friends; AA literature	909-825-4700	120 S Harvard St. Hemet, CA 92543	Mondays: 6am, 7am, 12pm, 5pm, 7pm
Sobriedad Y Salvación (Spanish)		Support group for substance abusers, their families and friends; AA literature	909-825-4700	249 E Main St. San Jacinto, CA 92583	Thurs.7pm, 9pm
Hemet Valley Recovery Center	https://www.hvrc.com/	Programs: Chemical dependency, chronic pain, older adult, young adult, Sage Retreat, family, recovery residency	1 866 273-0868 951-765-4903	371 N. Weston Place Hemet, CA 92543	
MFI Recovery Center Hemet Outpatient Services	https://www.mfirecovery.com/drug-addiction-treatment-centers/hemet-outpatient-services/	MFI Recovery Center's addiction counseling programs in Hemet offer a full continuum of addiction treatment services for adolescents, men, women, and women with children	1-866-218-4697 951-683-6596	950 N. State Street, Ste. E Hemet, CA 92543	
Riverside County Department of Public Health Tobacco Control Project	http://www.rivcotcp.org/AboutUs.aspx	They address tobacco consumption through education, advocacy, and creating health promoting/disparity reducing policies and programs. This will eventually lead to increased quit rates, initiation reduction, and smoke-free environments. They will complete their mission by collaborating with new and existing partners.	951-358-4977	Health Education Branch 4065 County Circle Drive Riverside, CA 92503	
Hemet USD Tobacco-Use Prevention Program (TUPE)	https://www.hemetusd.org/apps/pages/index.jsp?uREC_ID=254964&type=d&pREC_ID=582524	The purpose of the TUPE program is to reduce youth tobacco use by helping young people make healthful tobacco-related decisions through tobacco-specific educational instruction and activities that build knowledge as well as social skills and youth development assets.	951-765-5100	1791 W. Acacia Ave. Hemet, CA 92545	Tobacco Brochure
Child Protective Services	http://dpsr.co.riverside.ca.us/office-location/hemet-03	CPS is the major system of intervention of child abuse and neglect in California. Existing law provides for services to abused and neglected children and their families. CPS' goal is to keep the child in his/her own home when it is safe, and when the child is at risk, to develop an alternate plan as quickly as possible.	1-800-442-4918 951-791-3200	547 N. San Jacinto Street Hemet, CA 92543	M-F 8:00am - 5:00pm
Suicide Prevention Lifeline	https://suicidepreventionlifeline.org/	They can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.	1-800-273-8255		
Bullying Prevention	https://www.hemetusd.org/apps/pages/index.jsp?uREC_ID=260702&type=d&pREC_ID=1342083	Hemet USD practices Positive Behavior Interventions and Supports and Restorative Practices to provide meaningful consequences to all students involved in bullying situations- both the students acting as bullies and students who feel they have been the target of bullying. All sites have Counselors available to meet with students who have been a victim or who have engaged in bullying.	Contact your childs' school site.	Online reporting system.	
PARENT EDUCATION					
Hemet USD Parent Resource Center	https://parentcenter.hemetusd.org/	The Parent Resource Center is dedicated to serving all parents by providing the necessary resources in order for parents to assist their children in achieving academic, social, and emotional success.	951-765-0004	258 N. Thompson St. Hemet, CA 92543	
The Carolyn E. Wylie Center for Children, Youth & Families	https://wyliecenter.org/	The Carolyn E. Wylie Center is a large multi-service center now serving over 3,401 children, youth, and families each year through its programs and services. Serving the Inland Empire, we provide the highest quality educational programs and therapeutic services to meet the needs, goals and hopes of individuals with special learning, emotional and developmental needs.	951-683-5193	4164 Brockton Ave. Riverside, CA 92501	M-Th: 8:00 a.m.-9:00 p.m. Fri: 8:00 a.m.-6:00 p.m.



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TEEN MOTHERS					
Betty G. Gibbel Regional Learning Center	https://www.rcoe.us/betty-gibbel-regional-learning-center/	The Betty G. Gibbel Regional Learning Center Community School (onsite) program serves grades 6-12 in a traditional school environment. The Independent Study program serves elementary grade students through adults in an independent learning environment. Our Come Back Kids program serves youth who have dropped out of school up to the age of twenty-two in an independent learning environment.	951-826-4250	1251 Eagle Drive San Jacinto, CA 92583	
California School Age Families Education Program-(CAL-SAFE)	https://www.rcoe.us/student-program-services/alternative-education/cal-safe-program/	Part of the RCOE Community School. RCOE began serving pregnant and parenting teens in 1971, and the Cal-SAFE program became operational in 2000, incorporating elements of the former Pregnant Minors; School Age Parenting and Infant Development; and the Pregnant and Lactating Students programs. Cal-SAFE operates under the direction of the Riverside County Superintendent of Schools.	951-826-4980	26868 San Jacinto Street, Hemet, CA 92543	
Helen Hunt Jackson College Prep & Family Tree Learning Center	https://hhjftlc.hemetusd.org/	The students at Helen Hunt Jackson are looking for an educational program that is flexible enough to meet those individual needs. Whether they are college bound, diploma bound, or seeking ways to recover credits, Helen Hunt Jackson students have a common goal—to graduate with a high school diploma that prepares them for their next step in life. Helen Hunt Jackson students are determined self-starters who want greater flexibility, a smaller campus, in an individualized program.	951-765-5193	26400 Dartmouth St. Hemet, CA 92544	
Hemet Family Care Center-Teen Clinic	http://www.rivco-familycarecenters.org/Locations/Hemet.aspx	Primary care, family planning, pregnancy testing and counseling, perinatal care, cancer screening, sexually transmitted diseases, adult and pediatric immunizations, tuberculosis skin testing, well child care and nutrition.	951-766-2450	880 N State St, Hemet, CA 92543	Open: Monday – Friday 7:30 am – 5:00 pm
My City Youth-Teen Mommy Shoppe	http://www.mycityyouthcenter.com/teenage-mommy-shoppe	The teen parent program provides at-risk and low income teen parents with counseling, parenting classes and guidance in completing high school, continuing on to college, finding jobs, and becoming successful parents. There are field trips, weekly trips to the park, quarterly fun activities, and an on-site play area where moms and their little ones can gather each week.	951-652-0647	145 N. Tahquitz Ave. Hemet, CA 92543	Mommy Shoppe Hours: Wed. 11:00 a.m.-2:00 p.m. & Fri. 2:00 p.m.-4:00 p.m.
