



# ANAHUACALMECAC

INTERNATIONAL UNIVERSITY PREPARATORY

*An International Baccalaureate World School*

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Semillas Community Schools



*"Somos Semillas, Somos Tenaces.  
We are seeds. We are Relentless."*

## 2018-2019

### 4736 Schedule

**Mon and Thurs Odd Periods (1,3,5,7)**

**Tues and Friday Even Periods (2,4,6,8)**

<b>Breakfast</b>	7:30 am - 8:00 am
<b>Morning Cultural Protocols</b>	8:00 am - 8:05 am
<b>Caracol</b>	8:07 am - 8:22 am
<b>1st Period/ 2nd Period</b>	8:24 am - 9:31 am
<b>Break</b>	9:33 am - 9:48 am
<b>YO- Transcendental Meditation</b>	9:50 am - 10:05 am
<b>3rd Period/ 4th Period</b>	10:07 am - 11:14 am
<b>5th Period/6th Period</b>	11:16 am - 12:23pm
<b>Lunch</b>	12:25 pm - 1:05 pm
<b>7th Period/ 8th Period</b>	1:07 pm - 2:14 pm
<b>YO- Transcendental Meditation</b>	2:16 pm - 2:31 pm
<b>Academic Advancement/ASES</b>	2:33 pm - 3:30 pm
<b>9<sup>th</sup> Period</b>	3:32 pm- 4:14 pm
<b>After School Program/ASES</b>	3:32 pm- 6:00 pm

### Minimum Day Schedule

#### Wednesdays

<b>Breakfast</b>	7:30 am - 8:00 am
<b>Morning Cultural Protocols</b>	8:00 am - 8:05 am
<b>Caracol</b>	8:07 am - 8:20 am
<b>1st Period</b>	8:22 am - 8:48 am
<b>2nd Period</b>	8:50 am - 9:16 am
<b>3rd Period</b>	9:18 am - 9:44 am
<b>Yo- Transcendental Meditation</b>	9:46 am -10:01 am
<b>Break</b>	10:03 am - 10:16 am
<b>4th Period</b>	10:18 am-10:44am
<b>5th Period</b>	10:46 am- 11:12 am
<b>6th Period</b>	11:14 am- 11:40 am
<b>Lunch</b>	11:42 am - 12:17 pm
<b>7th Period</b>	12:19 pm - 12:45 pm
<b>8th Period</b>	12:47 pm- 1:13 pm
<b>Afterschool Programs</b>	1:15 pm - 6:00pm