



ARCATA SCHOOL DISTRICT

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6/5/19

ARCATA SCHOOL DISTRICT RECEIVES HUMBOLDT SPONSORS GRANT FOR STUDENT HEALTH

The Arcata School District is excited to receive \$2,490 in funding from Humboldt Sponsors to improve the physical and emotional health of District students. The District's Healthy Students Project will supply Arcata Elementary School and Sunny Brae Middle School with EpiPens, puberty kits, and various therapy games and worksheets to assist students. In addition, the school sites and the Arcata Family Resource Center, located on the Arcata Elementary campus, will receive lice kits for students and families. With the assistance of Humboldt Sponsors, the District will better ensure the safety and well-being of all its students, which in turn maintains attendance, increases learning, and improves student success.

School Counselor Althea Jones is particularly pleased with the addition of cognitive behavior therapy games and art supplies to her repertoire. Play therapy uses a child's natural tendency towards play to help them process complicated emotions and assists them in developing skills that will help them succeed in life. Counselor Jones stated, "With these innovative therapy games, I'll be able to offer a much broader range of tools to help children understand their emotions, learn self-control, and gain self-respect. Many thanks to Humboldt Sponsors!"

For more information about Arcata School District, call (707) 822-0351 or visit arcataschooldistrict.org. Humboldt Sponsors is a non-profit charitable organization dedicated to Humboldt County youth (humboldtsponsors.org).