

Camper Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_  
 Phone (H) \_\_\_\_\_ (C) \_\_\_\_\_  
 Email \_\_\_\_\_

*All camp information will be sent by email.*

School \_\_\_\_\_ Grade (Fall of 2019) \_\_\_\_\_

T-Shirt Size YL S M L XL

Parent Name (s) \_\_\_\_\_

Parent Cell # (s) \_\_\_\_\_

Camp Sessions:				PRICE
<input type="checkbox"/>	Session 1: All Skills Camp	Grades 3-10	9:00 - 11:30 AM	\$85.00
<input type="checkbox"/>	Session 2: Shooting Camp	Grades 3-12	9:00 - 11:30 AM	\$45.00
<input type="checkbox"/>	Session 3: Basketball Drill	Grades 3-10	9:00 - 11:30 AM	\$45.00
<input type="checkbox"/>	Session 4: Position Camp	Grades 9-12	9:00 - Noon	\$65.00
	Preferred Position: (please circle)	Point Guard	Wing	Post
	Reversible Jersey Size: (please circle)	S	M L XL	
<input type="checkbox"/>	Session 5: Shooting Camp	Grades 3-12	1:00 - 3:30 PM	\$85.00
<input type="checkbox"/>	Session 6: All Skills Camp	Grades 3-10	1:00 - 3:30 PM	\$45.00
<input type="checkbox"/>	Session 7: All Skills Camp	Grades 3-10	9:00 - 11:30 AM	\$85.00
	Sub Total:			_____

Early Bird Discount (per session) \$5.00 OFF  
*(If postmarked by May 10, 2019)*

Total: \_\_\_\_\_

**Make checks payable to: Krista Van Hauen**

Mail completed application and fees to:  
 Krista Van Hauen  
 St. Ambrose Women's Basketball  
 518 West Locust St  
 Davenport, IA 52803

**REQUIRED FORMS!!!!**

All campers must fill out and submit two forms before participating in camp. The forms are the medical authorization form and consent waiver which can be found on the SAU Summer Camp page.

Forms can be downloaded at:

[http://www.saubees.com/Summer\\_Camps/Camps\\_and\\_Clinics](http://www.saubees.com/Summer_Camps/Camps_and_Clinics)

Please contact Krista Van Hauen if you have difficulties downloading the forms.

Mail completed forms, camp application, and fees to:

Krista Van Hauen  
 St. Ambrose Women's Basketball  
 518 West Locust St  
 Davenport, IA 52803

For more camp information call: (563) 333-6230  
 Email: [VanHauenKristaD@sau.edu](mailto:VanHauenKristaD@sau.edu)

**2019**  
**St. Ambrose University**  
**Queen Bee**  
**Summer Camps**

<b>#1 All Skills Camp (Grades 3-10)</b>	<b>June 10-13</b>
<b>#2 Shooting Camp (Grades 3-12)</b>	<b>June 14</b>
<b>#3 Drills Camp (Grades 3-12)</b>	<b>June 20</b>
<b>#4 Position Camp (Grades 9-12)</b>	<b>June 22</b>
<b>#5 Shooting Camp (Grades 3-12)</b>	<b>June 24</b>
<b>#6 All Skills Camp (Grades 3-10)</b>	<b>June 25-28</b>
<b>#7 All Skills Camp (Grades 3-10)</b>	<b>July 15-18</b>

***A Tradition of Excellence***

11 Conference Championships  
 18 NAIA National Tournament Appearances



# 2019 SAU Girls' Basketball Camps

## Session 1: ALL SKILLS CAMP (June 10-13)

For girls entering 3rd - 10th grades.

This is a great opportunity for the beginner as well as the experienced player entering Grades 3-10. This camp is designed to fine tune fundamental skills in a fun and entertaining environment. Campers will enhance their shooting, passing, rebounding, and defense skills. Campers will be grouped according to age and skill level to receive the most benefit from this camp.

**Camp Fee: \$85**

*Early Bird Discount: \$5 off if postmarked by May 10, 2019*

**Camp Sessions: Session 1: 9:00 - 11:30 AM - Grades 3-10**

## Session 2: SHOOTING CAMP (June 14)

For girls entering 3rd - 12th grades.

This camp is designed to focus on the proper shooting form and technique. Campers will be instructed on shooting form, offensive footwork, and offensive movement. Throughout the day campers will be introduced to various shooting drills which will help improve their offensive game. This camp is a must for any player wanting to develop or refine her offensive skill set.

**Camp Fee: \$45**

*Early Bird Discount: \$5 off if postmarked by May 10, 2019*

**Camp Session: Session 2: 9:00 - 11:30 AM - Grades 3-12**

## Session 3: DRILLS CAMP (June 20)

For girls entering 3rd - 12th grades.

This camp will be one of the most entertaining camps at St. Ambrose. This camp is designed to offer various competitions to improve the overall skill and speed of play for each camper. Awards will be given for each competition. Contests may include: Hot Shot, X-Out, Speed Dribble, 3 on 3, and many more. The player will love this camp!!!

**Camp Fee: \$45**

*Early Bird Discount: \$5 off if postmarked by May 10, 2019*

**Camp Sessions: Session 3: 9:00 - 11:30 AM - Grades 3-12**

## Session 4: POSITION CAMP (June 22)

For girls entering 9th - 12th grades.

This camp is designed especially for the competitive player looking to fine tune her skills at her preferred position. The emphasis will be placed on improving individual skills through intense workouts and techniques used by the staff at St. Ambrose. This camp is for the player who wants to improve her game to the next level.

**Camp Fee: \$65 (includes reversible jersey)**

*Early Bird Discount: \$5 off if postmarked by May 10, 2019*

**Camp Session: Session 4: 9:00 AM - Noon - Grades 9-12**

## Session 5: SHOOTING CAMP (June 24)

For girls entering 3rd - 12th grades.

This camp is designed to focus on the proper shooting form and technique. Campers will be instructed on shooting form, offensive footwork, and offensive movement. Throughout the day campers will be introduced to various shooting drills which will help improve their offensive game. This camp is a must for any player wanting to develop or refine her offensive skill set.

**Camp Fee: \$45**

*Early Bird Discount: \$5 off if postmarked by May 10, 2019*

**Camp Sessions: Session 5: 1:00 - 3:30 PM - Grades 3-12**

## Session 6: ALL SKILLS CAMP (June 25-28)

For girls entering 3rd - 10th grades.

This is a great opportunity for the beginner as well as the experienced player entering Grades 3-10. This camp is designed to fine tune fundamental skills in a fun and entertaining environment. Campers will enhance their shooting, passing, rebounding, and defense skills. Campers will be grouped according to age and skill level to receive the most benefit from this camp.

**Camp Fee: \$85**

*Early Bird Discount: \$5 off if postmarked by May 10, 2019*

**Camp Sessions: Session 6: 1:00 - 3:30 PM - Grades 3-10**

## Session 7: ALL SKILLS CAMP (July 15-18)

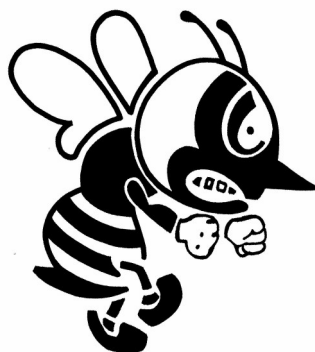
For girls entering 3rd - 10th grades.

This is a great opportunity for the beginner as well as the experienced player entering Grades 3-10. This camp is designed to fine tune fundamental skills in a fun and entertaining environment. Campers will enhance their shooting, passing, rebounding, and defense skills. Campers will be grouped according to age and skill level to receive the most benefit from this camp.

**Camp Fee: \$85**

*Early Bird Discount: \$5 off if postmarked by May 10, 2019*

**Camp Session: Session 7: 9:00 - 11:30 AM - Grades 3-10**



# Camp Information

## Special Camp Features:

Every camper will receive a camp T-Shirt, a camp basketball, and a season pass to St. Ambrose basketball games.

Every camper in Session 4 will also receive a reversible jersey

## Location of the Camps:

All Queen Bee camps will be held at the Wellness and Recreation Center located on the campus of St. Ambrose University. The Wellness and Recreation Center is located on the corner of West Lombard and Scott Streets.

## Camp Confirmations and Camp Information:

All camp confirmations and additional camp information will be sent out via email. ***Please make sure you write your email legibly on the camp application form.***

## Insurance:

Campers need to have their own insurance to cover any injuries that occur during camp. St. Ambrose University WILL NOT cover any medical treatment due to an injury at camp.

## Message from Coach Van Hauen:

Dear Campers:

Champions are definitely MADE in the off-season. Therefore, I am excited for our upcoming summer basketball camps!

Our coaching staff and the players here at St. Ambrose always look forward to seeing you. We all enjoy the opportunity to work with you on your basketball skills and getting to know you in a fun environment. Our summer camps give you a great opportunity to improve your basketball skills!

Come join us for an exciting summer of basketball and fun!

*Coach Van Hauen*

