



# **DE PERE HIGH SCHOOL ACTIVITY HANDBOOK**

## **Athletics**

The Unified School District of De Pere does not discriminate on the basis of age, sex, race, color, religion, national origin, ancestry, creed, pregnancy, marital or parental status, sexual orientation or physical, mental, emotional, or learning disability.



# **2018-2019**

# ATHLETICS (Alphabetical Order)

REVISED 8-06-18

**ATHLETIC DIRECTOR** Jeff Byczek 983-9174 dial ext. 4012  
Secretary: Kerry Guyette 337-1020, option 3 OR 983-9174 dial ext. 4013

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Haley Babler [haley.babler@aurora.org](mailto:haley.babler@aurora.org) and  
Angie Puchalla [angela.puchalla@aurora.org](mailto:angela.puchalla@aurora.org)

**ALL athletes in interscholastic sports are required to pay a yearly fee of \$36.50. This fee is paid only once per school year regardless of the number of sports a student participates in during the school year.**

## **BASEBALL SPRING SPORT**

Early season practices are held in the gym at 3:15, 4:30, 5:30, 6:30, 7:30, or 8:30pm. When the weather permits, practices are held after school at the high school baseball fields, located on the West side of the building. Practices are also held during Easter vacation. The baseball season starts about the middle of March and ends in early June with the state tournament. Any boy in grades 9-12 interested in baseball is encouraged to go out for the team. Your skill level will determine whether you play on the freshman, junior varsity, or varsity team. The junior varsity and varsity baseball teams play a full schedule of 26 games. Most games are after school at 4:30pm and a few games are on Saturday.

**Coaches:** Varsity - Mr. VanRens JV - \_\_\_\_\_ JV2 - Mr. Werner

## **BASKETBALL (boys) WINTER SPORT**

Practice will usually start at 3:30pm. Most practices will be held at in the high school gym, but sometime practices will be held at Foxview Intermediate or Altmayer Elementary (several times per week for the freshman). There will be an occasional Saturday and/or Sunday afternoon or evening practice. They do not practice more than 6 days per week, but the days will vary based upon the schedule and gym availability. Boys basketball usually begins the second week in November and continues through the third week in March ending with the state tournament. Any boy who possesses a high level of skill in basketball and is willing to give a large portion of his time is welcome to try out for basketball. The 9<sup>th</sup> grade team is divided into two teams with each team playing a 22 game schedule when possible. The junior varsity and varsity teams play a 22 game schedule.

**Coaches:** Varsity - Mr. Winchester JV1 - Mr. Coleman JV2 - \_\_\_\_\_  
JV3 - Mr. Johnson

## **BASKETBALL (girls) WINTER SPORT**

Practices will usually start at 3:30pm. All practices will be held in the high school gym, freshmen will also practice at Altmayer or Foxview. There will be some practices on Saturday and/or Sunday. Girls' basketball usually begins the second week in November and continues through the third week in March. A high level of commitment and motivation are essential for success in basketball. Players are expected to attend all practices and games. There are three girls' teams: varsity, junior varsity 1, and junior varsity 2.

**Coaches:** Varsity - Mr. Boileau JV 1 - \_\_\_\_\_ JV 2 - \_\_\_\_\_

## **CROSS COUNTRY (co-ed)      FALL SPORT**

Practices are held at the high school from 3:15 to 5:30pm. Cross country starts practice about the third week in August and ends with the state meet the last week in October. The team is made up of varsity and junior varsity members. Both boys and girls run a 5000-meter course. There are 8-10 meets plus a state meet. The meets are after school and on Saturdays.

**Coach:** Mr. Boyd

## **DANCE TEAM      FALL & WINTER SPORT**

Tryouts are held in the spring for the following year. The season begins with summer practices in June, and continues through football and basketball seasons. The team commits to perform through the conclusion of the basketball season (including playoff games). The competitive portion of the season spans November through March. If qualified, the team attends the WACPC State Dance Competition in La Crosse.

The De Pere Dance Team performs various dance styles (Pom, Kick, and Jazz). Members are expected to attend all practices, camps, and performances. A high level of commitment and motivation is necessary for membership.

More information about the program can be found at [deperedanceteam.com](http://deperedanceteam.com)

Coaches: Mrs. Wolfgram and Ms. Akladios

## **FOOTBALL      FALL SPORT**

Practice starts at 3:30pm and will usually be finished by 6:00pm, practice times before the first day of school may vary slightly. Freshman, sophomores, juniors, and seniors start practice the first week in August. The season will end for freshman and junior varsity players about the second week of October. The varsity season ends when eliminated from the state tournament.

Any student that wants to report for football and follow the rules will make the team. The freshman team plays an 8 game schedule on Mondays and Thursdays in the evening. The junior varsity games are on Mondays in the evening. The Varsity games are on Thursday nights in August and move to Friday nights after the school year begins.

**Coaches:** Varsity - Mr. Michalkiewicz    Junior Varsity - Mr. Rice  
Freshmen - Mr. May and Mr. LaTour

## **GOLF      GIRLS = FALL SPORT      BOYS = SPRING SPORT**

Home course is Ledgeview Golf Course. All practices and home meets are played at Ledgeview Golf Course; each player must find their own transportation to the course. Transportation to all away meets will be provided by the school.

