

# September 2018 Breakfast



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Labor Day	<b>4</b> Cereal Bowl String Cheese Applesauce	<b>5</b> Corned Beef Hash Scrambled Egg Brown Rice Fruit Juice	<b>6</b> Breakfast Sandwich Apple Wedges	<b>7</b> Yogurt UBR Strawberry Craisins
<b>10</b> Rosh Hashanah Breakfast Pizza Apple Wedges	<b>11</b> Patriot Day Pork Link Sausage Scrambled Egg Brown Rice Fruit Juice	<b>12</b> French Toast Sticks Banana	<b>13</b> Vienna Sausage Scrambled Egg Brown Rice Fruit Juice	<b>14</b> Cereal Bowl String Cheese Applesauce
<b>17</b> Portuguese Sausage Scrambled Egg Brown Rice Fruit Juice	<b>18</b> Waffles Fruitocracy	<b>19</b> Yom Kippur Corned Beef Hash Scrambled Egg Brown Rice Fruit Juice	<b>20</b> Cereal Bowl Banana Muffin Diced Pears	<b>21</b> Breakfast Sandwich Apple Wedges
<b>24</b> French Toast Sticks Strawberry Craisins	<b>25</b> Cereal Bowl String Cheese Applesauce	<b>26</b> Turkey Bacon Scrambled Egg Brown Rice Fruit Juice	<b>27</b> Pork Link Sausage Scrambled Egg Brown Rice Fruit Juice	<b>28</b> Yogurt UBR Papaya
<b>ALL MEALS INCLUDE A CHOICE OF MILK AND SELF SERVICE FRUIT BAR</b> THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER				

# September 2018 Wiki Bento



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Labor Day	<b>4</b> Gourmet Muffin	<b>5</b> Corned Beef Hash Scrambled Egg Brown Rice	<b>6</b> Breakfast Sandwich	<b>7</b> Ham and Cheese Omelet
<b>10</b> Rosh Hashanah Grilled Ham and Cheese	<b>11</b> Patriot Day Pork Link Sausage Scrambled Egg Brown Rice	<b>12</b> French Toast Sticks	<b>13</b> Vienna Sausage Scrambled Egg Brown Rice	<b>14</b> Cheese Quesadilla
<b>17</b> Portuguese Sausage Scrambled Egg Brown Rice	<b>18</b> Waffles	<b>19</b> Yom Kippur Corned Beef Hash Scrambled Egg Brown Rice	<b>20</b> Yogurt Parfait	<b>21</b> Breakfast Sandwich
<b>24</b> French Toast Sticks	<b>25</b> Grilled Ham and Cheese	<b>26</b> Bacon Scrambled Egg Brown Rice	<b>27</b> Pork Link Sausage Scrambled Egg Brown Rice	<b>28</b> Fried Rice Scrambled Egg

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# September 2018 Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Labor Day	<b>4</b> Chicken Corndog Smiley Fries Edamame	<b>5</b> Cheese Pizza Chopped Romaine	<b>6</b> Hamburger Steak Brown Rice California Blend Vegetables	<b>7</b> Teriyaki Chicken Brown Rice Potato Salad
<b>10</b> Rosh Hashanah Chicken Nuggets Brown Rice Baked Beans	<b>11</b> Patriot Day Teriyaki Meatballs Brown Rice Spinach Salad	<b>12</b> Cheeseburger Crinkle Cut Fries	<b>13</b> Beef Stroganoff Dinner Roll Diced Carrots	<b>14</b> Kalua Pork and Cabbage Brown Rice Lomi Tomato
<b>17</b> Meatloaf Dinner Roll Whipped Potatoes	<b>18</b> Mushroom Chicken Brown Rice California Blend Vegetables	<b>19</b> Yom Kippur BBQ Pork Sandwich Coleslaw Pickle Chips	<b>20</b> Spaghetti Meat Sauce Dinner Roll Pesto Garbanzo Beans	<b>21</b> Chicken Fries Brown Rice Steamed Broccoli
<b>24</b> Grilled Chicken Sandwich Tater Tots	<b>25</b> Breaded Fish Brown Rice Tomato & Watercress Salad	<b>26</b> Pepperoni Stuffed Sandwich Chopped Romaine	<b>27</b> Shoyu Hotdog Fried Noodles Edamame Tossed Greens	<b>28</b> Beef Stew Brown Rice
<b>ALL MEALS INCLUDE A CHOICE OF MILK AND SELF SERVICE FRUIT AND VEGETABLE BAR</b> THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER				

# September 2018 Preschool Lunch



Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> Labor Day	<b>4</b> Chicken Corndog Smiley Fries Apple Wedges 1% Unflavored Milk	<b>5</b> Cheese Pizza Baby Carrots Orange Wedges 1% Unflavored Milk	<b>6</b> Hamburger Steak Brown Rice California Blend Vegetables Fruit Cocktail 1% Unflavored Milk	<b>7</b> Teriyaki Chicken Brown Rice Potato Salad 1% Unflavored Milk
<b>10</b> Rosh Hashanah Chicken Nuggets Baked Beans Mixed Fruit Salad 1% Unflavored Milk	<b>11</b> Patriot Day Teriyaki Meatballs Brown Rice Spinach Salad Pineapple Chunks 1% Unflavored Milk	<b>12</b> Cheeseburger Crinkle Cut Fries Orange Wedges 1% Unflavored Milk	<b>13</b> Beef Stroganoff Diced Carrots Apple Wedges	<b>14</b> Kalua Pork and Cabbage Brown Rice Diced Pears
<b>17</b> Meatloaf Dinner Roll Whipped Potatoes Sliced Peaches 1% Unflavored Milk	<b>18</b> Mushroom Chicken Brown Rice California Blend Vegetables Mandarin Oranges 1% Unflavored Milk	<b>19</b> Yom Kippur BBQ Pork Sandwich Coleslaw Orange Wedges 1% Unflavored Milk	<b>20</b> Spaghetti Meat Sauce Fruit Cocktail 1% Unflavored Milk	<b>21</b> Chicken Fries Steamed Broccoli Grapes 1% Unflavored Milk
<b>24</b> Grilled Chicken Sandwich Tater Tots Apple Wedges 1% Unflavored Milk	<b>25</b> Breaded Fish Brown Rice Tomato & Watercress Salad Pineapple Chunks 1% Unflavored Milk	<b>26</b> Pepperoni Stuffed Sandwich Baby Carrots Orange Wedges 1% Unflavored Milk	<b>27</b> Shoyu Hotdog Fried Noodles Edamame Mandarin Oranges 1% Unflavored Milk	<b>28</b> Beef Stew Brown Rice Fruit Cocktail 1% Unflavored Milk
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