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Canyon Communiqué

A Legacy of Excellence

Canyon Middle School
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(510) 538-8833 Fax (510) 247-9439

May 2018

www.cv.k12.ca.us/canyon

Follow us on Twitter @canyoncondors

**Absence
Reporting
538-8833**

**Ext.
9108**

**2017-18
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9**

Principal Message – May 2018

Dear Students and Parents/Guardians:

By the time you are reading this, we are into May. It has been a busy year full of many great things. We had a very successful Open House and many families commented that they are happy with what their students have accomplished this year. We have a month and a half more of school to continue learning and growing.

More honors came to Canyon students on Saturday, April 22 at Chabot College. We are proud of the 39 Canyon students who were honored at the 13th Annual African American Achievement and Excellence Awards Ceremony presented by African American Regional Educational Alliances. The event was inspiring, and we are all very proud of our award recipients.

I appreciate your support and partnership as we address issues that arise on campus and in the community. Please remember to call or email me to ask questions or to pass along positives. It takes all of us working together to support our students to become the best versions of themselves.

Please join us on in May for some important events:

- On May 8, last PTA meeting for the school year
- May 9, our annual Latino Achievement Night
- May 10, AVID Family Night
- May 15, Canyon Condor Choir (Canyon Cafeteria)
- May 16, Canyon Beginning Band & Orchestra (CFA)
- May 17, our annual African American Achievement Night
- May 23, Canyon Bands (CFA)
- May 30, Canyon Choir Pops (CFA)
- May 31, Canyon Orchestra (CFA)

Remember that there is no school on May 28th, the Memorial Day holiday.

As we enter the final quarter of the year, we have been reviewing behavior standards with students and reminding students that participation in school events such as 8th grade advancement, end of the year activities, dances, yearbook parties, and athletics are a privilege. Each student received a "points letter" that explained our policies for attending end of year activities. In addition, they are posted on our website under "News and Updates".

Our students are working hard, and we would appreciate your help in reminding them to continue this effort. Please encourage your student to FINISH STRONG. Remember to SOAR Canyon!

Sincerely,
Matthew Steinecke

CVUSD is committed to providing equal opportunity for all individuals in education. District programs, activities, and practices shall be free from discrimination, intimidation, harassment and bullying based on race, color, ancestry, national origin, ethnic group identification, age, religion, marital or parental status, physical or mental disability, sex, sexual orientation, gender, gender identity or expression, or genetic information; the perception of one or more of such characteristics; or association with a person or group with one or more of these actual or perceived characteristics. Violations of this policy should be reported immediately to the site administrator(s) at District Schools. Inquiries regarding the non-discrimination policies: Director of Student Services, 4400 Alma Avenue, Castro Valley CA 94546, 510-537-3000 x 1257

Estimados Estudiantes y Padres/Tutores:

Para cuando esten leyendo esto, estaremos ya en Mayo. Ha sido un año muy ocupado y lleno de cosas estupendas. Hemos tenido un Open House muy exitoso y muchas familias comentaron que estan contentos con el trabajo que sus estudiantes han realizado este año. Tenemos un mes y medio mas, para seguir aprendiendo y creciendo.

Mas honores llegaron para los estudiantes de Canyon el Sabado, 22 de Abril en el Colegio Chabot. Estamos sumamente orgullosos de los 39 estudiantes de Canyon quienes recibieron honores en el 13vo. Logro Anual Afro-americano y la Ceremonia de Reconocimientos a la Excelencia, presentados por las Alianzas Regionales Educativas Afro-Americanas. El evento fue inspirador y nos sentimos muy orgullosos de todos los que recibieron dichos reconocimientos.

Agradezco el apoyo y compañerismo al abordar los problemas que surgen dentro del plantel educativo y la comunidad. Por favor no olviden llamarme o mandarme un correo para cualquier pregunta o cosas positivas. Nos toma a todos trabajar juntos para apoyar a nuestros estudiantes y llegar a ser la mejor version de si mismos.

Por favor acompañenos a los siguientes eventos importantes del mes de Mayo:

- Mayo 8, ultima junta del año escolar del Consejo de Padres (PTA)
- Mayo 9, nuestra Noche Anual de Logro Latino
- Mayo 10, AVID Noche de Familia
- Mayo 15, Coro Canyon Condor (Cafeteria de Canyon)
- Mayo 16, Principiantes de Banda y Orquesta de Canyon (CFA)
- Mayo 17, Nuestra Noche Anual de Logros Afro-americanos
- Mayo 23, Bandas de Canyon (CFA)
- Mayo 30, Coro Pops de Canyon (CFA)
- Mayo 31, Orquesta de Canyon (CFA)

Recuerden que no habra clases el 28 de Mayo, el dia de fiesta conmemorativo (Memorial Day).

