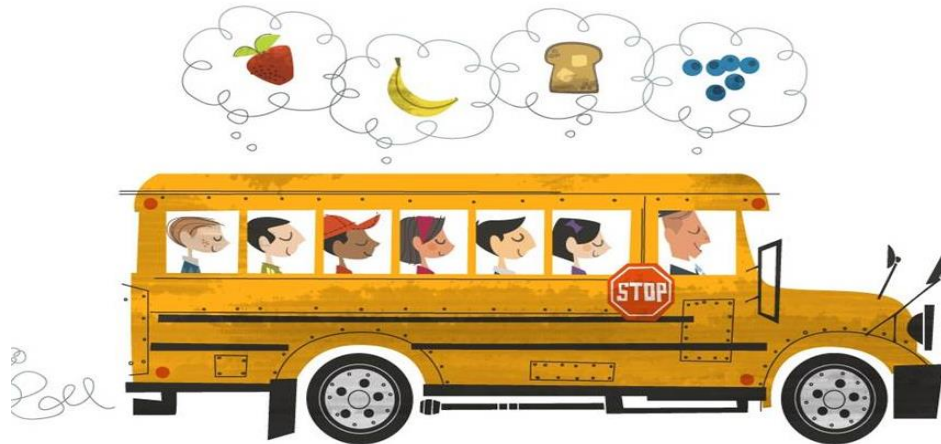


take time for
school
BREAKFAST



LVUSD Offers FREE BREAKFAST to All Students

Encourage your child to come check it out!



Children who eat school breakfast:

- Eat more fruits
- Drink more milk
- Eat a wider variety of foods



Children who participate in school breakfast:

- Usually consume fruit and milk at breakfast



Children who eat breakfast:

- Are less likely to become obese