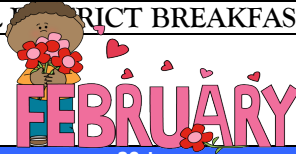




DOUGLAS SCHOOL DISTRICT BREAKFAST & LUNCH MENU



28-Jan	29-Jan	30-Jan	31-Jan	1-Feb
<p>Breakfast: Muffin, Yogurt, Fruit, Milk, Juice</p> <p>Lunch: Pancakes, Egg Patty, Sausage Links, Smile Fries, Carrots, Mixed Fruit, Milk</p> <p>Snack: Rice Krispee Treat, Milk</p>	<p>Breakfast: Bacon Scramble Pizza, Fruit, Milk, Juice</p> <p>Lunch: Soup, Cheesy Breadstick, Corn, Orange, Cookie, Milk</p> <p>Snack: Bagel, Juice</p>	<p>Breakfast: Biscuit, Ham Patty, Fruit, Milk, Juice</p> <p>Lunch: Cheese Pizza, Romaine & Spinach, Red Pepper Strips, Peach Cup, Milk</p> <p>Snack: Goldfish, Milk</p>	<p>Breakfast: Apple Stick, Fruit, Milk, Juice</p> <p>Lunch: Mexican Lasagna, Broccoli, Corn, Apple, Milk</p> <p>Snack: Poptart, Milk</p>	<p>No School</p> 
4-Feb	5-Feb	6-Feb	7-Feb	8-Feb
<p>Breakfast: French Toast Sticks, Sausage Links, Fruit, Milk, Juice</p> <p>Lunch: Pepperoni Stuffed Crust Pizza, Romaine & Spinach, Tomato Wedge, Strawberry Cup, Milk</p> <p>Snack: Cereal Bar, Milk</p>	<p>Breakfast: Cereal, Boiled Egg, Fruit, Milk, Juice</p> <p>Lunch: Soft Shell Taco, Tortilla, Shredded Lettuce, Legumes, Apple, Milk</p> <p>Snack: Cheeze Its, Juice</p>	<p>Snow Day</p>	<p>Snow Day</p>	<p>Breakfast: Bagel, Cottage Cheese, Fruit, Milk, Juice</p> <p>Lunch: Chicken & Gravy, Dinner Roll, Mashed Potatoes, Corn, Banana, Milk</p> <p>Snack: Muffin, Milk</p>
11-Feb	12-Feb	13-Feb	14-Feb	15-Feb
<p>Breakfast: Breakfast on a Stick, Fruit, Milk, Juice</p> <p>Lunch: Chicken Patty/Bun, French Fries, Tomato Slices, Strawberry Cup, Milk</p> <p>Snack: Muffin, Milk</p>	<p>Breakfast: Biscuit, Sausage, Fruit, Milk, Juice</p> <p>Lunch: Spaghetti, Cheesy Breadstick, Romaine & Spinach, Corn, Orange, Milk</p> <p>Snack: Bagel, Juice</p>	<p>Breakfast: Cereal, Boiled Egg, Fruit, Milk, Juice</p> <p>Lunch: Hamburger/Bun, Smile Fries, Carrots, Peach Cup, Milk</p> <p>Snack: Goldfish, Juice</p>	<p>Breakfast: French Toast Sticks, Egg Patty, Fruit, Juice, Milk</p> <p>Lunch: Teriyaki Chicken, Brown Rice, Legumes, Broccoli, Mixed Fruit, Milk</p> <p>Snack: Yogurt, Graham Cracker, Water</p>	<p>No School</p> 
18-Feb	19-Feb	20-Feb	21-Feb	22-Feb
<p>No School Presidents Day</p> 	<p>Breakfast: Bagel, Egg Patty, Fruit, Milk, Juice</p> <p>Lunch: Meatball Sub, French Fries, Broccoli, Apple, Milk</p> <p>Snack: Yogurt, Graham Crackers, Water</p>	<p>Breakfast: Bacon Scramble Pizza, Fruit, Milk, Juice</p> <p>Lunch: French Toast, Sausage, Hashbrowns, Carrots, Peach Cup, Milk</p> <p>Snack: Cereal Bar, Milk</p>	<p>Breakfast: Waffle Stix, String Cheese, Fruit, Milk, Juice</p> <p>Lunch: Chili/Beans, Legumes, Cinnamon Roll, Romaine & Spinach, Strawberry Cup, Milk</p> <p>Snack: Muffin, Milk</p>	<p>Breakfast: Muffin, Ham Patty, Fruit, Milk, Juice</p> <p>Lunch: Chicken Fried Rice, Corn, Red Pepper Strips, Orange, Milk</p> <p>Snack: Goldfish, Juice</p>
25-Feb	26-Feb	27-Feb	28-Feb	1-Mar
<p>Breakfast: Breakfast Sausage Pizza, Fruit, Milk, Juice</p> <p>Lunch: Chicken Strips, Bread Slice, Romaine & Spinach, Broccoli, Peach Cup, Milk</p> <p>Snack: Cheetos, Juice</p>	<p>Breakfast: Bagel, Cottage Cheese, Fruit, Milk, Juice</p> <p>Lunch: Vegetable Beef Soup, Cheesy Breadstick, Corn, Orange, Cookie, Milk</p> <p>Snack: Popcorn, Apple, Peanut Butter, Water</p>	<p>Breakfast: Muffin, Yogurt, Fruit, Milk, Juice</p> <p>Lunch: Chicken Fajita, Tortilla, Legumes, Shredded Lettuce, Red Peppers, Banana, Milk</p> <p>Snack: Cookie, Milk</p>	<p>Breakfast: Cereal, Egg Patty, Fruit, Milk, Juice</p> <p>Lunch: Tator Tot Casserole, Dinner Roll, Carrots, Apple, Milk</p> <p>Snack: Cereal Bar, Milk</p>	<p>Happy Birthday Dr. Seuss</p> <p>Breakfast: Waffle Stix, Sausage Patty, Fruit, Milk, Juice</p> <p>Lunch: Green Eggs & Ham, Bread Slice, Smile Fries, Carrots, Strawberry Cup, Birthday Cake, Milk</p> <p>Snack: Cheeze Its, Juice</p>

All Bread Items are Whole Grain Rich

MENU SUBJECT TO CHANGE DUE TO FOOD AVAILABILITY. SEE DAILY UPDATED MENU UNDER LUNCH MENU AT DSDK12.NET