

Rutherford County Schools 2018-2019

Breakfast

Back to School

Monday

Sausage Biscuit
Pillsbury "Cinni Minni's"
Yoplait Yogurt Parfaits
Assorted Cereals w/
toast
Fresh fruit/ 100% fruit
juice
Assorted Milk

Tuesday

French Toast Stix
Pancake Sausage on a
stick
Yoplait Yogurt Parfaits
Assorted Cereals w/
toast
Fresh fruit/ 100% fruit
juice
Assorted Milk

Wednesday

Kellogg's Poptarts
Bacon Scrambler Pizza
Yoplait Yogurt Parfaits
Assorted Cereals w/
toast
Fresh fruit/ 100% fruit
juice
Assorted Milk

Thursday

Wonderful Waffle
Chicken Biscuit
Yoplait Yogurt Parfaits
Assorted Cereals w/
toast
Fresh fruit/ 100% fruit
juice
Assorted Milk

Friday

Pillsbury Pancakes
Breakfast Bosco Stick
Yoplait Yogurt Parfaits
Assorted Cereals w/
toast
Fresh fruit/ 100% fruit
juice
Assorted Milk

USDA is an equal opportunity

Please note that menus are subject to change