



Loudon County Schools Lunch Menu - May 2019

SBJ/String Cheese available daily

<u>29</u> Hamburger or Spicy Chicken Sandwich Pickle, Cheese Potato Smiles, Baked Beans Assorted Fruit, Milk	<u>30</u> Fish Shapes or Mini Corn Dogs Hush Puppies, Cole Slaw Breaded Okra, Pinto Beans Assorted Fruit, Milk Cookie	<u>1</u> Sausage (2) or Chicken (2) White Biscuit, Gravy Tater Tots, Salsa Cup Assorted Fruit Milk	<u>2</u> Chicken BBQ Sandwich or Hot Ham/Cheese Sandwich Mac & Cheese Steamed Broccoli Steamed Corn Assorted Fruit, Milk	<u>3</u> Spaghetti, Meat Sauce or Fiestada Pizza Garlic Bread Green Beans Salad, Steamed Carrots Assorted Fruit, Milk
<u>6</u> Soft Beef Tacos or Manager's Choice Refried Beans Lettuce/Tomato Salsa Cup, Cheddar Cheese, Sour Cream Fruit Slushie, Milk	<u>7</u> Chicken Sandwich or Manager's Choice Lettuce/Tomato Fresh Veggie Bowl French Fries Assorted Fruit, Milk	<u>8</u> Chicken Nuggets or Manager's Choice Biscuit, Green Beans Mashed Potatoes, Gravy Assorted Fruit, Milk Cookie	<u>9</u> Corn Dog or Manager's Choice Steamed Broccoli Roasted Potatoes Assorted Fruit Milk	<u>10</u> Chicken Sticks or Manager's Choice Garlic Bread, Steamed Corn Salad, Fresh Baby Carrots Assorted Fruit Milk
<u>13</u> Beef Tacos, Tostitos Scoops or Manager's Choice Refried Beans Lettuce/Tomato, Salsa Cup Cheddar Cheese, Sour Cream Fruit Slushie, Milk	<u>14</u> Ham Croissant or Manager's Choice Doritos, Baked Beans Fresh Veggie Bowl Lettuce/Tomato, Cheese, Pickle Assorted Fruit, Milk	<u>15</u> Chicken Tenders, Roll or Manager's Choice Green Beans Mashed Potatoes, Gravy Assorted Fruit Milk	<u>16</u> Hot Dog, Chili or Manager's Choice Cole Slaw, French Fries Steamed Broccoli Assorted Fruit Milk	<u>17</u> Half Day-No Lunch Served 



Have a great summer- thank you for eating in your school cafeteria!



**Free breakfast & lunch at Loudon High School! Anyone under 18 eats free!
May 20 thru July 19**

