



# Weatherford ISD Middle School Menu

Hall Middle School.....817-598-2825  
Tison Middle School .....817-598-2965

## Three Ways to Purchase Meals

### Pre-Payments Online:

To post money on your students account, you may log into your [myschoolbucks.com](http://myschoolbucks.com) account. This service is easy to use, convenient, private, and secure. Parents may view/print their student's purchase history, account balance, and pay for multiple students by credit card or debit card. There is a convenience fee to pay online.

### Check:

Make checks payable to the school your student attends. Include the students name(s) and ID number on the check. Bring the check to the cafeteria.

### Cash:

Cash may be brought to your students cafeteria and deposit into their account or students may pay on a daily basis. Please put cash in an envelope with your students name(s) and ID number.

Menus are subject to change due to item availability

**Weatherford ISD • Child Nutrition Department**

**999 Sloan, Weatherford, TX 76086**

**[www.weatherfordisd.com](http://www.weatherfordisd.com)**

**Executive Director of Support Services**

**Alicia Hernandez, 817-598-2991**

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Submit your completed form or letter to USDA by: (1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; (2) fax: (202) 690-7442; or (3) email: [program.intake@usda.gov](mailto:program.intake@usda.gov).

This institution is an equal opportunity provider.

## Meal Pricing

Breakfast.....	\$1.35
Lunch.....	\$2.75
Reduced Breakfast.....	\$0.30
Reduced Lunch.....	\$0.40
Staff Breakfast.....	\$1.75
Staff Lunch.....	\$3.75
Visitor Breakfast.....	\$1.55
Visitor Lunch.....	\$3.75

# 2018-2019

## Weatherford ISD Hall Middle School Tison Middle School

## Breakfast Menu

### MONDAY

- French Toast Sticks
- Cereal & Toast
  - Fruit
  - Juice
  - Milk

### TUESDAY

- Breakfast Burrito
- Cereal & Toast
  - Fruit
  - Juice
  - Milk

### WEDNESDAY

- Chicken Biscuit
- Cereal & Toast
  - Fruit
  - Juice
  - Milk

### THURSDAY

- Breakfast on a Stick
- Cereal & Toast
  - Fruit
  - Juice
  - Milk

### FRIDAY

- Breakfast Pizza
- Cereal & Toast
  - Fruit
  - Juice
  - Milk

### Other Breakfast Information:

Assorted Fruit Offered Daily

## Lunch Menu

### MONDAY

- Spicy Chicken Sandwich
- Chicken Nuggets
- Orange Chicken
- Mixed Vegetables
  - Green Beans
    - Fruit
    - Milk

### TUESDAY

- Hot Dog
- Chicken Tenders
- Steak Fingers
- Mashed Potatoes & Gravy
  - Side Salad
    - Roll
    - Fruit
    - Milk

### WEDNESDAY

- Chicken Crisпитos
- Taco Salad
  - Nachos
- Refried Beans
  - Salsa
    - Fruit
    - Milk

### THURSDAY

- Pepperoni Pizza
- Cheese Pizza
- Mini Corn Dogs
  - Baby Carrots
    - Corn
    - Roll
    - Fruit
    - Milk

### FRIDAY

- Hamburger
- Cheeseburger
- Bean & Cheese Burrito
- Potato Wedges
  - Side Salad
    - Fruit
    - Milk

### Other Lunch Information:

*Watch For New Items Offered Monthly*

Assorted Fruit and Vegetables Offered Daily

Some items may contain pork and subject to change without notice. Please inquire if you have any questions.

The Texas Department of Agriculture (TDA) has issued the Texas Public School Nutrition Policy to promote a healthier environment in schools. This Policy contains various nutritional regulations that the Weatherford ISD Child Nutrition Department must follow. The following is a list of the regulations that must be followed on a daily basis at each campus.

• Elementary classrooms may serve one nutritious snack per day in the morning or afternoon (not during regular meal periods of that class) under teacher's guidance. Prepackage snacks must comply with the fat and sugar limits of Texas Public School Nutrition Policy, must be single-size servings. All snacks (homemade and prepackage) may not contain any FMNV's or consist of candy or desert type items (cookie, cakes, cupcakes, pudding, ice cream, or frozen desers, etc.).

• Classroom birthday parties must be scheduled after the end of the class's lunch period so that these celebrations will not replace a nutritious lunch. Foods of Minimal Value (FMNV's) may not be brought into the cafeteria during lunch serving periods.

• Carbonated drinks, candies, water ices, and chewing gum may not be sold, served or given away during meal periods where reimbursable meals are served/consumed.