



MARCH WEEHAWKEN

2019

Roosevelt Elementary School
Lunch Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Locally Grown Onions</p>	<p>Locally Grown Empire Apples</p>		<div style="border: 1px solid green; padding: 5px; text-align: center;"> Fruits & vegetables from The Farm Stand are included with lunch. </div>	
			<div style="border: 1px solid orange; padding: 5px; text-align: center;"> Weekly Alternate: Chicken Patty on a Bun </div>	
<p>4 Baked Chicken Nuggets with a Dinner Roll & Sweet Potatoes</p>	<p>5 TACO TUESDAY Nachos Grande with Turkey Taco Meat, Rice & Scoops Chips</p>	<p>6 Chicken Patty on a Roll</p>	<p>7 Cheesesteak Hero with Oven Fries</p>	<p>8 Big Daddy's Pizza – Plain or Pepperoni</p>
<div style="border: 1px solid yellow; padding: 2px;"> National School Breakfast Week – I Love School Breakfast </div>		<div style="border: 1px solid orange; padding: 5px; text-align: center;"> Weekly Alternate: Baked Macaroni & Cheese with a Dinner Roll </div>		
<p>11 Pancakes with Syrup & an Egg Patty</p>	<p>12 Grilled Chicken Fillet on a Bun with Oven Fries</p>	<p>13 Lasagna Roll-Up with Garlic Bread & Marinara Sauce</p>	<p>14 All-Beef Hot Dog on a Bun with Sweet Potatoes</p>	<p>15 Personal Pizza</p>
<div style="border: 1px solid orange; padding: 5px; text-align: center;"> Weekly Alternate: Popcorn Chicken with Dip & a Roll </div>				
<p>18 Chicken Sliders on Buns</p>	<p>19 Pasta & Meatballs with Garlic Bread</p>	<p>20 SPRING BEGINS French Toast Sticks with an Egg Patty</p>	<p>21 Baked Chicken Nuggets with a Roll & Mashed Potatoes</p>	<p>22 Pizza Mania - Assorted Cheese Pizza</p>
<div style="border: 1px solid orange; padding: 5px; text-align: center;"> Weekly Alternate: Mozzarella Sticks with Marinara Sauce </div>				
<p>25 All-Beef Hot Dog on a Bun with Sweet Potatoes</p>	<p>26 TACO TUESDAY Nachos Grande with Turkey Taco Meat, Rice & Scoops Chips with Corn</p>	<p>27 Stuffed Shells with a Dinner Roll</p>	<p>28 Baked Macaroni & Cheese with a Dinner Roll</p>	<p>29 Big Daddy's Pizza – Plain or Pepperoni</p>
<div style="border: 1px solid orange; padding: 5px; text-align: center;"> Weekly Alternate: Baked Chicken Nuggets with a Roll </div>				

March is National Nutrition Month



ALSO AVAILABLE DAILY

SALAD LUNCH (each salad includes a Whole Grain Roll)

Chef's Salad: Tossed Greens with Turkey, Ham & Cheese

BAGEL MEAL

Bagel with Cream Cheese, Low-Fat Cheese Sticks & a Trip to The Farm Stand

YOGURT LUNCH

4 oz. Yogurt, Cheese Stick, a Dinner Roll & a Trip to The Farm Stand

GRILLED CHEESE SANDWICH

DELI SANDWICHES

Ham, Turkey, Bologna, or Tuna on a Kaiser Roll

A Complete Lunch Includes:

Entrée (with Protein/Grain)

Trip to The Farm Stand

(students must select at least a serving of fruit or vegetable)

Milk Choice: 1% White, Skim, or Non-Fat Chocolate

Menu Subject to Change

Your comments are important to us.

Please e-mail us at

comments@pomptonian.com

Pre-paid lunch available. Send cash or check made payable to Weehawken BOE Cafeteria Account or use [Payforit.net](https://www.payforit.net).

Payforit parent support phone number is 800-572-6642.

Payforit email is pfadmin@payforit.net.



At least 50% of All Grains served w/ your meal are Whole Grain Rich

All items baked, not fried

"This institution is an equal opportunity provider."