

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B L S			1	2	3
6 B L S		7	8	9	10
13 B L S	Beef Hot Dog with Whole Kernel Corn (1c)	Turkey & Cheese Sandwich with Green Salad (1 1/2c)	Chicken Taquitos (2) with Black Beans (1c)	Honey BBQ Chicken Wings (4) with Dinner Roll, Carrot Sticks (1c) & Ranch	Pesto Chicken Spaghetti (1c) with Steamed Broccoli & Carrots (1c)
20 B L S	Tuna Pasta with Basil Corn Salad (1c) <i>(SERVED AS COLD PASTA)</i>	Chicken Tamal with Black Beans (1c)	Ham & Cheese Croissant Sandwich with Green Salad (1 1/2c)	PepperJack Cheeseburger with Sweet Potato (1c)	Chicken Fettuccine (1c) Alfredo with Steamed Broccoli & Carrots (1c)
27 B L S	Beef Hot Dog with Sweet Potato (1c)	Spaghetti (1c) & Meatballs with Green Salad (1 1/2c)	Chicken & Waffles with Mashed Potatoes (1c)	Beef (2oz) & Cheese (.5oz) Nachos (2oz) with Black Beans (1c)	Chicken Fettuccine (1c) Alfredo with Steamed Broccoli & Carrots (1c)

This institution is an equal opportunity provider.

Breakfast fruit/juice portions: 1 cup & Lunch fruit/juice portions: 1 cup (Juice cannot exceed 50% of total weekly servings.) Milk (1 Cup) (1%/Non-fat/Non-fat Choc)



School Notes: PRE-PACKED// Remove Cajun Pasta (cold pasta)// NO Pork for 2 students, send 2 extra vegetarian meals on dates with pork// No Pizza on Menu

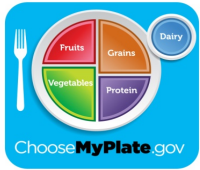


“Eat Right, Be Bright!”

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
B L S			1	2	3
6 B L S		7	8	9	10
13 B L S	Green Wet Bean Burrito with Whole Kernel Corn (1c)	Macaroni & Cheese (1c) with Green Salad (2c)	Red Cheese Enchiladas with Black Beans (3/4c)	Garden Burger with Sweet Potato (1c)	Teriyaki Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)
20 B L S	Garden Burger with Tater Tots (1c)	Cheese Tamal with Black Beans (1c)	Cheese Pizza with Green Salad (2c)	Bean & Cheese Torta with Carrot Sticks (3/4c) & Ranch	Fettuccine (1c) Alfredo with Shredded Cheese (2oz) & Steamed Broccoli & Carrots (1c)
27 B L S	Fresh Veggie, Bean & Cheese Wheat Tortilla Wrap with Carrot Sticks (1/2c) & Ranch	Spaghetti (1c) & Marinara Sauce (1/2c) with Shredded Cheese (2oz) & Green Salad (1c)	Garden Burger with Mashed Potato (1c)	Shredded Cheese (2oz) Nachos (2oz) with Black Beans (1c)	Orange Tofu (1/2c) with Brown Rice Pilaf (1c) & Steamed Broccoli & Carrots (1c)

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School Notes: Vegetarian Menu

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