

# August 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
11	12	13	14	15	16	17
18	19	20	21	22	23	24
	<b>Weight Room Closed</b>	<b>2:45-4:00</b> Boot Camp	<b>3:00-4:30</b> Boot Camp	<b>3:00-4:30</b> Boot Camp <b>3:00-3:45</b> Drop-In	<b>3:00-3:45</b> Drop-In	
25	26	27	28	29	30	31
	<b>TOH</b> Drop-In <b>3:00-3:40</b> Varsity Volleyball <b>3:45-4:30</b> Drop-In <b>4:30-5:15</b> Cross Country <b>5:15-5:45</b> JV Volleyball	<b>3:00-3:45</b> Varsity Water Polo <b>3:30-4:15</b> JV Water Polo	<b>3:00-3:30</b> Frosh Volleyball <b>3:30-4:15</b> Drop-In	<b>Weight Room Closed</b> <u>Water Polo Game</u>	<b>3:00-3:40</b> Varsity Tennis <b>3:30-4:00</b> Tennis	<b>3:00-4:00</b> JV