

# K-12 Breakfast Menu

# May 2019



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Breakfast Pizza Banana Bread Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	2 Fruit Stuffed Crescent Roll Super Donut Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	3 Chicken Biscuit Muffin Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk
6 French Toast Sticks w/Syrup Muffin Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	7 Egg & Cheese Biscuit Super Donut Cereal w/Grahams Fresh Fruit 100% Fruit Juice Milk	8 Cheesy Breakfast Sticks PopTarts Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	9 Breakfast Pizza Cinnamon Roll Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	10 Pancake & Sausage Wrap Banana Bread Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk
13 Breakfast Pizza PopTarts Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	14 Sausage Biscuit Banana Bread Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	15 Mini Pancakes w/Syrup Cinnamon Roll Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	16 Cheesy Breakfast Sticks Muffin Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	17 Biscuit w/Gravy Super Donut Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk
20 Cheesy Breakfast Sticks Cinnamon Roll Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	21 Mini Cinnamon Eggo Waffles PopTarts Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	22 Breakfast Pizza Banana Bread Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	23 Fruit Stuffed Crescent Roll Super Donut Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	24 Chicken Biscuit Muffin Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk
27 <b>Memorial Day</b>	28 Egg & Cheese Biscuit Super Donut Cereal w/Grahams Fresh Fruit 100% Fruit Juice Milk	29 Cheesy Breakfast Sticks PopTarts Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	30 Breakfast Pizza Cinnamon Roll Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk	31 Pancake & Sausage Wrap Banana Bread Cereal W/Grahams Fresh Fruit 100% Fruit Juice Milk

### Lunch Meal Prices

Reduced.....\$.40  
Paid.....\$3.00

A reimbursable lunch consists of 1 item from each of the 5 groups\*:

- 1) Meat/Meat Alternate
- 2) Grain
- 3) Vegetable/Side
- 4) Fruit
- 5) Milk

Students may choose not to take 2 of the groups, however, they must take at least 3 of the 5 groups one must be a fruit or vegetable serving .

\*Menu items are subject to change based off of product availability.

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\*Menus are subject to change based on availability of products. Main line menu items made with whole muscle chicken may also be made with turkey.

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Free & Reduced Meal applications can be completed online at:  
[www.lunchapplication.com](http://www.lunchapplication.com)

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Manage and monitor your student's account at:  
[www.k12paymentcenter.com](http://www.k12paymentcenter.com)  
\*Independently run from the School Nutrition Program.

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If your student has special dietary needs a 2017-18 Modified Diet Order Form must be completed.

ALLERGENS: Please be aware that Child Nutrition Services prepares our food in commercial kitchens, where cross-contact with food allergens is possible and where ingredient substitutions and recipe revisions are sometimes made. Additionally, manufacturers of commercial food products we order may change their product formulation or ingredient consistency at any time without notification. Actual ingredients and nutritional content may vary and we are not able to guarantee that any food item will be completely free of food allergens. If you have questions or any concerns regarding ingredients of a specific food or recipe, please reach out to the School Nutrition Office, at 336-242-5635.

Davidson County Schools is an equal opportunity employer and provider.