

# NEW SPRING CLASSES

## **557 Family Code Night**

Code Central Computers, tablets, smartphones, video games, apps, oh my! As technology plays such an important role in our lives, learning basic computer programming isn't just a smart idea, it's an essential skill for grown-ups and children alike. Family Code Night is a fun family-school event for parents & kids (grades K-5) to experience computer programming for the first time – together! Playing in teams to complete puzzles and challenges at their own pace, families learn foundations of coding in just one hour. Instead of watching screens, parents and kids will learn to create what's on their screens! (More advanced instruction available for experienced coders.) (Preferred setting: Computer Lab or laptops available)

- Families with students in grades K-5 (Adults and children attend class together)
- 1 hour session

## **427 Let's Discover S.T.E.M.**

UNCE Let's Discover S.T.E.M. is a 7-week parenting program focusing on science, technology, engineering, and math designed for families with preschool-aged children. The 1.5 hour class meets once a week and features reading and hands-on learning activities. The program aims to help parents create and encourage S.T.E.M. based activities for children, while building the children's interest and skills in S.T.E.M.

- Families with children ages 3-5 (Adults and children attend class together)
- 7 weekly 1.5 hour sessions

## **130 Shape Up!**

Families are invited to play higher-level thinking puzzles and activities designed to shape up math, vocabulary, writing, comprehension, sequencing, communication, and scientific inquiry skills.

- Families with students in grades 3-5
- 45 minute – 1 hour session

## **558 Video Game Design**

Parents and children will learn the basics of creating their own video game through coding! (Preferred setting: Computer Lab or laptops available)

- Families with students in grades 4-5 (Adults and children attend class together)
- 2 hour session

## **337 CCSD Food Service: What's Cooking in School Kitchens?**

Do you ever wonder what's cooking in school kitchens? Well you are in luck! In this course, you will learn about how school menus are created, where the food comes from, nutritional requirements for school meals, smart snack nutritional requirements, special meals, and so much more.

- Families with students in grades PK-12
- 45 minute session

## **336 Is My Child Gifted or Bright?**

Join us as we learn about the differences between bright and gifted students and how parents can help both to reach their full potential.

- Families with students in grades 3-5
- 45 minute session

## **553 NetSmartz**

This program is from the National Center for Missing and Exploited Children covering all topics of internet safety. Participants will receive information on current trends, dangerous apps, how to recognize online predators, cyber bullying and parenting apps that can be used at home.

-Families with children ages 3-5; Families with students in grades PK-12 (Adults and children may attend class together)  
(Adults ONLY version available which contains uncensored material)

- 45 minute – 1 hour session

### **551 The Impact of the Games We Play**

Las Vegas is the gaming entertainment capital of the world, with opportunities to gamble on every corner, and one of the highest prevalence rates of problem gambling in the nation. Video games are now the fastest growing entertainment media, generating more sales than the movie and music industry combined, and not surprisingly, video gaming addiction is on the rise for both youth and adults. This seminar will discuss the difference between healthy recreation and problematic gambling/gaming, make parents and children aware of the signs and symptoms of gambling/gaming addiction, and shed light on the impact of these problems on adults, children, and the family as a whole. Participants will be provided information on available community resources for individuals and their family members who are dealing with a gambling or a gaming problem.

-Adult family members of CCSD students

-1.5 hour session

### **552 Shout Out Loud**

Shout Out Loud is an abduction prevention presentation. We will go over the common misconceptions when it comes to abducted children. Parents will learn how to talk to their child in a manner that will not scare them. This presentation is also for children, grades K-5 to talk about the different "tricks" that predators use to lure children, ways to recognize a predator, and what to do if ever encountered by one. We provide coloring books for young children to get conversations started as well as resources if a child were ever to go missing.

-Families with children ages 0-5; Families with students in grades PK-5 (Adults and children may attend class together)

-45 minute – 1 hour session