

DB Excel (11:00-12:30) ~ FEBRUARY 2019 MENU

Pricing:

Breakfast: \$1.50

Lunch \$2.60

Ala Carte prices range from \$.50 - \$3.50

LUNCH Menu for Week of FEBRUARY 4th thru FEBRUARY 8th (Week 3) Lines 1, 2, and 3

Monday (W3D1)	Tuesday (W3D2)	Wednesday (W3D3)	Thursday (W3D4)	Friday (W3D5)
Breakfast Sausage Biscuit (26) Apple juice / Pineapple tidbits (19)	Breakfast Egg & Cheese Croissant (28) Orange Juice / Peaches(18)	Breakfast Sunrise Sausage & Egg Slider (28) Apple Juice / Fresh Orange (8)	Breakfast Ham Cheese Croissant (28) Orange Juice / Pears(23)	
Lunch Big Chicken Sandwich (43) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) Applesauce(13) Pineapple tidbits(19)	Lunch Taco Salad (40) Corn Niblets (5) Black Beans (15) Cucumber/Tomato Cup (3) Fruit Slushie(20) Peach Cup (30)	Lunch Lasagna Roll(35) & Garlic Bread (14) Broccoli(5)Glazed Carrots (16) Leafy Green Salad (2) Mixed Grapes(8) Craisins (28)	Lunch Cheesy Chicken Quesadilla (35) Southwestern Beans (15) Corn Niblets (5) Celery/Green Pepper Cup (3) Fruit Slush(20)Blushing Pears (23)	Parent Conferences No School

LUNCH Menu for Week of FEBRUARY 11th thru FEBRUARY 15th (Week 1) Lines 1, 2, and 3

Breakfast Sausage Biscuit (26) Apple juice / Fruit	Breakfast Egg & Cheese Croissant (28) Orange Juice / Fruit	Breakfast Sunrise Sausage & Egg Slider (28) Apple Juice / Fruit	Breakfast Ham Cheese Croissant (28) Orange Juice / Fruit	Breakfast Chicken(8) Biscuit (27) Apple Juice / Fruit
Lunch Chicken Parmesan Sandwich (43) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) Applesauce(13) Fruit Slushie (20) FlavoredApplesauce(13) Peaches (18)	Lunch Bacon Cheeseburger (31) Tater Tots (15) Baked Beans (36) Cucumber/Tomato Cup (3) Banana(22)Apple(12)Carmel(19)	Lunch Chili Beans(16)&Hushpuppies(26) California Blend Veg(3) Corn Niblets (5) Leafy Green Salad (2) Orange Wedges(8) Pineapple (19)	Lunch Cheese Sticks (33) Marinara (6) Steamed Broccoli(5) Glazed Carrots (16) Leafy Green Salad (2) Fruit Gelatin(20)Strawberry Cup(33)	Lunch Chick Poppers(17)Sauce*Roll (27) Mashed Potatoes (22) Steamed Peas(11) Baby Carrot Cups (8) Blush Pears(19) Raisels (35)

LUNCH Menu for Week of FEBRUARY 18th thru FEBRUARY 22nd (Week 2) Lines 1, 2, and 3

**Breakfast Sausage Biscuit (26) Apple juice / Fruit	Breakfast Egg & Cheese Croissant (28) Orange Juice / Fruit	Breakfast Sunrise Sausage & Egg Slider (28) Apple Juice / Fruit	Breakfast Ham Cheese Croissant (28) Orange Juice / Fruit	Breakfast Chicken(8) Biscuit (27) Apple Juice / Fruit
Lunch Hot & Spicy Chicken Sandwich (43) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) FlavoredApplesauce(13)Pineapple(19)	Lunch Hot Dog with Chili(33) Tater Tots (15) Baked Beans (36) Creamy Coleslaw (9) MM Fruit Salad (38) Banana(22)	Lunch Chicken Pot Pie (42) Steamed Broccoli(5) Glazed Carrots (16) Garden Veggie Cup (3) Red Grapes(8)Raisels (35)	Lunch Corndog Nuggets (40) Pinto Beans(5) Corn Niblets (5) Vegetable Cup (3) OrangeWedges(8)BlushingPears(23)	Lunch H&SChick Fries(18)*Sauce/Roll(27) Roasted Potato Wedges (22) California Blend Veg(3) Baby Carrot Cups (8) Peach Cup(33) Fruit Gelatin (20)

LUNCH Menu for Week of FEBRUARY 25th thru MARCH 1st (Week 3) Lines 1, 2, and 3

<p>Breakfast Sausage Biscuit (26) Apple juice / Fruit</p> <p>Lunch Big Chicken Sandwich (43) Seasoned Green Beans (5) Waffle Fries (19) Baby Carrot Cups (8) Flavored Apples (13) Pineapple (19)</p>	<p>Breakfast Egg & Cheese Croissant (28) Orange Juice / Fruit</p> <p>Lunch Taco Salad (40) Corn Niblets (5) Black Beans (15) Cucumber/Tomato Cup (3) Banana (22) Peaches (18-30)</p>	<p>Breakfast Sunrise Sausage & Egg Slider (28) Apple Juice / Fruit</p> <p>Lunch Italian Baked Ziti (26) & Garlic Bread (14) Glazed Carrots (16)/Broccoli (5) Leafy Green Salad (2) Mixed Grapes (8) Craisins (28)</p>	<p>Breakfast Ham Cheese Croissant (28) Orange Juice / Fruit</p> <p>Lunch Cheesy Chicken Quesadilla (35) Southwestern Beans (15) Corn Niblets (5) Celery/Green Pepper Cup (3) Fruit Slushie (20) Blushing Pears (23)</p>	<p>Breakfast Chicken (8) Biscuit (27) Apple Juice / Fruit</p> <p>Lunch Chicken Fries (15) Sauce*Roll (27) Mashed Potatoes (22) California Blend Veg (3) Baby Carrot Cups (8) Raisels (35) Fruit Gelatin (20)</p>
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Numbers in parenthesis () indicate the carb counts for the item listed

USDA is an equal opportunity provider.

Available Daily:	
Fruit & Yogurt Parfait (72)	Salads, Various
Assorted Fast Pack (86)	PB & J Uncrustables (33)
Asst. Deli Sandwich Box (65) (Roast Beef, Ham, Turkey)	
Variety of Fruit and Fresh Vegetables	
Chips (lg. & sm.) & Assorted Grains	
Cereal bars, Rice Krispy Treats	
Fruit Roll Ups (11)	Fresh Baked Cookies (24)
Bottled water - assorted flavored and unflavored	
G2	Powerade "Ice" Drink
Milk - variety	

<i>These Lunch choices available on a daily basis:</i>	
<p>Sandwiches (30) Ham Turkey Roast Beef Chicken Salad Fast Packs (46) & PBJ Fast Packs (86)</p>	<p>Grab & Go Salads: Chef and Grilled Chicken (46) Fruit & Yogurt Parfait (72) (counts as a meal)</p>
Milk Choices offered with breakfast and lunch daily	
1% milk (11), Skim milk (12), Chocolate milk (24), Strawberry milk (22)	
<i>These Breakfast choices available on a daily basis:</i>	
Cereal (14-25), Asst Fruits (12-20) and Beverages, 100% Fruit Juices (13-19)	

Loaded Baked Potatoes (40) now available on Monday, Wednesday & Friday



REMINDER:
All breakfasts/lunches must contain a fruit or vegetable.

For more information about meals, nutrition, and our online payment system, visit our website at www.k12k.com