

Nipomo High School Athletics

525 North Thompson Ave.
Nipomo, CA 93444
(805) 474-3300 ext. 3252
Fax: (805) 929-2551



Girls Basketball 2018-19

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Varsity</u>	<u>JV</u>
Tuesday	11/13	St. Joseph Scrimmage	NHS	6:45	5:15
Monday	11/19	Paso Robles	PRHS	6:00	4:15
Tuesday	11/27	Santa Ynez	NHS	6:30	5:00
Fri./Sat.	11/30-12/1	NHS JV Tournament	NHS		TBD
Tuesday	12/4	Lompoc	LHS	6:30	5:00
Wednesday	12/5	SLO Tourney (A.G.)	SLOHS	5:00	
Thursday	12/6	SLO Tourney (Camarillo)	NHS	5:00	
Friday	12/7	SLO Tourney (Arvin)	NHS	8:00	
Saturday	12/8	SLO Tourney (Paso Robles)	NHS	1:00	
Th/Fr/Sat.	12/6-8	Santa Ynez JV Tournament	SYHS		TBD
Tuesday	12/11	* Santa Maria	SMHS	6:45	5:15
Friday	12/14	* Atascadero	NHS	6:45	5:15
Saturday	12/15	Santa Maria JV Tourney	SMHS		TBD
Tuesday	12/18	* Templeton	NHS	6:45	5:15
Th/Fr/Sat.	12/20-22	* St. Joseph Tourney	SJ/Rig	TBD	
Th/Fr/Sat.	12/27-29	Tulare Showcase	TBD	TBD	
Friday	1/4	* Orcutt Academy	LJHS	6:45	5:15
Tuesday	1/8	* Morro Bay	MBHS	6:45	5:15
Friday	1/11	* Pioneer Valley	NHS	6:45	5:15
Tuesday	1/15	* Santa Maria	NHS	6:45	5:15
Friday	1/18	* Atascadero	AHS	6:45	5:15
Tuesday	1/22	* Orcutt Academy	NHS	6:45	5:15
Friday	1/25	* Morro Bay	NHS	6:45	5:15
Tuesday	1/29	* Pioneer Valley	PVHS	6:45	5:15
Friday	2/1	* Templeton	THS	6:45	5:15

* League Contests

Head Coach: Dave Mendez
Assistants: Laurel Maas, Emma Ramirez
Principal: John Denno
Athletic Director: Russ Edwards
Asst. Ath. Dir.: P.J. Deichler
Athletic Trainer: Andrew Boortz

11/8/18

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Boys Basketball 2018-19

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Varsity</u>	<u>JV</u>	<u>Fr-So</u>
Tuesday	11/13	St. Joseph Scrimmage	SJHS	6:30	5:15	4:00
Saturday	11/17	NHS Intersquad/Alumni	NHS	6:00	5:00	
Monday	11/19	Paso Robles	NHS	6:45	5:15	3:45
Tuesday	11/27	Santa Ynez	SYHS	6:30	5:00	3:30
Thursday	11/29	HIT MB (Santa Ynez)	MBHS	4:00		
Friday	11/30	HIT MB Tourney	MBHS	TBD		
Saturday	12/1	HIT MB Tourney	MBHS	TBD		
Saturday	12/1	HIT MB Tourney	MBHS	TBD		
Tuesday	12/4	Lompoc	NHS	6:30	5:00	3:30
Friday	12/7	SJ Tour. (Rancho M.)	SJHS	3:00		
Saturday	12/8	SJ Tour. (Mt. Whit.)	SJHS	2:00		
Tuesday	12/11	San Luis Obispo	SLO	6:45	5:15	3:45
Thursday	12/13	Lemoore	SLO	5:30		
Friday	12/14	El Diamante	SLO	5:30		
Saturday	12/15	Independence	SLO	12:30		
Fri/Sat	12/14-15	Cabrillo JV Tourney	CHS		TBD	
M,T, W, R	12/17-20	PV Frosh Tourney	PVHS			TBD
Friday	12/21	Pioneer Valley	NHS	6:45	5:15	3:45
Thu-Fri	12/27-28	Nipomo JV Tour.	NHS		TBD	
Wed-Sat.	12/26-29	Clovis Elks Classic	TBA	TBA		
Friday	1/4	* Orcutt Academy	NHS	6:45	5:15	
Friday	1/4	Atascadero	AHS			3:45
Saturday	1/5	Santa Maria Tourney	SMHS		TBD	
Tuesday	1/8	* Morro Bay	NHS	6:45	5:15	
Friday	1/11	* Santa Maria	SMHS	6:45	5:15	3:45
Tuesday	1/15	* Atascadero	AHS	6:45	5:15	3:45
Friday	1/18	* Templeton	NHS	6:45	5:15	3:45
Saturday	1/19	Santa Maria Tourney	SMHS			TBD
Tuesday	1/22	* Orcutt Academy	LJHS	6:45	5:15	
Friday	1/25	* Morro Bay	MBHS	6:45	5:15	
Tuesday	1/29	* Santa Maria	NHS	6:45	5:15	3:45
Friday	2/1	* Atascadero	NHS	6:45	5:15	3:45
Tuesday	2/5	* Templeton	THS	6:45	5:15	3:45

