

Elsa Piña
Howell Middle School
Foundations of Dance
2018 – 2019

Contact Information:

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Howell 361-578-1561 ext. 31302 or East 361-788-2820 ext. 38163

Conference: 11:15 am to 11:45 am @East Campus

Tutorials: Unavailable due to schedule.

Course Outline:

Foundations of Dance

1 st Semester	2 nd Semester
Unit 1—History, Ballet Basic Skills and Conditioning, Anatomy, Level-Beginner	Unit 6— History, Ballet Basic Skills and Conditioning, Anatomy, Level-Beginner
Unit 2— History, Jazz/Hip Hop Basic Skills and Conditioning, Anatomy, Level-Beginner	Unit 7— History, Jazz/Hip Hop Basic Skills and Conditioning, Anatomy, Level-Beginner
Unit 3— History, Tap Basic Skills, Conditioning, Level-Beginner	Unit 8— History, Tap Basic Skills, Conditioning, Level-Beginner
Unit 4— History, Contemporary/Modern Basic Skills and Conditioning, Level-Beginner	Unit 9— History, Contemporary/Modern Basic Skills and Conditioning, Level-Beginner
Unit 5—Choreography, Stage Craft, Music, General Dance and Performance, Level-Beginner	Unit 10— Choreography, Stage Craft, Music, General Dance and Performance, Level-Beginner
Unit 6—History and World Dance Skills, Level-Beginner	Unit 11--History and World Dance Skills, Level-Beginner
Midterms: Non-Applicable for Middle School	Finals: Non-Applicable for Middle School

Classroom Goals

1. Students will know how to execute basic skills in various genres of dance.
2. Students will obtain a better understanding of the anatomy and physiology of the body and gain healthy habits for life.
3. Students will learn basic historical knowledge of the various dance genres.
4. Students will be introduced to basic choreography skills.
5. Students will develop performance skills through a minimum of one performance per semester.

Guidelines For Success

1. Listen, be attentive in class, dress out and participate every day.
2. Be respectful at all times to everyone and live by the Golden Rule: Do unto others as you would have them do unto you.
3. Smile, be joyful, work hard and success will always be your pathway.

Supplies:

- Folder with brads and loose leaf paper *It will be left in class.
- Pencil, pen, highlighter *It will be left in class.
- Girls: Black exercise yoga style legging—capri or full length
Black fitted dance top—no camisoles or spaghetti straps allowed
Black socks
Ponytail holder
Tennis shoes—any color
- Boys: Black Dry Fit Shirt
Black Basketball Shorts
Black sports leggings or sliders
Black Socks
Tennis shoe—any color

Donation of one of these items would be greatly appreciated. *Box of Kleenex, Ponytail Holders, Hand Sanitizer

Cell Phone Policy:

Students may not use cellphones during classroom instructional time, unless the “Cell Phone In Use” signage is posted and the student is using the cellphone for the specified instructional purpose.

Classroom Policies

Expectations:

1. Be polite and respectful to all adults and classmates at all times.
2. Be responsible (dress out, take notes, participate at all times, turn in your homework/projects, etc. on time)
3. Come to class on time and be prepared with daily workout clothing.
4. Always give your best effort and review skills with intention to be your BEST every day.

Rules:

1. Do not talk when teacher or anyone is instructing, presenting or addressing the class.
2. No getting up out of your seat without permission and while instruction is going on.
3. Raise your hand for questions.
4. Teacher dismisses class, not the bell.

Grading Policy:

Summative grades = 50% (tests/projects)

Formative grade = 50% (homework/daily grades)

Late Work:

Students have the opportunity to submit work up to three days after the due date with a penalty of 10 points per day.

Failed Assignments or Tests:

The student must redo an assignment or retake a test within five school days of receiving the failing grade.

The student will be allowed to redo an assignment or retake a test for which they received a failing grade in order to receive a maximum grade of 70 points. The teacher will record the higher of the two grades; maximum of a 70.

Tardy Policy: Class starts when the bell rings. Classroom doors will be locked. Students must get a tardy slip to enter classroom. Howell Middle School Tardy Policy will apply.

“CHEATING / PLAGIARISM / ACADEMIC DISHONESTY Copying another person’s work, such as homework, class work, or a test, is a form of cheating. The use of electronic devices, such as cell phones, in the classroom and in testing situations may cause suspicion of cheating. (See Electronic Devices and Technology Resources) Plagiarism, which is the use of another person’s original ideas or writing as one’s own without giving credit to the true author, will also be considered cheating and the student will be subject to academic disciplinary action that may include loss of credit for the work in question. Teachers who have reason to believe that a student has engaged in cheating or other academic dishonesty will assess the academic penalty to be imposed. Students found to have engaged in academic dishonesty will be subject to disciplinary consequences as well, according to the Student Code of Conduct. [For more information, see Honor Code Regulation EIA found at www.visd.net.]” VISD Student Handbook

August 21, 2017

Dear Parent or Guardian,

Please read the class procedures for Foundations of Dance, which is attached. Students are to return this sheet with the contact information below and completed by you no later than August 23th.

If your child has a special need or situation that I should be aware about, please advise me in writing or by email. If you have any questions or concerns about the progress of your son or daughter, please do not hesitate to contact me. My contact information is included in the attached handout.

Sincerely,

E. Piña

Please sign indicating that you have read the class information sheet for Foundations of Dance.

Student Name _____ **Class Period** _____

Student Signature _____

Parent/Guardian Signature _____

Parent E-mail _____

Concerns: