

# Gustine High & Middle School

## December 2018 Breakfast & Lunch Menu

### SO DELI

**Cold Sandwiches & Wraps**

**Monday**  
Ham & Cheese Sandwich

**Tuesday**  
Tuna Sandwich

**Wednesday**  
Turkey & Cheese Sandwich

**Thursday**  
Grilled Triple Cheese Sand.

**Friday**  
Italian Sub

### Breakfast

**Monday**  
Breakfast Bowl


**Tuesday**  
Parfait



**Wednesday**  
Breakfast Pizza

**Thursday**  
Ham & Cheese Bagel

**Friday**  
Cinnamon Roll

**Cereal & Cereal Bars served daily**

 **Find menus, nutrition, allergen information and more online or on your phone!**  
Download School Menus by Nutrislice to your smartphone from the App Store or visit: [Gustine.nutrislice.com](http://Gustine.nutrislice.com)

3 Bacon Cheddar Melt Garlic Fries Fresh Fruit	4 Beefy Bean Burrito Seasoned Pinto Beans Fresh Fruit	5 Orange Chicken Steamed Rice & Broccoli Fresh Fruit	6 Cheesy Pizza Pasta Steamed Carrots Fresh Fruit	7 Tostilocos Steamed Corn Fresh Fruit
10 Pulled Pork Sandwich Season Potato Wedge Fresh Fruit	11 Chicken Tacos Steamed Corn Fresh Fruit	12 General Tso Chicken Steamed Rice & Broccoli Fresh Fruit	13 Macaroni & Cheese Steamed Carrots Fresh Fruit	14 Chicken Nuggets Dinner Roll 3 Bean Salad Fresh Fruit
17 Chicken & Waffles Garlic Fries Fresh Fruit	18 Beef Nachos w/ Ground Beef Cheese Sauce & Refried Beans Fresh Fruit	19 Teriyaki Dippers Steamed Rice & Broccoli Fresh Fruit	20 Turkey Dinner Mashed Potatoes Sweet Potatoes Dinner Roll & Cookie Fresh Fruit	21 
24	25	26	27	28
31 	<b>HAPPY HOLIDAYS</b> School will resume January 7, 2019			

### mato

Classic Cheese Pizza and Pepperoni Pizza served daily, All pizza made w/ reduced fat cheese & whole grain crust. Includes Veggie & Fruit.

**Specials**

Monday: Aloha Pizza  
Tuesday: Buffalo Chicken Pizza  
Wednesday: Jalapeno Pepperoni Pizza  
Thursday: South of the Border Chicken Pizza  
Friday: Philly Cheesesteak Pizza

### grilled

Lean beef burgers w/ cheese barbequed daily. Breaded chicken sandwiches available daily.

**Specials**

Monday: Grilled Chicken Sandwich  
Tuesday: Chili Cheese Dog  
Wednesday: Jalapeno Burger  
Thursday: Hot Dog  
Friday: BBQ Bacon Cheese Burger

### wild greens

Fresh Food Fast- Packaged for Grab N' Go (Salads served with a dinner roll)

**Specials**

Monday: Mediterranean Salad  
Tuesday: Popcorn Chicken Salad  
Wednesday: Caesar Salad  
Thursday: Cobb Salad  
Friday: Bacon Chicken Salad

**Breakfast Prices FREE FOR ALL STUDENTS** Adults: \$2.50 **Lunch Prices FREE FOR ALL STUDENTS** Adults: \$4.00 Milk & Bottled Water: \$0.50

For questions please call the Nutrition Services office at (209) 854-6747 or visit our website at <http://gustine.businesscatalyst.com/cafeteria> - **Menus available online!**

The School Lunch Program is operated in accordance with U.S. Department of Agriculture policy which does not permit discrimination because of race, color, sex, age, handicap or national origin. Any person who believes that he or she has been discriminated against in any U.S.D.A. activity should write to the Secretary of Agriculture, Washington, D.C. 20250. Food Service Provided by Chartwells School Dining Services.

**To get nutritional information please check out the Nutrislice App. Download it free from the Google Play or iTunes Store. Menu subject to change without notice.**