




Bagels are Offered Daily. Fresh - Canned fruits and vegetables served daily.		Lucerne Valley USD Elementary School / Eagle Afterschool Program / State Preschool MENU ~ ~ NOVEMBER 2018					
With All Entrees. Daily Fruit / Vegetable serving size are Fruit 1/2 cup - Vegetables 3/4 total Unless otherwise noted.		Milk is included with all meals (Except snack). Your choice of 1% White or Non Fat Chocolate. All bread/grains served are whole grain. Menu is subject to change without notice.					
		Breakfast is the same every week.					
Monday SHREDDED ROMAINE DICED CARROTS / PICKLE CHIPS ASSORTED FRUIT	DONUTS 2 G/GB ASSORTED FRUITS 4 OZ	WAFFLE STICKS  2 G/GB ASSORTED FRUITS 4 OZ	MUFFIN 2 G/GB ASSORTED FRUITS 4 OZ	COOKS CHOICE 1 G/GB ASSORTED FRUITS 4 OZ	POPTARTS 1 G/GB STRING CHEESE 1 M/MA ASSORTED FRUIT & JUICE 4 OZ		
LUNCH							
Tuesday SHREDDED ROMAINE ROLL - GOLD FISH CRANBERRIES PEARS	TUESDAYS ARE LUCKY TRAY DAY 				1 ANYTIME KITS	2 PIZZA BITES & FRENCH FRIES	
Wednesday CARROT STICKS JALAPENOS ASSORTED FRUITS	5 COOK' S CHOICE	6 TURKEY & GRAVY W/ MASHED POTATOES ¹ . GREEN BEANS ¹	7 TORTILLA SOUP w/ breadstick	8 ANYTIME KITS	9 PIZZA BITES & FRENCH FRIES		
Thursday ASSORTED VEGETABLES ASSORTED FRUIT	NO SCHOOL		13  TURKEY & GRAVY W/ MASHED POTATOES ¹ . GREEN BEANS ¹	14 CHICKEN NOODLE SOUP w/ breadstick	15 ANYTIME KITS	16 TURKEY NUGGETS & FRENCH FRIES	
Friday EDAMAME ASSORTED FRUITS ROLL	19	20	21	22	23		
Thanksgiving break							
Up to 5 components may be chosen at the complete lunch price. A 1/2 cup of fruit or vegetable MUST be taken with LUNCH and BREAKFAST DAILY . ¹ = 1/4 CUP	26 COOK'S CHOICE	27 TURKEY & GRAVY W/ MASHED POTATOES ¹ . GREEN BEANS ¹	28 TORTILLA SOUP w/ breadstick	29 ANYTIME KITS	30 TURKEY NUGGETS & FRENCH FRIES		
AFTERSCHOOL SUPPER							
	PIZZA CRUNCHER ASSORTED VEGETABLES 4 OZ ASSORTED FRUITS 2 OZ	COOKS CHOICE CORN 4 OZ ASSORTED FRUITS 2 OZ	CHICKEN NUGGETS FRENCH FRIES 4 OZ ASSORTED FRUIT 2 OZ	PIZZA BITES ASSORTED VEGETABLES ASSORTED FRUITS 2 OZ	ANYTIME KITS CARROT COINS 4 OZ ASSORTED FRUITS 2 OZ		
AFTER SCHOOL PROGRAM SNACK							
This institution is an equal opportunity provider.	COOK'S CHOICE GRAIN 1 OZ PEARS 6 OZ	POPTART 1.76 OZ MILK 8 OZ	CHEEZ ITS 1 OZ APPLESAUCE 6 OZ	CEREAL BAR 1.42 OZ MILK 8 OZ	BAGEL W/ CREAM CHEESE JUICE 6 OZ		