

Family Life Education Summary

Grade: Kindergarten and First Grade

Objectives:

The student will demonstrate ability to:

- Describe the physical, social and emotional dimensions of wellness.
- Explain that all family members have certain rights and responsibilities that contribute to the successful functioning of the family.
- Explain that families experiencing a change or crisis can get help if they need it.
- Identify appropriate ways for children to show affection and caring.
- Explain the physical differences and similarities of the genders.
- Explaining that human beings develop inside their birth mother, are helpless when born, and must be fed, clothed, and nurtured.

Resources:

- Book: Berenstains, Stan and Jan, *Berenstain Bears And The Messy Room*,_Random House, 1983
- Video: *Berenstain Bears and the Messy Room*
- Video: BrainPOP Jr. *Friends*
- Book: Sprung, Barbara, *Learning About Family Life*, Rutgers Univ. Press, 1992
- <https://www.nj.gov/health/>