Como vamos llegando al ultimo trimestre del año, hemos estado revisando los estandares de comportamiento con los estudiantes y recordandoles la participacion dentro de la escuela, tales como, el adelanto o graduacion de los estudiantes de 8vo. Grado, actividades de fin de año, fiestas del libro del año y atletismo, son un privilegio. Cada estudiante recibio una “carta de puntuacion, que explica nuestra poliza para atender a las actividades al finalizar el año. Ademas estan anunciados en nuestra pagina web bajo “News and Updates” (Noticias y Actualizacion).

Nuestros alumnos estan estudiando mucho y agradeceriamos muchisimo su ayuda, en seguir recordandoles que sigan con ese esfuerzo. Favor de alentar a los estudiantes a que TERMINEN FIRMES.

Recuerden VOLAR MUY ALTO Canyon!

Sinceramente;

Ya que estamos cerca del fin de año escolar, aqui algunos recordatorios con importantes fechas y horarios.

- **June 5** – Noche de Reconocimientos de 8vo. Grado 6:00-8:00pm (mas informacion por venir)
- **June 6** – Salida sera temprano 12:45 pm Entrega de Diplomas de 8vo. Grados en el Estadio de la Escuela Preparatoria de Castro Valley a las 4:00pm (no se requieren boletos)
- **Junio 7** - Ultimo Dia de Clases - - Salida temprano – 12:45 pm

Matthew Steinecke

亲爱的学生和家長/监护人：

当你阅读这篇文章时，我们将进入五月。这是忙碌的一年，充满了许多伟大的事情。我们有一个非常成功的开放日，许多家庭评论说他们对今年的学生所取得的成绩感到满意。我们还有一个半月的学校继续学习和成长。

4月22日星期六，在沙博特学院，更多的荣誉来自峡谷学生。我们为39位获得非洲裔美国人地区教育联盟颁发的第13届非洲裔美国人成就和卓越奖颁奖典礼而荣幸的峡谷学生感到自豪。这个活动令人鼓舞，我们都为我们的获奖者感到非常自豪。

感谢您在我们解决校园和社区出现的问题时给予的支持和合作。请记住致电或发邮件给我提问或传递积极的信息。这需要我们所有人一起努力支持我们的学生成为他们自己的最佳版本。

请参加五月份的一些重要活动：

- 5月8日，上学年PTA会议
- 5月9日，我们的拉丁年度成就之夜
- 5月10日，AVID家庭之夜
- 5月15日，峡谷神鹰合唱团 (Canyon Cafeteria)
- 5月16日，峡谷开始乐队和管弦乐队 (CFA)
- 5月17日，我们的年度非裔美国人成就之夜
- 5月23日，峡谷乐队 (CFA)
- 5月30日，Canyon Choir Pops (CFA)
- 5月31日，峡谷管弦乐团 (CFA)

请记住，阵亡将士纪念日假期在5月28日没有学校。

当我们进入最后一个季度时，我们一直在与学生一起审查行为标准，并提醒学生参加学校活动，如八年级的升学，年终活动，舞蹈，年鉴派对和田径是一种特权。每个学生都收到了一份“积分信”，解释了我们参加年终活动的政策。另外，它们被张贴在我们的网站“新闻和更新”下。

我们的学生正在努力工作，我们希望您的帮助能够提醒他们继续努力。请鼓励你的学生完成强壮。记住SOAR峡谷！

此致

Matthew Steinecke

当我们接近年底时，这里有几个重要日期和时间的提醒：

- 6月5日 - 8年级颁奖晚上6:00-8:00 pm (更多信息请参见后续内容)
- 6月6日 - 提前发布日 - 12:45 pm 8年级提前@
CVHS体育场下午4:00 (不需要门票)
- 6月7日 - 学校的最后一天 - 早期发布日 - 12:45 pm

As we near the end of the year here are a few reminders with important dates and times:

- **June 5** – 8th grade Awards Night 6:00-8:00 pm (more info to follow)
- **June 6** - Early Release Day – 12:45 pm 8th grade Advancement @ CVHS Stadium at 4:00 pm (no tickets needed)
- **June 7** - Last Day of School - - Early Release Day – 12:45 pm

Counselor Corner

*~Julie Fisher~
6th Grade Counselor*

*~Marisaly Acuña ~
7th Grade Counselor*

*~ Lucy Souza ~
8th Grade Counselor*

Dear Canyon Families,

Happy May! We are so close to the end of the school year. Time flies by when we are having fun and in middle school. We want to encourage all students to finish strong in this last quarter and to remember to show kindness, empathy and compassion to each other and themselves.

