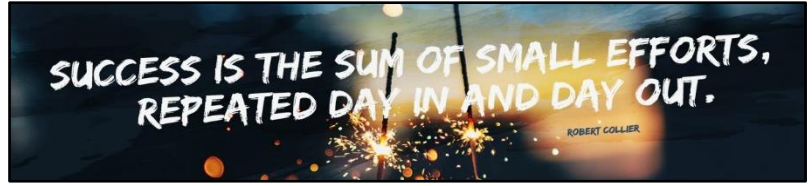


SOPHOMORES – SESSION 1 WORKSHEET

Name: _____



What is a goal?

Why do we set goals?

1. _____
2. _____
3. _____
4. _____
5. _____

Where do you want to go to college and/or what do you want to be? Why?

What is something you can do TODAY to get closer to achieving that goal?

List one detailed goal that you have for this year:

What are you going to do TODAY to work toward that goal?

