



**FRIDAY, AUGUST 16, 2019**

**WILDCATS!**

**RELATIONSHIPS . RIGOR . RELEVANCE**

**AOD – MRS. MANFREDI**

**ODD Day schedule:**

- Period 1: 7:00 – 8:00am**
- Tutorial: 8:00 – 8:20am**
- Period 2/3: 8:25 – 10:13am**
- Brunch: 10:13 – 10:28am**
- Period 4/5: 10:35 – 12:15pm**
- Lunch: 12:15 – 12:55pm**
- Period 6/7: 1:05 – 2:45pm**



----- **Clubs/Sports/ASB/Library** -----

**Announcements**

**Students - please be aware that open period stickers will not be available the first week of school.** If you have an open period and want to exit campus, simply show both your student I.D. card and your printed schedule at the front gate. An announcement will be made here on WR when the stickers are available.

**Off campus lunch stickers are available now.** You must have your signed parental authorization form and be in compliance with the no D/Fail policy, based on your last semester report card.

**Career and College Readiness -** Extended Day classes begin the week of August 26th. Be sure to check your student email for information on time and location of your class. Students who believe they enrolled in a CCR class who do not receive an email, or students interested in taking a CCR class, should see Mrs. Kraidman in the Career Center.

### **Attention Wildcats:**

If you are in need of emotional support, we have a NEW Wildcat Wellness Center located in Room 421 here on campus. Our new social worker, Mrs. Phillips, is here Monday through Friday from 8-3:30pm to assist you, guide you, or just be a great listener. The Wellness Center is a calm, confidential environment designed to help students. Please check out the Wellness Center when you feel in need of support.

## **2019 FALL TRYOUTS SCHEDULE**

### **Football                      Tuesday, Wednesday, Thursday                      August 13, 14, 15    3:00-5:00pm**

Freshman – Contact Coach O'Brien - Room 203 before you attend tryouts.

Sophomores – Contact Coach Welch - Room 552 before you attend tryouts.

### **Cross Country                      Thursday, August 15                      4:00pm                      Central Park** **Friday, August 16                      3:30pm                      Valencia Glen Park**

Contact Coach Hoelzel at [cyn8.hoelzel@gmail.com](mailto:cyn8.hoelzel@gmail.com)

### **Girls Golf                      Thursday, August 15                      3:30pm                      Vista Valencia Chica**

Contact Coach Holen at [jholen@hartdistrict.org](mailto:jholen@hartdistrict.org) or see him in the Boys PE Office

### **Girls Volleyball                      Tuesday, August 13                      3:00-5:00pm WRHS Main Gym**

Contact Coach Ker at [jameyker@gmail.com](mailto:jameyker@gmail.com)

### **Girls Tennis                      Wednesday, August 14                      3:00-4:00pm WRHS Tennis Courts**

Contact Coach Jackie at [Jackieresler1@yahoo.com](mailto:Jackieresler1@yahoo.com)

### **Girls Soccer                      Wednesday & Thursday, August 21 & 22                      3:00-5:00pm Grass Area**

Contact Coach Konrad in the Girls PE Office

### **Boys Soccer                      Thursday & Friday, August 15 & 16                      3:00-5:00pm Turf Field**

Contact Coach Kane in the Boys PE Office

### **Girls Basketball                      Thursday & Friday, August 15 & 16                      5:30-7:30pm Main Gym**

Contact Coach Zeringue in Room 311 or at [szeringue@hartdistrict.org](mailto:szeringue@hartdistrict.org). Must attend both days of tryouts.

### **Boys Basketball                      Monday – Wednesday, August 19-21                      6:00-9:00pm Main Gym**

Contact Coach Manalastas in Room 301 or at [rmanalastas@hartdistrict.org](mailto:rmanalastas@hartdistrict.org)

### **Boys Lacrosse                      Saturday, August 24                      2:30-5:30pm (this tryout is for the Fall Class)**

Contact Coach Borsos at [mborsos@hartdistrict.org](mailto:mborsos@hartdistrict.org)

### **Baseball                      Tuesday-Friday, Sept. 3-5                      3:00-5:00pm Baseball Field**

Contact Coach Burrill in Room 513

**It's not too late to join our award winning choir program at WRHS!** Our choir program consistently scores superior at festivals and is a source of pride for all of its members. In addition to learning the basics of reading music and performance, you will get to meet some of the most amazing students at West Ranch. And you will NEVER have to sing by yourself if you don't want to! We also have a trip to San Francisco planned for the spring semester. If you are interested in joining, please see your counselor. We'd love to have you!

## **Clubs**

### **ASB Clubs**

If you were a president of a club last year, we have a mandatory meeting on Tuesday, August 20th at 3:00pm in the Library. Club President and Advisor are mandatory to attend.

If you are interested in starting a new club, you must find a teacher on campus willing to be your advisor and know that your club cannot have the same or similar purpose to any other club that currently exists.

### **Academic Decathlon**

If you're interested in joining Academic Decathlon, there will be a meeting at lunch in room 501.