



Medical Statement for Children with Special Dietary Needs: Each special dietary request must be supported by a statement, which explains the food substitution that is medical authority requested. It must be signed by a recognized authority.



Monday	Tuesday	Wednesday	Thursday	Friday
Pancake	Pizza Sausage	Chicken Biscuit	Pancake Pub	Morning sausage roll
Syrup	Fresh Orange	Tater Tots/ Ketchup	Syrup	Fresh Fruit
Fresh Fruit		Fresh Fruit	Fresh Fruit	
Pancake	Pizza Bagel	Biscuit/Grits	French Toast Sticks	Sausage Biscuit
Syrup	Fresh Fruit	Scrambled Eggs	Syrup	Jelly
Fresh Fruit		Sausage Link	Fresh Fruit	Fresh Fruit
		Fresh Fruit		

Breakfast is a 2 week rotation.

Low fat and fat free white milk offered Daily.

Menu subject to change based on

May 2018

Milk choices :
1% White Milk
Fat Free White Milk
Lactose Free Milk

Avg Nutrients Target

Calories... 237

Cholesterol... 30

Sodium. 378

Sugar 17.0

Carbohydrates 37.4

Calories... 227

Cholesterol... 8 mg

Sodium. 279 mg

Sugar 19.9

Carbohydrates 39.0

on availability.

Local Grown