



## Troy School District Elementary School Culinary Competition

TO: All Principals, Secretaries, and Teachers  
FROM: Food Services  
DATE: 11/30/2018

Hello everyone,

We're thrilled to bring back the annual Future Chef competition to your elementary schools! This year, we're accepting entries from grades 3 through 5.

The idea behind this event is to help educate the kids in **HEALTHY EATING HABITS**. Too often we hear about obesity in kids and kids not making the right choices in terms of their eating habits. That's why we want kids to submit recipes for their **favorite Fiesta Fit - healthy Mexican food!**

Judging will be based on the following criteria:

- Originality
- Kid Friendly
- Ease of Preparation
- Healthy Attributes
- Plate Presentation
- Taste

Timeline of the event:

1. Flyers will be posted in the cafeteria and sent to building secretaries and principals describing the event. We encourage these flyers to be sent home with students or distributed via school mail. Included with this flyer will be a blank recipe card. Recipe cards will also be available for students to pick up at their cafeterias.
2. Kids who would like to participate need to fill out the recipe card and return it to their school cafeteria no later than December 21<sup>st</sup>. Teachers may also collect the recipe cards and give them to your building office, which will then be collected by the kitchen staff. Your building kitchen staff will collect all recipes no later than Friday, December 21<sup>st</sup>.

3. A panel of judges will evaluate recipe submissions and narrow the number of finalists to 12 students.
4. We hope to get enough participation to select 1 finalist from each of the 12 elementary schools to compete in the live competition. However if we do not receive entries from some schools or the entries received do not meet the requirements, then we may select more than one winner from a single elementary school to reach a total of 12 finalists.
5. Those finalists will be formally invited to a Culinary Competition "Cook-Off" on **Wednesday, March 6<sup>th</sup>, 2019** tentatively scheduled for **4:00 pm**.

All Finalists will receive a cookbook, chef coat and hat, and gift bag of other fun prizes! In addition to this, the winner of the "Cook-Off" will receive a grand prize.

The local high school media students will be invited to video the students' creations and parents and teachers/staff members can view (*and taste!*) the final product during the reception portion of the event.

Transportation of the kids will **not** be provided on **March 6<sup>th</sup>** for the competition. Kids will need to be dropped off and picked up at **Athens High School**.

Each group of kids will have a kitchen staff member assigned to help them to ensure that there are no safety issues. This will ensure safe food and preparation practices are followed and no one gets harmed.

As an added bonus, our competition is just one of hundreds of local competitions that Sodexo will be orchestrating across the country in February-March. The winning recipe from each event will be entered to win a national competition at the end of March. More details will follow, but we're lining up some great prizes for those that are chosen to receive national recognition!

Please let me know if I can answer any questions or concerns.

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