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3/15/2019

Dear Parent or Guardian:

A child's oral health is very important to their overall health and ability to learn. Effective January 1, 2007, California law (Education Code Section 49452.8) requires that children in Kindergarten or First Grade, whichever is their first year in public school, have an oral health assessment (dental check-up) by May 31 of that year. Please take the attached Oral Health Assessment form to your child's dental office and have *Section 2* completed by the dentist or dental health professional.

**Please return the completed form to the school's Health Office by May 31, 2019.**

Proof of a dental check-up in the last 12 months before your child enters school also meets this requirement.

If you need information on services and referrals, you can also call the county information line at 211.

For free and low-cost health services, you can call the Los Angeles County Department of Public Health at 1-800-427-8700 or the Los Angeles Dental Society at 213-380-7669. For more information, visit the California Dental Association (CDA) at <https://www.cda.org/>.

If you cannot take your child for this required assessment, please indicate the reason for this in *Section 3* of the form. You can get more copies of the form at your child's school. All schools will maintain the privacy of students' health information.

Healthy teeth help children eat properly, talk, smile, and feel good about themselves. Even baby teeth are very important. You can help your child by doing the following:

- Take your child to the dentist twice a year for a check-up.
- Brush teeth at least twice a day with toothpaste that contains fluoride.
- Choose healthy foods for the entire family. Fresh foods are usually the healthiest foods.
- Limit candy and sweet drinks, such as punch or soda, which cause cavities and can lead to weight problems.

If you have questions about the Oral Health Assessment requirement, please contact the school's Health Office or Student Services, at 310-551-5100 EXT. 2250, and ask for Terrance Dunn or Maria Elvira.

Kindest Regards,

*Terrance Julian Dunn*  
Terrance J. Dunn  
Student Services Coordinator