Woman, Infant & Children (WIC) Hemet	http://www.rivhero.com/	Riverside County WIC helps pregnant women, new mothers and young children eat well, stay healthy and be active. The program is funded by the U.S. Department of Agriculture (USDA). Our team is committed to helping you and your children achieve your best health	951-358-7200	1055 N. State St. Hemet, CA 92543	
TRANSPORTATION SERVICES					
Care-A-Van Transit, Inc.	https://www.careavantransit.com/	Transportation for seniors, disabled and low-income	951-791-3572	749 N. State St. Hemet, CA 92543	
Hemet Unified Transportation	https://www.hemetusd.org/apps/pages/index.jsp?uREC_ID=255491&type=d	Student must meet the requirements. Live more than 2.0 miles from school Elementary. 4.5 miles for Middle and High School.	951-765-5100	1791 W. Acacia Ave. Hemet, CA 92545	
Hop Skip Drive (Uber for kids)	hopskipdrive.com	Safe rides to and back to school or other activities. 5yrs+ experienced caregivers.	1-844-467-7547		
UTILITY ASSISTANCE					
Community Action Partnership	https://www.capriverside.org/	LIHEAP and SHARE-assistance with Gas or Utilities, if qualified	951 955-4900	749 N. State St. Hemet, CA 92543	
Community Pantry	hemetcommunitypantry.org/	Emergency food, utility, rental assistance Mon-Thu 9am-11:30am *Must Show ID & SS#	951-929-1101	191 S. Columbia St. Hemet, CA 92544	



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Southern California Edison CARE Program	https://www.sce.com/wps/portal/home/residential/assistance/care-fera	Reduces energy bills for eligible customers by about 30%.	1-800-655-4555	P.O. Box 800 Rosemead, CA 91770	
Southern California Edison FERA Program	https://www.sce.com/wps/portal/home/residential/assistance/care-fera	Reduces electric bills for qualified households by 18%.	1-800-655-4555	P.O. Box 800 Rosemead, CA 91770	
Southern California Gas Company CARE Program	https://www3.socalgas.com/save-money-and-energy/assistance-programs	Receive a 20 percent discount on your natural gas bill if you qualify.	1-800-427-2200	Centralized Correspondence PO BOX 1626 Monterey Park CA 91754-8626	
VOLUNTEER PROGRAMS					
Hemet Hospice Volunteer	http://hemethospice.org/volunteer-3/	Whether it's providing support to school children who have experienced the death of a loved one, sharing your special crafting skills and talents, or providing respite support to caregivers for just a few hours a week; the amazing contributions of volunteers are essential to the work provided by Hemet Hospice Volunteers and Arbor Hospice.	951-766-9629	890 W. Stetson Avenue Ste. A Hemet, CA 92543	
Central County United Way	http://www.ccuw.org/	This agency provides a variety of volunteering opportunities based on your zip code.	951-929-9691	418 E. Florida Avenue Hemet, CA 92543	Search for volunteer opportunities here.
Habitat for Humanity Hemet/San Jacinto	http://www.hemetsanjacintohf.org/	Habitat for Humanity Hemet / San Jacinto is dedicated to eliminating substandard housing locally and worldwide through constructing, rehabilitating and preserving homes; by advocating for fair and just housing policies; and by providing training and access to resources to help families improve their shelter conditions.	951-658-0235	615 N San Jacinto St, Hemet, CA 92543	
YOUTH PROGRAMS					
California Family Life Center	https://www.cfckids.org/	Opportunities for job search, college enrollment, and independent living skills are offered in order to provide the youth with stepping stones to a brighter future.	951-654-2352	930 N State St Hemet, CA 92543	
S.A.F.E. & Zone After School Expanded Learning Programs	https://www.hemetusd.org/apps/pages/index.jsp?uREC_ID=260702&type=d&pREC_ID=582606	Hemet Unified School District in partnership with Valley Wide Recreation and Park District and other community agencies to provide a safe after school environment for students offering opportunities for enrichment, academic support, physical education, and creative learning.	951-658-3538 ext. 201		
My City Youth Center	http://www.mycityyouthcenter.com/	My City Youth Center is an incorporated 501 (c) (3) non-profit organization located in the city of Hemet, California, which provides a safe place for at-risk youth ages 8 to 18 to gather. We offer free programs including art, guitar lessons, dance instruction, gymnastics, basketball training, an outdoor skate park, a recreation room, computer programming, tutoring, and after school homework help	951-652-0647	145 N Tahquitz Ave. Hemet CA. 92543	Office hours: Monday - Thursday: 9 A.M. - 5 P.M. Fridays: 1 P.M. - 5 P.M.
Cops 4 Kids & Communities	http://www.c4kc.org/	Cops 4 Kids & Communities provide young people with opportunities to engage in programs that help them achieve academic success, take charge of their health by building healthy habits that will stick with them throughout their lives, and foster the skills they need to become leaders in their communities.	951-654-2111	1112 S. State St. San Jacinto, CA 92583	