

Loving Solutions

*Raising a challenging or strong-willed child is tough...
but you don't need to feel alone! It's time to find help...*



A parent-training program designed specifically for parents raising difficult children, ages 5-10. Also known as “Parent Project®_{Jr.},” this program utilizes the same principles found successful in Parent Project®_{Sr.}, adapted to the needs of younger children. This program includes special strategies for children with ADD/ADHD.

In this program you will learn how to...

- ✓ Never argue with your child.
- ✓ Effectively use rules.
- ✓ Improve school success.
- ✓ Manage the highly impulsive.
- ✓ Help siblings get along.
- ✓ Stop out of control behavior

“This class made parenting less stressful. It has allowed me to become closer to my son and create a peaceful household.”

“[Loving Solutions] gave us more confidence and provided us with strategies and tools to be more effective.”

September 4 – November 13

11 weeks, Tuesdays, 6:30-8:30pm

COST: \$95 per person or couple

Includes 1 workbook, scholarships available

SPACE IS LIMITED! Registration Required

<http://bit.ly/PACE-Classes>

<http://adulthoodeducation.pleasantonusd.net>
adulthoodeducation@pleasantonusd.net
(925) 463-0616

