



*San Lorenzo Unified School District  
Health & Wellness Advisory Council*

## MEETING MINUTES FROM 1/17/19

**Date:** Thursday 1/17/19

**Time:** 3:45 p.m. to 5:00 p.m.

**Location:** Educational Services

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**Attendees:** Amy Capurro, Rachel Gekas, Sam Medina, Sandra Frost, Kate Casale, Bruce Harter

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**I. Co-Facilitators Amy Capurro, Director of Special Services & Rachel Gekas, Director of Child Nutrition**

**II. Discussed the suggested year 2 goals and potential next steps for this. See below for the notes from the meeting.**

- a. Principal & Staff Survey on ideas of what a Health & Wellness Coordinator position might do.  
**Follow Up:** Amy will develop a draft survey for the group to review at the next meeting. Kate will bring health and wellness job descriptions from other places for the team to review.
- b. Determination of future partnerships & funding sources – suggestions include HARD, Kaiser, Alameda County Public Health, Board Of Supervisors, Eden Area Food Alliance:  
**Follow Up:** Sam created at google sheet so that we can keep track of partnership opportunities. Sandra and Kate talked about some ways to proceed and some potential groups to partner with. Sandra mentioned that there might be some funding for some health and wellness system wide work.
- c. Student Focused Goal – establish a poster contest  
**Follow Up:** Sam to check in with Oro Loma and Mimi about this. Amy to follow up with the assistant superintendent of Educational Services.
- d. Establish garden parameters for district (what should a garden look like? Where should it be located; do's and don'ts for gardens) **The group discussed creating templates for garden spaces, in terms of grounds, size, etc. This would be something good to consult with Doug, Mimi, and Claudia about. Discussed researching garden templates (for small, medium or large sized gardens) used by other districts to streamline the process while still having our own culture/community influences**
- e. BADA Video – it was suggested that we might partner with BADA to create a video about our school gardens and other health and wellness areas.  
**Follow Up:** We will reach out to Mr. McVay to find out if this is possible

**III. Future Meeting Dates:**

February 28, 2019 – Council Meeting

March 21, 2019 – Council Meeting

April 23, 2019 – Council Meeting

May 16, 2019 – Council Meeting

June – TBD – Board Meeting Presentation