








# BPY December Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Tomato Rice Soup Grilled Cheese</p>  <p>Roasted Vegetable Medley Oranges</p>	<p>4 Beef Tacos</p>  <p>Hard Tacos Spanish Rice Roast Corn Salad Shredded Lettuce, Tomatoes, Spicy Sauce Apples</p>	<p>5 Split Pea Soup Fish Sticks Latkes Apple Sauce Sliced Peppers Oranges</p>	<p>6 Egg Drop Soup General Tso Chicken Fried Rice Sugar Snap Peas Apples</p>	<p>7 No-Session Chanukah Break</p>
<p>10 Mushroom Barley Soup French Toast Syrup Steamed Carrots Yogurt Fresh Cut Fruit</p>	<p>11 Hotdogs Baked Beans Sauerkraut French Fries Apples</p>	<p>12 Zucchini Bisque Mac N Cheese</p>  <p>Roasted Broccoli Fresh Cut Fruit</p>	<p>13 Chicken Nuggets Cous cous String Beans</p>  <p>Mixed Fruit</p>	<p>14 Pizza</p>  <p>Caesar Salad Fresh Cut Fruit</p>
<p>17 French onion Soup Cheese Blintzes Potato Blintzes Sour Cream Apple Sauce Roasted Cauliflower Oranges</p>	<p>18 Turkey Hoagies</p>  <p>Cole Slaw Sliced Tomato Sliced onion Corn on the Cob Mixed Fruit</p>	<p>19 Pancakes Tater Tots Yogurt Maple Syrup Oranges</p>	<p>20 Meatballs Spaghetti Green Peas Apples</p>	<p>21 Pizza</p>  <p>Caesar Salad Oranges</p>
<p>24 Cauliflower Bisque Baked Ziti Mixed Vegetables Plums</p>	<p>25 NO LUNCH</p>	<p>26 Butternut Squash Soup Tortellini Mushroom Salad Sautéed Green Beans Plums</p>	<p>27 Chicken Soup Hamburgers on a seedless bun</p>  <p>Corn on the Cob Sliced Tomato &amp; onion Apples</p>	<p>28 Pizza</p>  <p>Caesar Salad Plums</p>
<p>31 Bagels Scrambled Eggs Cream Cheese Butter Tuna Sliced Cucumber Fresh Cut Fruit</p>				

## Available Daily

### Bread Display

Assorted Seed Free Mini Bagels

Sliced whole wheat Bread

Sliced White Bread

Sliced Rye Bread

Cream Cheese, Butter, Sliced Cheese, and Jelly

Soy butter

### Salad Bar

May Include

### Greens

Romaine, Mesclun, Spinach, Arugula, Iceberg

### Vegetables

Cucumbers, Tomatoes, Shredded Carrots, Assorted Peppers, Edamame, Cherry Tomatoes, Celery, Mushrooms, Roasted Sweet Potato, Roasted Zucchini, Roasted Squash, Roasted Mushrooms, Green Peas, Red Cabbage, Red Onion, Baby corn, Chick Peas, Black Beans, kidney Beans, Diced Beets, water Chestnuts, Pickles, Olives, Hearts of Palm,

### Toppings

Croutons, Chinese Noodles, Terra Sticks, Quinoa, Craisins, Tuna, Hard Boiled Eggs, and Plain Pasta

### Dressings

Italian, Creamy Italian, Balsamic Vinaigrette, French, Russian, Caesar, Raspberry Vinaigrette, Olive Oil, Lemon

### Juice

### Whole Fruit

Apples, Oranges, Bananas, Peaches, and Plums

Fresh Fruit Cups

Assorted Yogurt

### ECC Daily Vegetable

Cucumbers, Tomato, Peppers, Baby Corn, Baby Carrots