

Breakfast

Cereals:

GF Rice Chex
GF Rice Chex- Cinnamon

Grains:

GF Blueberry Muffin
GF Plain Bagel

Entrees:

Breakfast Sandwich
(GF bun/bagel, egg, sausage, chees

Milk:

Pacific Soymilk
Milk- Choc and White

Fruits:

All fresh/frozen/canned fruits
Juice

Proteins:

Cheese Stick
Yogurt

Lunch

Grains:

Corn Chips
Hamburger Bun
Flatbread
Brown Rice
GF Sandwich bread

Proteins:

Grilled Chicken Breast
Grilled Chicken Strips
Breaded Chicken Tenders
Deli Meats
Hummus
Meatballs
GF Teriyaki Chicken
Ground Beef
Hamburger Patty

Fruits/Veg:

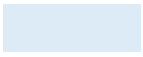
All fresh/canned/frozen fruits and vegetable:
F/V bar available daily

Milk:

Pacific Soymilk
Milk- Choc and White

Entrees:

Deli Sandwich on GF bun
Nachos
GF Chicken Tenders w/ Potatoes
GF Teriyaki Chicken w/ Rice
Chef Salad/Italian Salad/Chicken Salad with Corn Chips
GF Flatbread with Hummus, Yogurt/Cheese
Hamburger/Cheeseburger on GF bun
Grilled Chicken w/ Cheese on GF Bun
Meatballs Sub on GF Bun
Grilled Cheese on GF Flatbread
Grilled Ham and Cheese on GF Flatbread



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