

December 2018

Junior High Lunch Menu

Monday	3	Bacon Cheeseburger, French Fries, Steamed Carrots
Tuesday	4	General Tso's Chicken, Rice, Steamed Broccoli, Red Pepper Strips
Wednesday	5	Walking Taco, Mexican Rice, Baked Beans, Baby Carrots
Thursday	6	Barbecue Pulled Pork Sandwich, Steamed Corn, Celery Sticks
Friday	7	Cheese Pizza Sticks with Sauce, Green Peas, Italian Salad
Monday	10	Sloppy Joe, French Fries, Celery Sticks
Tuesday	11	Loaded Nachos, Baked Beans, Pico de Gallo
Wednesday	12	Pancakes with Sausage, Roasted Potatoes, Baby Carrots
Thursday	13	Buffalo Chicken Wrap, Broccoli Salad, Red Pepper Strips
Friday	14	HOLIDAY MEAL Turkey, Stuffing, Mashed Potatoes, Steamed Corn
Monday	17	Parmesan Popcorn Chicken, Green Beans, Baby Carrots
Tuesday	18	Crunchy Tacos, Refried Beans, Pico de Gallo
Wednesday	19	Chicken Mashed Potato, Mashed Potatoes, Corn
Thursday	20	Pasta with Meat Sauce, Breadstick, Steamed Broccoli, Italian Salad
Friday	21	NO SCHOOL - INSERVICE
Monday	24	NO SCHOOL
Tuesday	25	NO SCHOOL - CHRISTMAS
Wednesday	26	NO SCHOOL
Thursday	27	NO SCHOOL
Friday	28	NO SCHOOL
Monday	31	NO SCHOOL

All meals come with Assorted 100% Fruit Juice or Assorted Fresh Fruit or Assorted Canned Fruit and Choice of Milk

What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. A minimum of 1/2 cup serving of fruit or a minimum of a 1/2 cup of vegetable must accompany a reimbursable lunch

Components: Meat or meat alternate, Choice of Vegetable, Choice of Fruit, Grain/Bread, Choice of Milk - 1% white, fat-free white, chocolate, vanilla and strawberry

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Daily Fruit Selections may include: oranges, apples, bananas, grapes, pears, peaches, cantaloupe, melon, strawberries, applesauce, pineapple, 100% fruit juices and mandarin oranges

Other Daily Features: Hamburger, Cheese Burger, Steak and Cheese, Chicken Patty on a Bun, Spicy Chicken Patty on a Bun, Chicken Nuggets with Pretzel Stick, BBQ Pork Sandwiches

Grill Options May include: Hamburger, Cheeseburger, Chicken Patty, Spicy Chicken Patty, Chicken Nuggets and Grilled Cheese

Deli Selections May Include: Turkey, Ham, Buffalo Chicken on Wraps, Hoagies, or Flatbreads

Pizza Selections May Include: Cheese, Pepperoni, Buffalo Chicken Pizza, and Stuffed Crust

Fresh Salads May Include: Chicken Caesar, Garden, Spicy Chicken, Popcorn Chicken Salads

Lunch Prices: Student \$2.05. Reduced \$0.40. Adult \$3.05.

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