Sign-up for the girls team will be prior to the end of each school year (incoming freshmen should complete interest sign-up sheets at the Middle School). Girls will also have five (5) contact days (practice sessions) during summer, which are open to anyone interested in golf. Official practices start in early August. There will be a Varsity (15 meets) and Junior Varsity (12 meets) schedule.

Boys golf season/practice begins in late March. There will be Varsity (15 meets per WIAA regulations), Junior Varsity (10 meets) and 9<sup>th</sup>-10<sup>th</sup> grade (10 meets) schedules. Sign-up will be in mid-January.

**Coaches:** Girls: Varsity - Mr. Dessart    Junior Varsity - Mr. Wolf  
Boys: Varsity - Mr. Wolf    Junior Varsity - Mr. Dessart

## **HOCKEY**

## **WINTER SPORT**

Practice for the boys & girls hockey teams start in early November and ends with the state tournament in March. Any student in grades 9-12 can play. The boys' program is a co-op team with West De Pere. The girls' program is a co-op team with area schools and hosted by Green Bay East High School. Both boys and girls teams play 24 regular season games plus playoffs. All boys home games are played at the De Pere Ice Arena; the girls home games are played at Cornerstone Community Center. Players are responsible for their own equipment and transportation to the rink for practice.

**Coach:** Boys - Mr. Coppo [coachjpcoppo@gmail.com](mailto:coachjpcoppo@gmail.com) Girls - \_\_\_\_\_

## **INTRAMURALS**

## **ALL SCHOOL YEAR**

The De Pere High School intramural program affords both boys and girls an opportunity to participate in a wide variety of individual and team sports, among them are: archery, badminton, basketball, flag football, floor hockey, kickball, softball, table tennis, ultimate Frisbee, volleyball, and weight training. Activities are held after school and/or on "Intramural Night" (often Monday nights) in the gym.

The intramural program is open to all students of De Pere High School. There are no dues or formal membership requirements, just sign up on the intramural board and attend the activity. A limited number of activities may have fees involved, but most are free enjoyable recreational pursuits. Information for all intramural activities is posted on the intramural bulletin boards located in both boy's and girl's locker rooms. The sports offered are subject to change based on School Board approval and student participation.

**Coordinator:** Mr. Newton

## **SOCCER (boys)**

## **FALL SPORT**

Soccer practice for the boys usually begins within the first two weeks of August. The season concludes in early October for the JV team(s). The Varsity season ends in early November with the state championship, unless eliminated earlier. Practices are held behind the high school. Any boy in grades 9-12 interested in soccer and willing to give a large portion of his time during the fall is encouraged to try out for soccer. Your skill level and dedication will determine what team you play on. Players with varsity expectations will benefit from indoor play, participation on a competitive summer team during the off-season, as well as participation in De Pere's speed & strength program. Players are expected to attend all in-season practices and games.

**Coaches:** Varsity - Mr. Rhodes Junior Varsity - Mr. Schrank

## **SOCCER (girls)**

## **SPRING SPORT**

Girls' soccer usually begins mid-March and continues through the third week of June. Practices are also held during Easter Break. Practices will usually start at 3:30pm. All practices will be held outdoors, behind the high school, weather permitting. There will be some practices on Saturday and/or Sunday (varsity only). JV games are played at 4:30 and Varsity games at 6:30. There are tournaments on weekends; some being overnights for the Varsity squad. A high level of commitment and motivation are essential for success in soccer. Players are expected to attend all practices and games.

**Coaches:** Varsity - Mr. Steger Junior Varsity - Mr. Moua

## **SPEED & STRENGTH**

## **ALL SCHOOL YEAR**

**Coach:** Mr. Boileau

## **SOFTBALL      SPRING SPORT**

The softball season begins in the middle of March and ends in late May with the WIAA state tournament held in early June. Open gyms are held during the winter months for players to prepare for the spring season. Early season practices are held at 3:30pm, 5:30pm or 7:30pm in the field house until the weather permits for outside practices. Outside practices begin at 3:30pm at the two high school softball fields or Optimist Park. A bus shuttle from the school to Optimist Park is provided. Practices and games are held during Spring Break and players are expected to participate this week.

Girls in grades 9-12 interested in playing softball are encouraged to try out for the team. If possible, we attempt to keep all freshmen players who sign up. The varsity and junior varsity teams consist of approximately 13-14 players with a full regular season schedule. Games are played on all days of the week with the exceptions of Sunday and Wednesday. Games typically begin at 4:30pm on weeknights and 11:00am on Saturdays.

**Coaches:** Varsity - Mr. Eakin    Junior Varsity - \_\_\_\_\_    Freshmen - \_\_\_\_\_

## **SWIMMING (girls)      FALL SPORT**

Early season practices will be held on Monday through Friday at the Mulva Family Fitness Center pool at St. Norbert College. Practices are a mix of mornings and afternoons until school starts. Starting in September, practices are held immediately after school, with Saturday morning practices if the team does not have a meet. The team also participates in a strength and conditioning program throughout the season.

