



CHARTER HOT LUNCH MENU - NOVEMBER 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
APPLE	JUICE	ORANGE	BANANA	MELON
			1	2
			BEEF FAJITA WRAP *BEEF FAJITAS *REFRIED BEANS *WHEAT TORTILLA *TAPATIO *FRUIT *MILK	TURKEY & CHEESE SANDWICH *WHEAT BREAD *DELI TURKEY *SLICED CHEESE *CARROT STICKS *RANCH DRESSING *MAYO & MUSTARD *FRUIT *MILK
5	6	7	8	9
CHICKEN TENDERS *BAKED CHICKEN TENDERS *POTATO WEDGES *WHEAT ROLL *KETCHUP (2) *FRUIT *MILK	GLAZED CHICKEN BOWL *GLAZED CHICKEN *STEAMED BROWN RICE *CARROT COINS *TAPATIO *100% FRUIT JUICE *MILK	MAKE YOUR OWN TOSTADA *SEASONED GROUND BEEF *REFRIED BEANS *SHREDDED LETTUCE & TOMATOES *TOSTADA SHELLS (2) *TAPATIO *FRUIT *MILK	BBQ CHICKEN *SEASONED BAKED DRUMSTICKS *DICED CARROTS *CORN MUFFIN *FRUIT *MILK	CHICKEN CHOW MEIN *CHICKEN *CHOWMEIN *BROCCOLI *TAPATIO *FRUIT *MILK
12	13	14	15	16
	BEEF NACHOS *SEASONED GROUND BEEF *REFRIED BEANS *SHREDDED CHEESE *TORTILLA CHIPS *TAPATIO *100% FRUIT JUICE *MILK	BEEF & BROCCOLI *SEASONED BEEF *BROCCOLI *BROWN RICE *TAPATIO *FRUIT *MILK	CHEESE LASAGNA *CHEESE LASAGNA *SEASONED CARROT COINS *WHEAT ROLL *FRUIT *MILK	HAPPY THANKSGIVING! *BAKED TURKEY IN GRAVY *MASHED POTATOES *WHEAT ROLL *PUMPKIN PIE *FRUIT *MILK
19	20	21	22	23
26	27	28	29	30
BEEF BURRITO *BEEF, BEAN, & RED CHILI BURRITO *CHEESY CAULIFLOWER *TAPATIO *FRUIT *MILK	CHICKEN TENDERS *BAKED CHICKEN TENDERS *POTATO WEDGES *WHEAT ROLL *KETCHUP (2) *100% FRUIT JUICE *MILK	CHILI CHEESE BAKED POTATO *BEEF CHILI *CHILI BEANS *BAKED POTATO *CHEESE *WHEAT ROLL *TAPATIO *FRUIT *MILK	TURKEY & CHEESE SANDWICH *DELI TURKEY *AMERICAN CHEESE *WHEAT BREAD *CARROT STICKS *RANCH DRESSING *MAYO & MUSTARD *FRUIT *MILK	ASIAN CHICKEN SALAD *MARINATED CHICKEN *ROMAINE LETTUCE *CABBAGE & CARROTS *CRISPY NOODLES *ASIAN DRESSING *WHEAT ROLL *FRUIT *MILK
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