

Base Menu Spreadsheet

Weighted Values

Apr 1, 2019 thru Apr 2, 2019

Menu Name: HIGH SCHOOL LINE 6 Burger

Include Cost: No

Site:

Report Style: Detailed

Monday - 04/01/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
990032 Double Cheeseburger w/ Fries	each	25	136	356	1	12.64	9.86
990053 Bacon Cheeseburger w/Fries	each	25	108	261	1	11.90	6.29
990054 Spicy Chicken w/ Fries	each	50	195	306	2	19.46	10.13
000965 Baked Beans	1/2 Cup	50	70	185	6	15.00	3.00
001472 Leaf Lettuce	Serving	40	1	3	0	0.26	0.12
000678 Tomatoes	slices	40	1	0	0	0.31	0.07
000130 Sliced Onion	1/8 Cup	20	3	0	0	0.67	0.08
001177 Pickle Spear	1 spears	75	2	159	0	0.45	0.08
001476 Banana	each	20	30	0	4	7.75	0.37
000064 Fresh Apple	each	46	44	1	9	11.56	0.22
000650 Cherry Jello w/ Pineapples	1/2 cup	80	36	21	*7	7.34	0.39
001043 Peaches, Diced Ex Lt Syrup	1/2cup	40	26	2	5	6.00	0.00
001504 Ketchup	2 Tbsp	75	22	68	4	6.00	0.00
001501 Mustard	Tbsp.	20	0	39	0	0.00	0.00
000588 Chocolate Milk	each	80	88	80	14	15.20	6.40

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000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			783	1507	*58	116.94	38.61
% of Calories					*29.6%	59.7%	19.7%
Weekly Nutrient Guideline			750 - 850	1420			

Tuesday - 04/02/2019

Reimbursable Meal Total 100

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Sugars (g)	Carb (g)	Protn (g)
990032 Double Cheeseburger w/ Fries	each	25	136	356	1	12.64	9.86
990053 Bacon Cheeseburger w/Fries	each	25	108	261	1	11.90	6.29
990054 Spicy Chicken w/ Fries	each	50	195	306	2	19.46	10.13
001472 Leaf Lettuce	Serving	40	1	3	0	0.26	0.12
000678 Tomatoes	slices	40	1	0	0	0.31	0.07
000130 Sliced Onion	1/8 Cup	20	3	0	0	0.67	0.08
001177 Pickle Spear	1 spears	75	2	159	0	0.45	0.08
001476 Banana	each	50	75	1	10	19.36	0.92
000064 Fresh Apple	each	30	28	1	6	7.54	0.14
000650 Cherry Jello w/ Pineapples	1/2 cup	80	36	21	*7	7.34	0.39
001043 Peaches, Diced Ex Lt Syrup	1/2cup	40	26	2	5	6.00	0.00
001504 Ketchup	2 Tbsp	50	15	45	3	4.00	0.00
001501 Mustard	Tbsp.	20	0	39	0	0.00	0.00

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000588 Chocolate Milk	each	80	88	80	14	15.20	6.40
000589 White Milk	each	20	20	25	2	2.40	1.60
Weighted Daily Average			736	1299	*53	107.54	36.09
% of Calories					*28.8%	58.4%	19.6%
Weekly Nutrient Guideline			750 - 850	1420			

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

² - Trans Fat value is provided for informational purposes only, not for monitoring purposes.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.