

HIGH SCHOOL LUNCH

refresh. refuel. relax.

JAN 2019

Daily Rotation:

Made to order Deli Bar

Mexican Bar

1



2

Student Holiday

3

General Tso's Beef & Veggies
Baby Carrots
Side Salad
Kickin' Pintos
Fresh Grapes
Applesauce
100% Orange Juice

4

Sloppy Joe Sdw
Steamed Broccoli
Cucumber Sl
Side Salad
Fresh Plum
Pineapple Tidbits
100% Fruit Blend Juice

7

Salisbury Stk w/Gravy
Parsley Noodles
Red Pepper Strips
Steamed Broccoli
Straw/Spinach Salad
Fresh Orange
Fruit Mix
100% Fruit Blend Juice

8

Swt/Sour Chix w/
Broccoli & Rice
Roasted Mix Veggies
Potato Bites
Side Salad
Fresh Cantaloupe
Diced Pears
100% Apple Juice

9

BBQ Rib Sandwich
Green Peas
Roasted Carrots
Fresh Zucchini Sl
Diced Peaches
Fresh Apple
100% Grape Juice

10

Fish Filet w/ Roll
Charro Beans
Celery Sticks
Side Salad
Fresh Grapes
Applesauce
100% Orange Juice

11

Chicken Spaghetti
Steamed Carrots
Sliced Cucumbers
Side Salad
Fresh Plum
Pineapple Tidbits
100% Fruit Blend Juice

14

Chix Drmstk/Corn Muffin
Mashed Potatoes
Steamed Broccoli
Strawberry Spinach Salad
Fresh Orange
Fruit Mix
100% Fruit Blend Juice

15

Chicken
Parmesan/Pasta
Steamed Green Beans
Fresh Red Peppers
Side Salad
Diced Pears
Fresh Plum
100% Apple Juice

16

Bk Potato/ Chili/Cheese,
Soft Pretzel
Orange Glz Carrots
Zucchini Sl
Side Salad
Fresh Apple
Diced Peaches
100% Grape Juice

17

Beef Quesadilla
Refried Beans
Celery Sticks
Side Salad
Fresh Grapes
Applesauce
100% Apple Juice

18

Oriental Fried Rice w/
Egg Roll
Steamed Spinach
Baby Carrots
Side Salad
Fresh Plum
Pineapple Tidbits
100% Fruit Blend Juice

21

NO SCHOOL

22

Popcorn Chix Potato
Bowl/Soft Pretzel
Roasted Cauliflower
Cucumber Sl
Side Salad
Diced Pears
Fresh Plum
100% Apple Juice

23

Cheese Ravioli w/
Marinara Sauce
Roasted Squash
Celery Sticks
Side Salad
Fresh Apple
Diced Peaches
100% Grape Juice

24

Thai Chicken w/
Cilantro Rice
Baby Carrots
Side Salad
Charro Beans
Fresh Grapes
Applesauce
100% Orange Juice

25

Cajun Chili Fry Bowl w/
Tortilla Chips
Steamed Broccoli
Red Pepper Strips
Side Salad
Fresh Plum
Pineapple Tidbits
100% Fruit Blend Juice

28

Southwest Meatloaf w/
Brown Gravy/Roll
Steamed Corn
Baby Carrots
Straw/Spinach Salad
Fresh Orange
Fruit Mix
100% Fruit Blend Juice

29

Fish Sticks w/Mac'n
Cheese
Steamed Green Beans
& Carrots
Red Pepper Strips
Side Salad
Fresh Plum
100% Apple Juice

30

Orange Chicken w/
Broccoli/Lomein
Swt Potato Bites
Fresh Zucchini Sl
Side Salad
Fresh Apple
Diced Peaches
100% Grape Juice

31

Sloppy Joe Melt
Kickin' Pintos
Celery Sticks
Side Salad
Fresh Grapes
Applesauce
100% Orange Juice

Daily's:

Pizza Line

Variety of Milk

Don't forget to try your new MTO (Made-to-Order) theme bar.

REMEMBER: TO PAY FOR YOUR BREAKFAST, LUNCH OR TO
ADD MONEY TO YOUR ACCOUNT SIMPLY GO TO
MYSCHOOLBUCKS.COM

SERVED DAILY:

Menu is subject to change

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