



# Lost Hills Union School District

## Menu2019-2020

### BREAKFAST Preschool/Migrant



Serving Dates	Monday	Tuesday	Wednesday	Thursday	Friday
<b>8/5-8/9</b> 9/9-9/13 10/14-10/18 11/18-11/22 <b>1/20-1/24</b> 2/24-2/28 3/30-4/3 5/11-5/15	Apple Top Muffin Choice Of Cereal Mixed Fruit Apple Juice	Cinnamon Toast Crunch Filled Breakfast Bar Choice Of Cereal Diced Peaches	Breakfast Sandwich Choice Of Cereal Applesauce Orange Juice	Breakfast Cluster Choice Of Cereal Fresh Fruit Strawberry Kiwi Juice	Yogurt Granola Choice Of Cereal Diced Pears Apple Cherry Juice
8/12-8/16 9/16-9/20 <b>10/21-10/25</b> 12/2-12/6 1/27-1/31 3/2-3/6 <b>4/13-4/17</b> 5/18-5/22	Breakfast Wrap Choice Of Cereal Diced Apricots Apple Cherry Juice	Cinnamon Crumb Cake Choice Of Cereal Blueberries Orange Juice	Breakfast Sausage Pizza Choice Of Cereal Diced Peaches Orange Tangerine juice	Cereal Bar Choice Of Cereal Fresh Fruit Apple Juice	Chocolate Chip Muffin Choice Of Cereal Mixed Fruit Strawberry Kiwi Juice
8/19-8/23 9/23-9/27 10/28-11/1 12/9-12/13 2/3-2/7 <b>3/9-3/13</b> 4/20-4/24 <b>5/25-5/29</b>	Breakfast Burrito Choice Of Cereal Applesauce Strawberry Kiwi Juice	Chorizo Frittata Wrap Choice Of Cereal Diced Pears Orange Juice	Pancake & Sausage On A Stick Choice Of Cereal Diced Apricots Apple Cherry juice	Cinnamon Roll Choice Of Cereal Blueberries Orange Tangerine Juice	Pan Dulce Choice Of Cereal Fresh Fruit Apple Juice
8/26-8/30 9/30-10/4 11/4-11/8 <b>1/6-1/10</b> <b>2/10-2/14</b> 3/16-3/20 4./27-5/1	Banana Bread Choice Of Cereal Diced peaches Strawberry Kiwi Juice	Pancakes w/Syrup Choice Of Cereal Mixed Fruit Orange Juice	Breakfast Sandwich Choice Of Cereal Applesauce Apple Cherry Juice	Pizza Bagel Choice Of Cereal Fresh Fruit Apple Juice	Pop Tarts Choice Of Cereal Diced Pears Apple Cherry Juice
<b>9/2-9/6</b> 10/7-10/11 <b>11/11-11/15</b> 1/13-1/17 <b>2/17-2/21</b> 3/23-3/27 5/4-5/8	French Toast Sticks Choice Of Cereal Blueberries Orange Tangerine Juice	Cocoa Puffs Filled Breakfast Bar Choice Of Cereal Mixed Fruit Strawberry Juice	Breakfast Burrito Choice Of Cereal Applesauce Orange Juice	Yogurt Granola Choice Of Cereal Fresh Fruit	Cereal Bar Choice Of Cereal Fresh Fruit Apple Juice

Menu is subject to change without notice upon availability of product!

A Meal Consists Of 3 Items. One Item Must Be A Fruit Or Juice. Fat Free Milk Or Low Fat 1% Milk Is Offered With Every Breakfast. This institution is an equal opportunity provider

All Breakfast Items Are Whole Grain Rich

Holiday Monday's Are In Red. Holiday Monday Menu Will Be Served On Tuesday Of That Week.