In this month's communiqué, we want to give information about Mindfulness. If you have not heard of mindfulness, it is a skill that helps with concentration, breathing and focusing on the present. Many times our thoughts are a combination of many worries and thoughts affecting our wellbeing. In mindfulness, we focus on doing one thing at a time for example breathing. As we focus on breathing, we give ourselves permission to connect with ourselves and how we are feeling.

By practicing taking deep and slow breaths daily, we calm down and remind our minds and bodies that we need to relax. In doing so we clear our minds to make decisions, control our emotions and to relax in times of stress.

Below is an example of how to practice relaxed breathing:

- Make sure you are sitting or lying comfortably
- Close you eyes if you are comfortable doing so
- Try to breathe through your nose rather than your mouth
- Breathe in to a count of 4, pause for a moment, then breathe out to a count of 4
In Breath 1.....2....3....4 Pause Breathe out 1.....2.....3.....4

At first it may be difficult to practice mindfulness, but with practice it really helps calm ourselves from our busy and at times hectic lives. We hope you try this simple strategy daily and to connect with how you are feeling. If you would like more information about mindfulness, please visit <http://www.mindfulschools.org/about-mindfulness/mindfulness-in-education/>

A special reminder to 8th grade families, 8th graders will need a second semester GPA of at least a 1.75 to participate in the advancement ceremony and no more than one semester F.

Thank you for reading our counseling corner. ☺

Your Canyon Counselors
Ms. Acuña, Ms. Fisher & Ms. Souza

★ Student Activities ★

May is Asian Heritage Month!

To get the most current updates on or around campus, **please LIKE us on Facebook and FOLLOW us on Instagram at Canyon Student Activities!** You can listen to the Daily Bulletin or check the calendar at the entryway to school and on the **CALENDAR** link on the Canyon website:
<http://www.cv.k12.ca.us/canyon/calendar>

Thank You for joining us at our Poetry Café. What an inspiring night full of talent, courage, and community! I'm so proud of our awesome performers! We definitely have amazing students, and we're grateful for your support in making the event so memorable!

Canyon's annual Food Faire was also wonderful! Student Activities extends a big **THANK YOU** to all who contributed food, supplies, and time for supporting our efforts to celebrate Canyon's incredible diversity.

Student-Citizen-of-the-Year: Congratulations to 8th grader **Hannah Frazee** for being awarded Canyon's Student Citizen of the Year! Students were nominated for school achievement and community involvement. Congratulations, also, to the following students who were finalists for the award: *Jordan DeCarli, Lauren Green, Brooke Kasl-Godley, Juju Liwanag, Colin Sutedja, and Emily Turk.*

Double Dances - 6th & 7th Grades: It's that time again for double dance fun! Our dances will be **Friday, 5/11**. **The 6th graders get to dance from 3:30-5:00pm and 7th graders will be gettin' down from 7-9pm.** Eighth graders will have their last dance in June. The Double Dance theme will be announced soon, so watch for Leadership's advertisements and videos. *Please remember that all school rules apply at the dances.* Dress code applies and cell phones are not permitted. If a student needs to call home, he/she must check with a teacher first, just as during the regular school day. Also, arrange ahead of time for rides home.

End-of-the-year Activities: It may be hard to believe, but it's already time to start thinking about the end-of-the-year school activities. Students with good behavior records (reference the Behavior Points Record sent home before Spring Break) are encouraged to attend their grade-level activity.

