




Medical Statement for Children with Special Dietary Needs:  
 Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
	1 Mac.Cheese w.Ham Fish Sandwich Tater Tots Popeye Salad <b>Fresh Fruit</b> Rip Tide Slushie <b>Rice Krispie</b>	2 Taco Chips/ Beef Hot Dog French Fries Shredded Lettuce Tomato Cherry Corn Peach Cup/ Pineapple	3 Country Fried Steak Pork Roast w/Gravy Mashed Potatoes Turnips Cornbread <b>Fresh Fruit</b> Diced Pears	4 Pizza <b>Chicken</b> Sandwich Baked Beans French Fries Peaches <b>Juice</b> Cup Cake

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
7 Meatloaf <b>Chicken Chunks</b> Mac & Cheese <b>Roll</b> Blackeyed Peas Carrots Fruit Cocktail Applesauce cup	8 Spaghetti Bread Sticks Pizza Shredded Lettuce Tomato Cherry Corn Diced Pears <b>Fresh Fruit</b>	9 Chicken Teriyaki Nugg. Fish Scalloped Potato Steamed Broccoli/Cheese <b>Roll</b> <b>Fresh Fruit</b> Peaches	10 <b>Oven Baked Chicken</b> Salisbury Steak Mashed Potatoes Gravy Brown Seasoned Green Beans Rip Tide Slushie Cinnamon Spiced Apples <b>Wheat Roll W.G.</b>	11 Comdog BBQ Pork Sandwich French Fries Dill Spear Baked Beans Mandarin Oranges <b>Juice</b> Fresh Cookies

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
14  Manager Choice	15  Manager Choice	16  Manager Choice	17  Manager Choice	18  Manager Choice

MONDAY	TUESDAY	WEDNESDAY	Thursday	FRIDAY
21  Manager Choice	22  Manager Choice	23  Manager Choice	24  Manager Choice	25 Bag Lunch Peanut Butter & Jelly Sandwich Ham & Cheese Sandwich Chips Juice Broccoli /Ranch Dressing Applesauce Cup

MONDAY TUESDAY WEDNESDAY Thursday FRIDAY  
 Low fat and fat free white, strawberry, lactose free milk and chocolate milk offered daily.





Avg Nutrients Target

Calories... 648  
Cholesterol...65 mg  
Sodium.1079 mg  
Sugar 25.7 g  
Carbohydrates 89.6 g

Avg Nutrients Target

Calories...650  
Cholesterol...67 mg  
Sodium. 1105 mg  
Sugar 30.3 g  
Carbohydrates 91.4 g

Avg Nutrients Target

Avg Nutrients Target



Avg Nutrients Target

Locally Grown