Head Coach: Kevin Hitchen

* League Contests

Assts: Jon Hitchen, Garrett Ikeda, Art Lopez, Kristian Lundberg, Tyler Marsden, Sina Shakierian

Principal: John Denno

Athletic Director: Russ Edwards

Asst. Ath. Dir.: P.J. Deichler

Athletic Trainer: Andrew Boortz

11/8/18

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Girls Soccer 2018-19

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Varsity</u>	<u>JV</u>
Tuesday	11/13	St. Joseph Scrimmage	SJHS	5:30	3:30
Thursday	11/15	Coast Union Scrimmage	NHS	5:30	no game
Monday	11/19	Paso Robles	PRHS	6:00	4:00
Tuesday	11/27	Santa Ynez	NHS	5:30	3:30
Thursday	11/29	San Luis Obispo	NHS	6:00	4:00
Tuesday	12/4	Lompoc	LHS	5:30	3:30
Thursday	12/6	Cabrillo	CHS	3:00	3:00
Tuesday	12/11	St. Joseph	NHS	6:00	4:00
Tuesday	12/18	Righetti	NHS	6:00	4:00
Friday	12/21	Pioneer Valley	NHS	6:00	4:00
Fri./Sat.	12/28-29	PVHS Tournament	TBD	TBD	TBD
Friday	1/4	* Templeton	NHS	6:00	4:00
Tuesday	1/8	* Santa Maria	SMHS	6:00	4:00
Friday	1/11	* Morro Bay	NHS	6:00	4:00
Tuesday	1/15	* Mission College Prep	MCP	6:00	
Tuesday	1/15	San Luis Obispo	SLO		4:00
Friday	1/18	* Orcutt Academy	NHS	6:00	4:00
Tuesday	1/22	* Santa Maria	NHS	6:00	4:00
Friday	1/25	* Templeton	THS	6:00	4:00
Tuesday	1/29	* Morro Bay	MBHS	6:00	4:00
Friday	2/1	* Orcutt Academy	Rice	3:15	3:15
Tuesday	2/5	* Mission College Prep	NHS	6:00	

* League Contests

Head Coach: Josh Lee

Assistant Coaches: Eddie Silva, Peter Lee, Mike Neel, Gavin Schroter

Principal: John Denno

Athletic Director: Russ Edwards

Asst. Ath. Dir.: P.J. Deichler

Athletic Trainer: Andrew Boortz

11/8/18

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Boys Soccer 2018-2019

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Varsity</u>	<u>JV</u>
Tuesday	11/13	St. Joseph Scrimmage	NHS	5:30	3:30
Thursday	11/15	Coast Union Scrimmage	CUHS	5:30	no game
Monday	11/19	Paso Robles	NHS	6:00	4:00
Tuesday	11/27	Santa Ynez	SYHS	5:30	3:30
Thursday	11/29	San Luis Obispo	SLO	6:00	4:00
Fri./Sat.	11/30-12/1	Cats and Hounds Tourney	TBD	TBD	
Saturday	12/1	NHS JV Tourney	NHS		TBD
Tuesday	12/4	Lompoc	NHS	5:30	3:30
Thursday	12/6	Cabrillo	NHS	5:30	3:30
Saturday	12/8	NHS JV Tourney	NHS		TBD
Monday	12/10	Arroyo Grande	AGHS	6:00	4:00
Wednesday	12/12	* Templeton	NHS	6:00	4:00
Tuesday	12/18	* Morro Bay	MBHS	6:00	4:00
Friday	12/21	* Mission College Prep	MCP	6:00	
Friday	12/21	San Luis Obispo	SLO		4:00
Fri/Sat	12/28-29	PVHS Tournament	PVHS	TBD	
Thursday	1/3	* Atascadero	NHS	6:00	4:00
Tuesday	1/8	* St. Joseph	NHS	6:00	4:00
Friday	1/11	* Orcutt Academy	Rice	3:15	3:15
Tuesday	1/15	* Mission College Prep	NHS	6:00	
Tuesday	1/22	* Atascadero	AHS	6:00	4:00
Friday	1/25	* Morro Bay	NHS	6:00	4:00
Tuesday	1/29	* Orcutt Academy	NHS	6:00	4:00
Friday	2/1	* Templeton	THS	6:00	4:00
Tuesday	2/5	* St. Joseph	SJHS	6:00	4:00