- **8th grade Great America Field Trip:** The **8th graders** with good behavior records will be signing up during the week of **April 30 through May 4**, for their field trip to Great America on **Monday, June 4**. Permission slips were handed out April 23, along with an 8th Grade Reminders sheet; if your student has misplaced them, the forms are available online on the Canyon Website. *Please note: **We cannot accept late registration!** If your child misses the deadline, he/she will be placed on a waiting list.*
- **7th grade Cull Canyon Field Trip:** Our eligible **7th graders** will spend the day at Cull Canyon on **Monday, June 4**. Permission slips with more information will be going home soon. Per the East Bay Regional Parks District, we need to have one adult chaperone for every 10 students at Cull Canyon, so we can really use your help!
- **6th grade Cull Canyon Field Trip:** Our **6th graders** with good behavior records will enjoy a day at Cull Canyon on **Friday, June 1**. Permission slips will be going home soon. Per the East Bay Regional Parks District, we need to have one adult chaperone for every 10 students at Cull Canyon, so we can really use your help!

If you have any questions regarding these trips, please contact the appropriate grade-level lead:

- Student Activities, Kate Shen (kshen@cv.k12.ca.us) & Effie Hsu (ehsu@cv.k12.ca.us)
- 7th gr. Team Leader, Marisaly Acuña (macuna@cv.k12.ca.us)
- 6th gr. Team Leader, Kathy Huemoeller (khuemoeller@cv.k12.ca.us)

7th, 8th, and 9th Grade Elections: We will be holding elections for the 2018-2019 officers soon. Current 8th graders run for two Freshman Class Representative positions at Castro Valley High School. Current 7th graders run for ASB President, ASB Vice President, and 8th Grade Class President. Current 6th graders run for ASB Treasurer and 7th Grade Class President. Check the bulletin announcements for election information and dates. Thanks for your interest in student government!

-Ms. Hsu and Ms. Shen, Activities Directors

CANYON YEARBOOKS

Yearbooks are still on sale! Buy it now before the price goes up! Students can come to classroom **K-5** during break or lunch with cash only, or you can order it online through Walsworth Yearbooks at <https://yearbookforever.com/#>. The price is \$50. Remember, when ordering online, there is an online service charge of \$2.25, but you also have more choices to customize your yearbook. If you have any questions, please contact **Sandy Hsiao-Frates** at shfrates@cv.k12.ca.us.

Grade Reporting Schedule

Below is the schedule of when quarterly Progress Reports and Report Cards will be **mailed home**. Please note that *Progress Reports* are not sent to all students, only those with grades raising concern. Please remember that you may check your child's progress through the Parent Portal account for your child(ren).

4th Quarter

Progress Reports mailed on **5/10/18**

4th Quarter

Report Cards mailed on **6/14/18**

VISITORS ON CAMPUS: ALL visitors to the school campus **MUST** check in and sign in at the school office **between the hours of 7:30 am and 3:30 pm**. ALL visitors are escorted on the school campus between the hours of 7:30 and 3:30 pm. ALL visitors must wear a Canyon visitor badge or District ID card. No track use during school day for safety and instruction. Prior arrangements **MUST** be made when visiting the classroom. This includes before and after school visitors on the campus.

If you are volunteering in the Library / classroom or chaperoning on a field trip / school dance, you must have completed the Megan's Law form that was included in your child's registration packet. This form must be completed at the start of each school year and is good through September 30th of the following school year. Additional forms are available in the main office.



A note from your District Nurses:

Sandee Velasquez RN, MN, FNP and Beth Erickson RN, MS

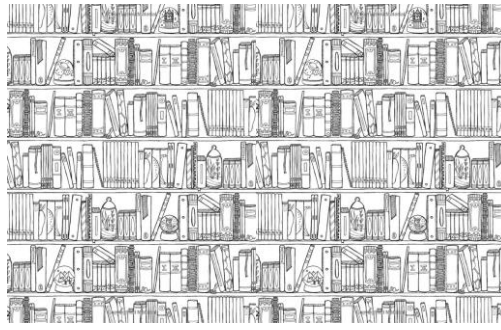
Tdap and MMR Reminder for Current 6th Grade Students

Whooping cough, also known as pertussis, continues to threaten students in California. To help stop its spread, all incoming 7th graders are required by law (SB 277) to have proof of a **whooping cough booster ('Tdap')** and **second MMR** shot in order to attend classes next year (2018-19 school year).

Personal belief exemptions on file for a child already attending school in California are no longer valid for the child entering 7th grade. Medical exemptions that are written by a licensed physician (MD or DO) are still permitted. For more information on this change, please see the Frequently Asked Questions at: www.shotsforschool.org/laws/sb277faq/.

