

JANUARY

2019



I'm
**ORANGE
STAR**

**GOOD
EATS AT**

Breakfast
Secondary

**SPECIAL
ANNOUNCEMENTS**

Includes Fruit, 100% Fruit
Juice, Milk Variety and
Water

* This Institution is an
equal opportunity provider

| M | T | W | TH | F |
|--|--|---|--|--|
| | | | Holiday Break | |
| Breakfast Pizza WGR Cereal Variety with Toast, Muffin & Yogurt | Chicken-N-Biscuit , Donut with Sausage, Breakfast Strudel with Cheese stick, or PBJ | Biscuit and Gravy with Scrambled Eggs and Bacon, Breakfast Fruit Parfait WGR Cereal Variety With Toast, Muffin & Yogurt | NO SCHOOL | NO SCHOOL |
| Pancakes with Bacon, WGR Cereal Variety With Toast, Muffin & Yogurt | Sunrise Sandwich, Donut, Breakfast Strudel with Cheese stick, Or PBJ | Monte Cristo Sandwich, WGR Cereal Variety with Toast, Muffin & Yogurt | Oatmeal with Cinnamon Toast, Dutch Waffle with Sausage, WGR Cereal Bar with Yogurt, PB | Breakfast Burrito with Hash browns, WGR Cereal Variety with Toast, Muffin & Yogurt |
| Sausage Kolache, WGR Cereal Variety With Toast, Muffin & Yogurt | Cheese Omelet with Toast, Donut, Breakfast Strudel with Cheese stick, PBJ | Waffles and Sausage, Breakfast Fruit Parfait, WGR Cereal Variety With Toast, Muffin & Yogurt | Breakfast Pizza, Dutch Waffle with Sausage, WGR Cereal Bar with Yogurt, PBJ | Donut with Sausage, French Toast with Sausage, WGR Cereal Variety With Toast, Muffin & Yogurt |
| Pancakes with Sausage WGR Cereal Variety with Toast, Muffin & Yogurt | Breakfast Burrito with Hash Browns, Glazed Donut with Sausage, Breakfast Strudel with Cheese stick, or PBJ | Scrambled Eggs, Bacon and Biscuit with Gravy, WGR Cereal Variety with Toast, Muffin & Yogurt | Sausage Kolache, Dutch Waffle with Sausage, WGR Cereal Bar with Yogurt, or PBJ | |

ORANGE STAR

Orange



Orange Star started out as a little orange blossom that hung on a branch in a grove in Healthyville. During his first winter an early frost caused ice crystals to form all around him. Just as he was about to freeze, the sun hit the crystals in a magical way. Two months later he ripened into a nutritious, fully grown orange and wanted to take the world by storm but did not know how. Then suddenly, as he fell from the top of the tree, a burst of vitamins shot out like bolts of lightning from his hands as he broke his fall. He discovered he could throw bursts of vitamins to all of the young orange blossoms and they could grow up into nutritious snacks for kids around the world. To this day, Orange Star travels the world turning ordinary orange blossoms into flavorful, nutrient rich oranges that are great snacks for kids to enjoy.

FUN FACTS

Oranges are grown throughout the world in tropical and subtropical areas, but they achieve the best quality under subtropical conditions. For the most part, the warm, humid conditions of South Texas produce a thin-skinned, yellowish orange fruit with yellowish orange flesh that is quite sweet and juicy.

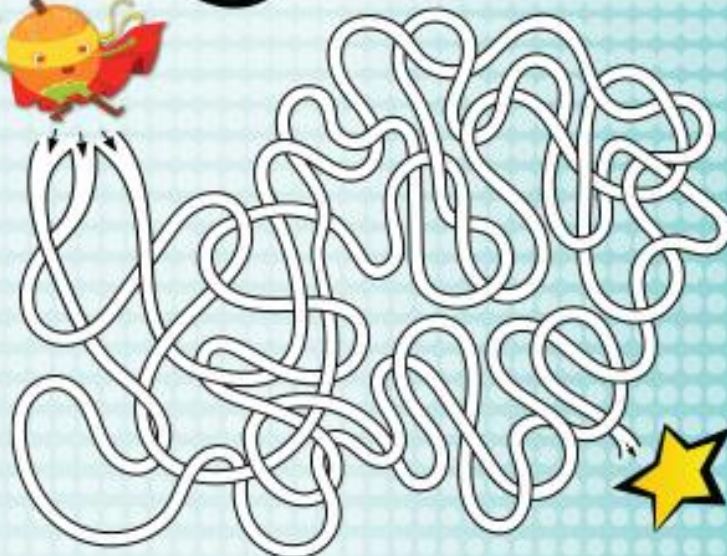


ORANGE STAR'S
FAVORITE
ACTIVITIES
Traveling and
Swimming



MAZE

Color the path that will lead the superhero to his missing star.



POW!
ARCH ENEMY
Fruit Flies

JOKE OF THE MONTH

Q: Why do oranges wear suntan lotion?

A: Because they peel.

Sources: Texas A&M and Agrilife Extension

Answer: Path #3