

Parenting Workshop

Join professionals from the University of Rhode Island to learn about 7 key areas for fostering your 6-8 year old child's mental health:

Identifying Feelings
Effective Communication
Managing Emotions
Problem-solving
Coping and Resilience
Conflict Management
Respecting Differences

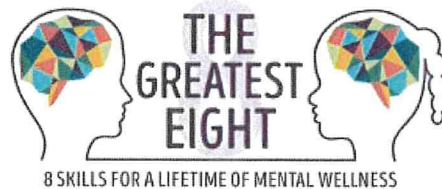
*Incentives and
dinner provided!*

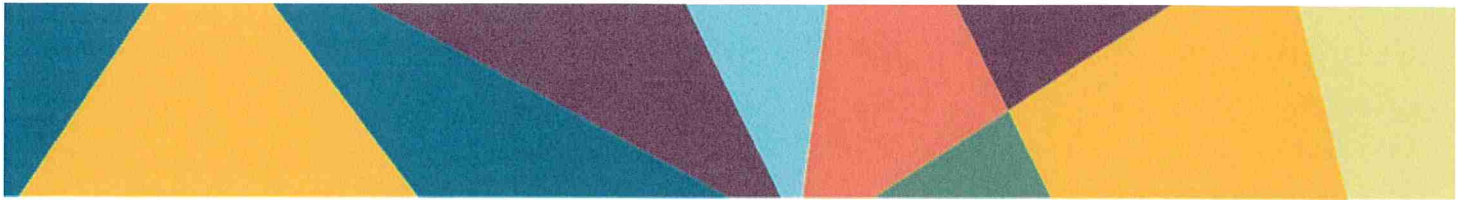
When: Monday, February 4, 2019 6:00 pm - 7:30 pm

Where: Quidnessett Elementary School, 166 Mark Drive,
North Kingstown, RI 02852

All parents of children ages 6-8 are welcome to attend!

To register, contact Lauren Annicelli at lauren_annicelli@nksd.net
or 401-541-6373





Parenting Workshop

Join professionals from the University of Rhode Island to learn about 7 key areas for fostering your 3-5 year old child's mental health:

Identifying Feelings
Effective Communication
Managing Emotions
Problem-solving
Coping and Resilience
Conflict Management
Respecting Differences

*Incentives and
dinner provided!*

When: Tuesday, January 29, 2019 6:00 pm - 7:30 pm

Where: Davisville Academy, 50 East Court, North Kingstown, RI 02852

All parents of children ages 3-5 are welcome to attend!

To register, contact Paula Annenberg at paula_annenberg@nksd.net or 401-541-6351



MENTAL HEALTH AND WELLNESS BEGINS IN CHILDHOOD!

Join professionals from the University of Rhode Island to learn about 7 key areas for fostering your child's mental health:

- Identifying Feelings
- Effective Communication
- Managing Emotions
- Problem-solving
- Coping and Resilience
- Conflict Management
- Respecting Differences

Learn important strategies for developing mental wellness and resiliency in your 6-8 year old child in this parent workshop.

Monday, February 4, 2019 from 6:00 pm - 7:30 pm

Quidnessett Elementary School

166 Mark Drive, North Kingstown, RI 02852

All parents with children ages 6-8 are welcome to attend!

To register, contact Lauren Annicelli at lauren_annicelli@nksd.net or 401-541-6373

Incentives and dinner provided!



8 SKILLS FOR A LIFETIME OF MENTAL WELLNESS

MENTAL HEALTH AND WELLNESS BEGINS IN CHILDHOOD!

Join professionals from the University of Rhode Island to learn about 7 key areas for fostering your child's mental health:

- Identifying Feelings
- Effective Communication
- Managing Emotions
- Problem-solving
- Coping and Resilience
- Conflict Management
- Respecting Differences

Learn important strategies for developing mental wellness and resiliency in your 3-5 year old child in this parent workshop.

Tuesday, January 29, 2019 from 6:00 pm - 7:30 pm

Davisville Academy, 50 East Court

North Kingstown, RI 02852

All parents with children ages 3-5 are welcome to attend!

To register, contact Paula Annenberg at paula_annenberg@nksd.net or 401-541-6351

Incentives and dinner provided!

