

# What's for LUNCH!



# DRAGON FOOD

Lakeside Jr. High School

**FREE**  
For  
Students

**Make it a combo!**

**Your**  
**BEST**  
**Deal!**

Choose an entrée with...

**1 Fruit and 1 Veggie and 1 Side Salad**

(or Specialty Salad with 1 Fruit)

**+ Fat-Free Milk** (White, Chocolate or Strawberry)

**There's no cost for students!**

**Adult Lunch Combo ... \$3.00**

Combo meal must include at least 1 fruit or veggie.

Monday  
**CHICKEN**

Tuesday  
**CULTURAL**

Wednesday  
**BURGERS**

Thursday  
**FAVORITES**

Friday  
**PIZZA**

**Also Available ... Chicken Sandwiches, Salads, Wraps, Pizza and other entrées**

**A La Carte Items ... not all items are available at all locations**

Featured Entrée of the Day.....\$2.25  
 Deli, Wrap, Sub Sandwiches.....\$2.25  
 Large Side Items (1 cup) .....\$1.25  
 Small Side Items (1/2 cup) .....\$ .75  
 Whole Fruit.....\$ .50

Chef Salad .....\$3.00  
 Extra Salad Dressing large packet .....\$ .50  
 Extra Salad Dressing small packet .....\$ .25

**Adult Lunch Combo ... \$3.00**

**Want More Nutritional Info?**

Nutritional information on all food offered is available at [www.AACS.net](http://www.AACS.net) on the "Nutrition Services" page.



*Ashtabula Area City Schools*  
**TOGETHER — Educating Students For Life**

**Nutrition Services**  
*"Connecting nutrition and wellness to lifelong learning through teamwork."*  
**2018-2019 School Year**