The season begins the 2<sup>nd</sup> Tuesday in August and the state meet is typically the 2<sup>nd</sup> Saturday in November. The De Pere swim team is a no-cut sport, and we accommodate all levels of swimmers. There are approximately 14 meets held throughout the season. Dual meets typically begin at 5:30pm. Dual meets are scheduled for Tuesdays and Thursdays. Conference, Sectionals, State and other invitational meets usually occur on Saturdays.

Our goals are to HAVE FUN, get in great physical condition, become a better person through swimming, and be competitive in the pool. "Winning is fun ... sure, but winning is not the point. Wanting to win is the point. Not giving up is the point. Never letting up is the point. Never being satisfied with what you've done is the point." – Pat Summitt

**Coach:** Mr. Rinehart      Assistant Coaches: Ms. Luebke and Mr. Mueller

## **TENNIS (girls)      FALL SPORT**

The girls' tennis season runs from the second week of August through the State Tournaments in mid-October. A significant number of practices and meets take place before Labor Day. Practices are held at the high school courts during the day until the school year starts, then from 3:15-6:00 after school. In the off-season, voluntary captains' practices are held on a regular basis. A full schedule of 14 events is played at both the varsity and junior-varsity levels. During the school year, dual meets are played on Tuesday and Thursday afternoons, with occasional Saturday tournaments.

Girls' tennis is a no-cut program; any player who follows team rules is welcome. The varsity is comprised of 10-12 players, with more-flexible lineups set for the junior varsity team(s). Team / lineup positions are determined by intra-squad challenge matches. Regardless of position, all team members will play matches against other schools. Beginning players need to have at least some experience hitting forehands, backhands, and serves, and should know how to score a tennis match. Plenty of playing time and group lessons during the summer are helpful. Players with varsity expectations will benefit from drill groups, indoor play, and tournaments during the off-season, as well as participation in De Pere's speed & strength program.

**Coaches:** Mr. Reinardy      Assistant Coaches: Mrs. Butrym

## **TENNIS (boys)                      SPRING SPORT**

Practices will be held at the high school tennis courts and occasionally at Legion Park. Practice will run from 3:20 until 5:30pm according to the distributed practice schedule. Early season practices are held at Four Seasons Tennis Club, Green Bay Tennis Center or Western Racquet Club. The boys' tennis season starts at the end of March and ends in June with the state tournament.

Previous tennis experience is helpful, but not required to participate in boys' tennis. As a "No Cut" program, the tennis team can accommodate any interested students in grades 9-12. The tennis program is divided into a flexible varsity and junior varsity program. Players may move from one team to the other depending on challenge matches and play against opponents from other schools. The varsity plays a schedule of 14 matches; the junior varsity schedule is usually about 12 matches. Matches are held after school and on some Saturdays.

**Coach:** Varsity - Mr. Gillespie                      Junior Varsity - Mr. Reinardy  
Assistant Coaches: Mr. Vandenberg, Ms. Butrym and Mr. Foeller

## **TRACK & FIELD (co-ed)                      SPRING SPORT**

Practice is held indoors (times vary) until the weather permits the team to practice outdoors. Practice outdoors is held immediately after school. The season starts in the middle of March and ends the first week of June with the state meet.

Any boy or girl in grades 9-12 who is in good physical shape is eligible to participate as long as they follow all the school rules and requirements. There are junior varsity and varsity teams. The contests are dual, triangular, quadrangular, county, conference, and state. The team typically has one indoor meet and 12 outdoor meets. Most of the meets are co-ed and are held after school.

**Coach:** Mr. Boyd

## **VOLLEYBALL                      FALL SPORT**

Girls' volleyball will start the middle of August and ends with the state tournament the first weekend of November. Practice for all teams is held after school in the high school gym. Practices start at 3:45pm and will usually be over by 5:45pm.

It is our goal to have a JV2 and a JV3 team that both play a full 15 match schedule along with the JV1 and Varsity teams.

Membership is open to any female athlete that has a strong commitment to volleyball as well as a desire for competing at the highest level.

Conference matches are played in the evenings on Thursdays with a couple of Tuesdays. Invitations are played on Saturdays and occasional Fridays.

**Coaches:** Varsity - Mr. Gladwell                      Assistant Varsity - Mr. Brocker III & \_\_\_\_\_  
Junior Varsity 1 - Mr. Brocker III                      Junior Varsity 2 - Ms. Perock                      Junior Varsity 3 - Ms. Maglio

## **WRESTLING                      WINTER SPORT**

Practice is held after school from 3:30 to 5:30pm and on a few Saturdays in the wrestling room. The season starts the second week of November and ends the last week in February with the state tournament. The wrestling team has no specific membership requirements. Anyone who is interested may report for the "oldest sport known". The 14 scheduled contests are usually held in the evening with approximately six contests held on Saturdays.

**Coaches:** Varsity - Mr. Kincade                      Junior Varsity - Mr. McDonald