* League Contests

Head Coach: George Ayala
Assistant Coaches: Buddy Kichler, George Ayala
Principal: John Denno
Athletic Director: Russ Edwards
Asst. Ath. Dir.: P.J. Deichler
Athletic Trainer: Andrew Boortz

11/8/18

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Girl's Wrestling 2018-19

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Weigh-in</u>	<u>Time</u>
Saturday	11/24	Santa Maria Invitational	SMHS	8:00	9:30
Saturday	12/1	Queen of the Valley Golden Valley High School	GVHS	7:00	9:00
Wed	12/5	Morro Bay Tri Dual	MBHS	4:00	5:00
Wed	12/12	Righetti Quad Dual	RHS	4:00	5:00
Saturday	12/15	3rd Annual Born Vicious Ridgeview High School	RHS	TBD	TBD
Thursday	12/27	Bash @ Pioneer Valley	PVHS	8:00	10:00
Fri/Sat	1/4-1/5	21st Annual Napa Valley Classic (Vintage High School)	VHS	7:00	9:30
Wed	1/9	Pioneer Valley Quad Dual	PVHS	4:00	TBD
Fri	1/11	3rd Annual Kusumoto Klassic (Prospect High School, Saratoga)	PHS	8:00	10:00
Wed	1/16	Nipomo High Mini Tourney	NHS	3:00	4:00
Thursday	1/24	League Finals	SMHS	2:00	3:30
Fri/Sat	2/1-2/2	CIF Area	TBD	TBD	TBD
Fri/Sat	2/8-2/9	CIF Masters	TBD	TBD	TBD
Fri/Sat	2/22-23	CIF State Champs	TBD	TBD	TBD

Head Coach: Sabreena Shelton
Assistants: Marisol Arredondo
Principal: John Denno
Athletic Director: Russ Edwards
Asst. Ath. Dir.: P.J. Deichler
Athletic Trainer: Andrew Boortz

11/9/18

Nipomo High School Athletics

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Boy's Wrestling 2018-2019

<u>Day</u>	<u>Date</u>	<u>Opponent</u>	<u>Site</u>	<u>Weigh-in</u>	<u>Varsity</u>	<u>JV</u>
Wed.	11/28	LPAL Classic Invitational	SMHS	3:30	4:30	
Saturday	12/1	Duca Invitational (Var& JV)	PVHS	TBD	TBD	TBD
Wed.	12/5	Atascadero Dual or Tri-Dual	AHS	4:00	6:00	5:00
Saturday	12/8	Rumble @ Rock (MB Ind Only)	MBHS	TBD	TBD	
Wed.	12/12	Pioneer Valley	PVHS	4:00	6:00	5:00
Wed.	12/19	Righetti	NHS	4:00	6:00	5:00
Fri./Sat.	12/21-22	17th Annual Zinkin Classic Buchanan High, Clovis	BHS	TBD	TBD	
Fri./Sat.	12/28-29	Bash @ PVHS (Var & JV)	PVHS	TBD	TBD	TBD
Saturday	1/5	Righetti JV Invitational	RHS	7:00am		9:00am
Wed.	1/9	* San Luis Obispo	NHS	4:00	6:00	5:00
Fri./Sat.	1/11-12	Santa Ynez Tourney	SYHS	F = 12:30 S = 7 am	F = 2 pm S = 9 am	
Wed.	1/16	* Morro Bay	MBHS	4:00	6:00	5:00
Fri./Sat.	1/18-19	C.I.T. Tourney Morro Bay	MBHS	F = 8 am S = 7 am	F = 10 am S = 9 am	
Wed.	1/23	* St. Joseph	SJHS	4:00	6:00	5:00
Wed.	1/30	* Santa Maria	NHS	4:00	6:00	5:00
Saturday	2/2	CCAA JV League Finals	PVHS	TBD		TBD
Fri./Sat.	2/8-9	CIF Divisionals	TBD	TBD	TBD	
Fri./Sat.	2/15-16	CIF Masters	TBD	TBD	TBD	
Fri./Sat.	2/22-23	CIF State	TBD	TBD	TBD	

***In Bold = League Contests**

Head Coach: Kevin Kreowski
Assistant Coaches: Eddie Bello, Clayton Mills, Jesse Trevino
Principal: John Denno
Athletic Director: Russ Edwards
Assistant Ath. Dir.: P.J. Deichler
Athletic Trainer: Andrew Boortz

11/8 /18