

**DEMOPOLIS CITY SCHOOLS MENUS**  
**U.S. JONES ELEMENTARY SCHOOL**  
**LUNCH**  
**Sep-19**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>LABOR DAY</b>	3 FISH NUGGETS BAKED BEANS HASHBROWNS FRUIT CHOICE OF MILK	4 CHICKEN ALFREDO W/SPAGHETTI GREEN BEANS CARROTS PEACHES CHOICE OF MILK	5 HOT DOG FRENCH FRIES BROCCOLI W/CHEESE FRUIT CHOICE OF MILK	6 COUNTRY FRIED STEAK DICED ROASTED POTATOES BLACK-EYED PEAS FRUIT CHOICE OF MILK
9 CHICKEN BITES GREEN BEANS CORN ON COB MANDARIN ORANGES CHOICE OF MILK	10 HAMBURGERS BABY CARROTS SLICED TOMATO PEACHES CHOICE OF MILK	11 CHILI W/BEANS TATER TOTS CORN CHIPS APPLE CHOICE OF MILK	12 CHICKEN SANDWICH POTATO WEDGES SALAD W/SPINACH PINEAPPLE CHOICE OF MILK	13 CORNDOG TURNIP GREENS BLACK-EYED PEAS FRUIT CHOICE OF MILK
16 GRILLED CHICKEN FAJITA FLOUR TORTILLA CORN ON COB GREEN SALAD PEACHES CHOICE OF MILK	17 SPAGHETTI W/MEAT SAUCE GREEN BEANS CARROTS ROLL PEAR CHOICE OF MILK	18 CHICKEN NUGGETS YAMS BROCCOLI W/CHEESE ROLL FRUIT CHOICE OF MILK	19 PIZZA CARROTS W/RANCH WHOLE KERNEL CORN PINEAPPLE CHOICE OF MILK	20 CHEESEBURGER BAKED BEANS FRENCH FRIES APPLE SAUCE CHOICE OF MILK
23 CRISPITOS GREEN SALAD PINTO BEANS PEACHES CHOICE OF MILK	24 BAKED CHICKEN BAKED POTATO ENGLISH PEAS FRUIT BREAD STICK CHOICE OF MILK	25 CHICKEN NOODLE SOUP CARROTS W/DRESSING OKRA 1/2 CHEESE SANDWICH FRUIT CUP CHOICE OF MILK	26 CHICKEN NUGGETS BROCCOLI W/CHEESE MASHED POTAOES PEARS BREAD STICK CHOICE OF MILK	27 CATFISH/CHEESE GRITS TURNIP GREENS BAKED BEANS PEARS PINEAPPLES CHOICE OF MILK
30 STEAK NUGGETS YAMS GREEN BEANS PEACHES CHOICE OF MILK	1 NACHOS GREEN SALAD CORN BROWNIE FRUIT CHOICE OF MILK	2 CHICKEN NUGGETS BAKER POTATOES BROCCOLI W/CHEESE BREAD STICK FRUIT CHOICE OF MILK	3 CORN DOG OVEN FRIES BAKED BEANS FRUIT CHOICE OF MILK	4 GRILLED CHEESE SANDWICH VEGETABLE SOUP OKRA FRUIT CHOICE OF MILK

**THIS MENU IS SUBJECT TO CHANGE.**  
**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

**DEMOPOLIS CITY SCHOOLS MENUS**

**U.S. JONES ELEMENTARY SCHOOL**

**BREAKFAST**

Sep-19

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 <b>LABOR DAY</b>	3 CEREAL YOGURT BREAKFAST PIZZA FRUIT FRUIT JUICE CHOICE OF MILK	4 CEREAL YOGURT MINI PANCAKES FRUIT FRUIT JUICE CHOICE OF MILK	5 CEREAL YOGURT CHEESE TOAST FRUIT FRUIT JUICE CHOICE OF MILK	6 CEREAL YOGURT BISCUIT & SAUSAGE FRUIT FRUIT JUICE CHOICE OF MILK
9 CEREAL YOGURT MUFFIN FRUIT FRUIT JUICE CHOICE OF MILK	10 CEREAL YOGURT FRENCH TOAST FRUIT FRUIT JUICE CHOICE OF MILK	11 CEREAL YOGURT PANCAKE/HAM FRUIT FRUIT JUICE CHOICE OF MILK	12 CEREAL YOGURT BISCUIT & SAUSAGE FRUIT FRUIT JUICE CHOICE OF MILK	13 CEREAL YOGURT BREAKFAST WRAP FRUIT FRUIT JUICE CHOICE OF MILK
16 CEREAL YOGURT BREAKFAST SANDWICH FRUIT FRUIT JUICE CHOICE OF MILK	17 CEREAL YOGURT WAFFLES FRUIT FRUIT JUICE CHOICE OF MILK	18 CEREAL YOGURT BISCUIT & SAUSAGE FRUIT FRUIT JUICE CHOICE OF MILK	19 CEREAL YOGURT BREAKFAST BAGEL FRUIT FRUIT JUICE CHOICE OF MILK	20 CEREAL YOGURT CINNAMON ROLLS FRUIT FRUIT JUICE CHOICE OF MILK
23 CEREAL YOGURT POP TART FRUIT FRUIT JUICE CHOICE OF MILK	24 CEREAL YOGURT BREAKFAST PIZZA FRUIT FRUIT JUICE CHOICE OF MILK	25 CEREAL YOGURT MINI PANCAKES FRUIT FRUIT JUICE CHOICE OF MILK	26 CEREAL YOGURT CHEESE TOAST FRUIT FRUIT JUICE CHOICE OF MILK	27 CEREAL YOGURT BISCUIT & SAUSAGE FRUIT FRUIT JUICE CHOICE OF MILK
30 CEREAL YOGURT MUFFIN FRUIT FRUIT JUICE CHOICE OF MILK	1 CEREAL YOGURT FRENCH TOAST FRUIT FRUIT JUICE CHOICE OF MILK	2 CEREAL YOGURT PANCAKE PUP FRUIT FRUIT JUICE CHOICE OF MILK	3 CEREAL YOGURT BISCUIT & SAUSAGE FRUIT FRUIT JUICE CHOICE OF MILK	4 CEREAL YOGURT BREAKFAST WRAP FRUIT FRUIT JUICE CHOICE OF MILK

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