

Secondary

March

National Nutrition Month

National Nutrition Month is an educational campaign focusing on the significance of physical fitness as well as eating nourishing meals. Taking charge of your health contributes to overall wellbeing.

Mon	Tue	Wed	Thu	Fri
<p>4</p> <p>Philly Cheesesteak Steak Fingers Gravy Hot Roll Mashed Potatoes Carrots Strawberries & Bananas</p>	<p>5</p> <p>Spaghetti Bowl Breadstick French Bread Pizza Marinara Garden Salad Mixed Veggies Fruit Choco/Vanilla Pudding</p>	<p>6</p> <p>Boneless Chicken Wings Celery Sticks Carrots Cornbread Orange Smiles Brownie</p>	<p>7</p> <p>Mexican Combo Plate *Taco & Tamale* Chicken Quesadilla Corn Beans Salsa Garnish Fruit Cup</p>	<p>8</p> <p>Popcorn Chicken Hot Roll Sloppy Joe Sandwich Broccoli Curly Fries Fruit</p>
				
<p>18</p> <p>Chicken Drumstick Biscuit Pizza Choice Carrots Corn Fruit Cookie</p>	<p>19</p> <p>Crispy Tacos Frito Pie Fresh Veggie Cup Beans Salsa Lettuce & Tomato Orange Smiles</p>	<p>20</p> <p>Ravioli Chicken Nuggets Mashed Potatoes Hot Roll Garden Salad Tuscan Veggies Pears</p>	<p>21</p> <p>Cheeseburger Garnish Hot Dog Curly Fries Carrots Fruit Cup</p>	<p>22</p> <p>Pulled Pork Sliders Coleslaw Chicken Parmesan Breadstick Garden Salad Green Beans Fruit</p>
<p>25</p> <p>Corn Dog Tater Tots Chicken Drumstick Broccoli Hot Roll Baked Beans Fresh Fruit</p>	<p>26</p> <p>Nachos Grande Beans Salsa Lettuce & Tomato Cucumber Slices Fruit Sherbet</p>	<p>27</p> <p>Crispy Chicken Sandwich French Fries Xtreme Burrito Corn Fresh Veggie Cup Lettuce & Tomato Mandarin Oranges</p>	<p>28</p> <p>Hamburger Steak Brown Gravy Biscuit Roasted Potatoes Garden Salad Fruity Jello</p>	<p>29</p> <p>Pizza Choice Grilled Cheese Soup Chips Carrots Broccoli Fruit Cup Brownie Cookie</p>

Breakfast

March

An alternate cold entrée option is available daily.



Mon	Tue	Wed	Thu	Fri
4 Pancakes Sausage Fruit Juice Fruit Milk	5 Breakfast Burrito Hash browns Fruit Juice Fruit Milk	6 Power Breakfast *Biscuit, gravy, eggs, bacon* Fruit Juice Fruit Milk	7 Breakfast Bread Yogurt Fruit Juice Fruit Milk	8 Morning Griddle Sandwich Fruit Juice Fruit Milk
SPRING BREAK				
18 Waffles Bacon Fruit Juice Fruit Milk	19 Cinnamon Rolls Sausage Fruit Juice Fruit milk	20 Breakfast Pizza Fruit Juice Fruit Milk	21 Breakfast Taquito Fruit Juice Fruit Milk	22 Biscuit, Gravy, Eggs Fruit Juice Fruit Milk
25 Sausage Biscuit Fruit Juice Fruit Milk	26 Breakfast Combo Fruit Juice Fruit Milk	27 Chicken-n-Waffles Fruit Juice Fruit Milk	28 Stuffed Bagel Sausage Fruit Juice Fruit Milk	29 French Toast Bacon Fruit Juice Fruit Milk

The U.S. Department of Agriculture prohibits discrimination against its customers, employees, and applicants for employment on the bases of race, color, national origin, age, disability, sex, gender identity, religion, reprisal, and where applicable, political beliefs, marital status, familial or parental status, sexual orientation, or on the part of an individual's income is based on any public assistance program, or protected genetic information in employment or in any program or activity conducted or funded by the Department. (Not all prohibited bases will apply to all programs and/or employment activities.) If you wish to file a Civil Rights program complaint or discrimination, complete the [USDA Program Discrimination Complaint Form](#) found online at [http://www.aphis.gov/complaint_filing_cust.html](#) or at any USDA office, or call (866) 632-8922 to request the form. You may also write a letter containing all of the information requested in the form. Send your completed complaint form or letter to us by mail to U.S. Department of Agriculture, Director, Office of Adjudication, 1400 Independence Avenue, S.W., Washington, D.C. 20250-8410; by fax (202) 858-7442; or email at [protections@aphis.usda.gov](#). Individuals who are deaf, hard of hearing, or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6768 (Spanish). USDA is an equal opportunity provider and employer.