



Punxsutawney Area  
School District  
January 2019

Elementary  
Lunch Menu  
Grades K-6

FULL STUDENT LUNCH CONSISTS OF AN ENTRÉE (MEAT/MEAT ALTERNATE WITH  
A GRAIN COMPONENT) 2 VEGETABLE SIDES,  
2 FRUIT SIDES AND CHOICE OF 1% OR FAT FREE MILK. STUDENT MUST TAKE A  
FRUIT OR VEGETABLE TO COMPLETE THE MEAL.  
MENU SUBJECT TO CHANGE.

| Monday   | Tuesday   | Wednesday   | Thursday  | Friday   |
|--|---|---|---|--|
|  |   | 1<br>Chicken Patty Sandwich<br>Or Yogurt Basket w/String<br>Cheese, Crackers & Pretzel<br>Tender Broccoli<br>Baked Beans<br>Peaches<br>Assorted Fresh Fruit<br>Choice of Milk             | 2<br>Open Face Hot Turkey<br>Sandwich<br>Or Yogurt Basket w/String<br>Cheese & Ultra Bread<br>French Fries/ Carrots<br>Strawberries & Bananas<br>Assorted Fresh Fruit<br>Choice of Milk             | 3<br>Macaroni & Cheese w/Roll<br>Or Yogurt Basket w/String<br>Cheese & Ultra Bread<br>California Vegetables<br>Green Peas<br>Assorted Fresh Fruit<br>Choice of Milk      |
| Try out our new interactive food tray on <a href="http://www.schoolcafe.com">www.schoolcafe.com</a> . You can make a tray from the menu of the day to see nutritional information. |   |   |   |  |
| 7<br>BOSCO Sticks w/ Marinara<br>Or Peanut Butter & Jelly<br>Sandwich<br>Side Salad w/ Tomatoes<br>Peaches<br>Fresh Fruit Assortment<br>Choice of Milk                             | 8<br>Chicken & Gravy w/Biscuit<br>Or Yogurt Basket w/string<br>Cheese & Ultra Bread<br>Mashed Potatoes w/Gravy<br>Seasoned Green Beans<br>Pears<br>Fresh Fruit Assortment<br>Choice of Milk   | <br>9<br>Hamburger on Bun<br>w/Lettuce & Tomato<br>Or Yogurt Basket w/string<br>Cheese & Ultra Bread<br>Baked Beans<br>Mandarin Oranges<br>Fresh Fruit Assortment<br>Choice of Milk       | 10<br>Chicken Fryz w/<br>Dinner Roll<br>French Fries<br>Strawberries & Bananas<br>Fresh Fruit Assortment<br>Choice of Milk  | <br>11<br>Corn Dog<br>on a Stick<br>Or Yogurt Basket w/string<br>Cheese & Ultra Bread<br>Corn Niblets<br>Veggie Sticks w/Dip<br>Fresh Fruit Assortment<br>Choice of Milk |
| 14<br>Chicken Nuggets w/Roll<br>Or Yogurt Basket w/string<br>Cheese & Ultra Bread<br>Mashed Potatoes w/Gravy<br>Peaches<br>Fresh Fruit Assortment<br>Choice of Milk                | 15<br>Grilled Cheese Sandwich<br>Or Peanut Butter & Jelly<br>Sandwich<br>Tomato Soup<br>Veggie Sticks w/Dip<br>Pears<br>Fresh Fruit Assortment<br>Choice of Milk                              | 16<br>Pasta & Meatsauce w/<br>Garlic Breadstick<br>Or Yogurt Basket w/String<br>Cheese & Ultra Bread<br>Side Salad/Corn<br>Mandarin Oranges<br>Fresh Fruit Assortment<br>Choice of Milk   | 17<br>Beef & Cheese Nachos<br>w/Salsa<br>Or Yogurt Basket w/String<br>Cheese & Crackers<br>Broccoli<br>Strawberries & Bananas<br>Fresh Fruit Assortment<br>Choice of Milk                           | 18<br>Hot Dog on a bun<br>Or Yogurt Basket w/String<br>Cheese & Ultra Bread<br>Sweet Potato Fries<br>Baked Beans<br>Fresh Fruit Assortment<br>Choice of Milk             |
| 21<br>Teacher In-Service<br>No School  | 22<br>Popcorn Chicken w/Roll<br>Or Yogurt Basket w/string<br>Cheese & Ultra Bread<br>Mashed Potatoes w/ Gravy<br>Green Beans<br>Pears<br>Fresh Fruit Assortment<br>Choice of Milk             | 23<br>Hamburger on Bun<br>w/Lettuce & Tomato<br>Or Yogurt Basket w/string<br>Cheese & Ultra Bread<br>Baked Beans<br>Mandarin Oranges<br>Fresh Fruit Assortment<br>Choice of Milk          | 24<br>Wonderbites w/dinner roll<br>Or Yogurt Basket w/<br>String Cheese & Ultra Bread<br>Seasoned Pasta<br>Carrot Stix w/Dip<br>Tender Broccoli<br>Strawberries & Bananas<br>Fresh Fruit Assortment | 25<br>Mandarin Orange Chicken<br>or Yogurt Basket w/String<br>Cheese & Ultra Bread<br>Fried Rice<br>Green Peas<br>Fresh Fruit Assortment<br>Choice of Milk               |
| 28<br>Chicken Patty Sandwich<br>Or Yogurt Basket w/String<br>Cheese, Crackers & Pretzel<br>Tender Broccoli<br>Baked Beans<br>Peaches<br>Assorted Fresh Fruit<br>Choice of Milk     | 29<br>French Toast Sticks w/Syrup<br>& Sausage Patty<br>Or Yogurt Basket w/String<br>Cheese & Crackers<br>Hashbrown Rounds<br>Cucumbers w/Dip<br>Pears/Assorted Fresh Fruit<br>Choice of Milk | 30<br>Chicken Tenders w/Roll<br>Or Yogurt Basket w/String<br>Cheese & Ultra Bread<br>Mashed Potatoes w/Gravy<br>Green Beans<br>Mandarin Oranges<br>Assorted Fresh Fruit<br>Choice of Milk | 31<br>Open Face Hot Turkey<br>Sandwich<br>Or Yogurt Basket w/String<br>Cheese & Ultra Bread<br>French Fries/ Carrots<br>Strawberries & Bananas<br>Assorted Fresh Fruit<br>Choice of Milk            |  |



\*\*\* All students eat breakfast & lunch at no cost! \*\*\*



No form is needed.

|                              |                             |                                |                              |                          |
|------------------------------|-----------------------------|--------------------------------|------------------------------|--------------------------|
| MONDAYS: STUFFED CRUST PIZZA | TUESDAYS: THE GOLIATH PIZZA | WEDNESDAYS: THE SICILIAN PIZZA | THURSDAYS: THE GOLIATH PIZZA | FRIDAYS: ASSORTED PIZZAS |
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