If your child has already received these vaccines,
please provide records to the school as soon as possible.

STUDENTS WILL NOT BE ALLOWED TO ATTEND CLASSES WITHOUT AN UPDATED SHOT RECORD AND WILL NOT RECEIVE THEIR SCHEDULE IN AUGUST. THERE IS NO GRACE PERIOD.



LIBRARY NEWS | MAY

Thank you to the marvelous volunteers that made our Spring Book Fair a success! Much team effort went into set-up, operation, and behind-the-scenes support, and we hope you will come back to help during our next Book Fair in the Fall. The PTA and Canyon Library appreciate the funds raised, and our students are primed for reading over the summer break. We got it done!

The first week of this month is the last opportunity for Condors to check out books this school year, and library books must be returned by the end of the month. Overdue books or lost book fines can prevent students from participating in school dances and end-of-the-year trips. Book fines need to be paid in cash, from now until the end of the year. Please contact our office to clear your students' account if necessary. For more information on what's happening in our library, or to browse our book catalog anytime, go to our website: <https://sites.google.com/a/cv.k12.ca.us/canyonlibrary/>.

AFTER SCHOOL TUTORS- CVHS tutors on hand Tuesday afternoons our Library. They offer homework help and concept review from 3 - 4 PM Tuesdays after school. Most Wednesday afternoons there are 8th grade volunteer tutors from 2:00 - 3:00 PM as well. No appointments needed. The Library computer center is always open for students before school, at lunch, and after school.

THIS MONTH - Gardening Sunflowers, Felt "Compliment Sandwich" craft, Asian History

Library Hours:

8:00 - 4:00 Monday - Friday

closed after school on 12:45 release days

CLOSED (NO SCHOOL) May 28

Library staff:

Danielle Conn and Nadia Layne

dconn@cv.k12.ca.us

nlayne@cv.k12.ca.us

510-538-8833 x6129

<https://sites.google.com/a/cv.k12.ca.us/canyonlibrary/>

"You may encounter many defeats but you must not be defeated" ~ Dr. Maya Angelou

Castro Valley Unified School District – Newsletter & Measure G

Please visit the following link to view the District's newsletter. <http://bit.ly/2nVUT5B>

Please visit the following link to view
Measure G information. <http://bit.ly/cvusd-measureg>

6th Grade WEB Orientation

- * Meet new friends * Play fun games *
- * Tour your new school *

Monday, August 20th 8:00am – 12:00 pm

All incoming 6th graders are invited to attend Orientation to meet their 8th grade Leaders and their WEB group, which they will be a part of for all of their 6th grade year

Parents--This is a student-only event that will take place in the Canyon Gym a few days before school starts

Questions? Contact the WEB Coordinators:

Julie Fikse (jfikse@cv.k12.ca.us)

or Kate StickeI (kstickeI@cv.k12.ca.us)

SAVE THE DATE - 8th Grade Commencement

Wednesday, June 6, 2018 – 4:00 pm

Castro Valley High School Stadium – No tickets required!

This form is also available in the Canyon Middle School front office.

***** cut here and return *****

2018-2019 - Are You Planning to Move?

We are making plans regarding staffing, textbooks, and the organization of classes for students for the upcoming school year. Please complete the information below and return it to the school office, as soon as possible... **IF YOU ARE PLANNING TO MOVE.**

Student(s) Name(s): _____

___ My child(ren) WILL NOT RETURN to Canyon Middle School for the 2018-2019 school year.

___ My child(ren) will attend a private school in 2018-2019. School: _____

___ We are moving out of Castro Valley to _____

Parent/Guardian Signature _____ Date _____

CANYON MIDDLE SCHOOL!!!
Save these dates! Mark your calendar!

- **MINIMUM DAYS - 12:45 pm release for all students:**
June 6, 2018, and June 7, 2018

**Canyon Middle School appreciates the dedication
of our School Board Trustee Members:**

Gary Howard, Monica Lee, Jo A. S. Loss, Dot Theodore, and Lavender Lee Whitaker
Superintendent, Parvin Ahmadi

May 10th and 23rd, 2018

Meetings are held in the Board Room at the District Office: 4400 Alma Ave, Castro Valley and start at 7:00 pm. Agendas & Board Materials on the District website (www.cv.k12.ca.us) under Board of Education.

S.O.A.R.  **Safety - Organization - Achieving Goals - Respect**