

Have a
Great Day!

Bronx Academy of Promise
Breakfast Menu
March 2019



Meal Includes:
Meat/Meal Alternate, Grains, Vegetable, Fruit and Milk

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

				<p>1 Dr. Seuss Day Whoville Scrambled Eggs Who-hash Browns W.W. Toast Sun Butter and Jelly Sandwich Fresh or Cupped Fruit Non-fat & 1% Milk</p>
<p>4 Turkey/Ham, Egg & Cheddar Frittata w/W. W. Biscuit Yogurt Parfait, w/Fruit & Granola Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>5 Pancake Day Choose between... Chocolate Chip, Blueberry or Plain, w/Syrup Cinnamon Raisin Bagel, w/ Cream Cheese Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>6 Turkey Bacon, Egg & Cheese on a Kaiser Roll Bran Muffin & Cheese Stick Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>7 Warm Banana Bread, Cheddar Cheese Stick Scrambled Eggs W.W. Toast Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>8 Cheese Omelet, Hash Brown Potatoes, Whole Wheat Toast Bagel w/Cream Cheese Fresh or Cupped Fruit Non-fat & 1% Milk</p>
<p>11 Sausage Patty, Egg & Cheese on an English Muffin Hot Oatmeal w/Fresh Blueberries Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>12 Warm Apple Muffin Cheese Stick Scrambled Egg w/Whole Wheat Toast Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>13 Turkey/Bacon, Egg & Cheese w/w Kaiser Roll Yogurt Parfait, w/Fruit & Granola Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>14 French Toast w/Syrup Blueberry Muffin Cheese Stick Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>15 Cheesy Scrambled Egg w/Whole Wheat Bagel Cinnamon Raisin Bagel w/Cream Cheese Fresh or Cupped Fruit Non-fat & 1% Milk</p>
<p>18 Blueberry Muffin, Cheese Sticks Scrambled Egg, w/w Bagel, Sausage Patty Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>19 Sausage, Egg & Cheese on a W. W. Biscuit Cinnamon Raisin Bagel, Cream Cheese Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>20 Pancake w/Syrup, Sausage Link Hardboiled Egg w/w Bagel, Cream Cheese Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>21 Cream of Wheat w/Fresh-cut Fruit Belgian Waffles w/Mixed Berries Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>22 Egg & Cheese in a Pita Berry & Yogurt Parfait w/Granola Fresh or Cupped Fruit Non-fat & 1% Milk</p>
<p>25 Bacon, Egg & Cheese on a Kaiser Roll Cinnamon Raisin Bagel w/Cream Cheese Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>26 Turkey/Ham & Cheese Frittata w/ Whole Wheat Toast Yogurt Parfait w/Fruit & Granola Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>27 Belgian Waffles, Mixed Berries Scrambled Eggs Whole Wheat Bagel Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>28 Sun Butter and Jelly Sandwich, Banana Turkey Bacon, Egg & Cheese on a Kaiser Roll Fresh or Cupped Fruit Non-fat & 1% Milk</p>	<p>29 Blueberry Pancakes w/Syrup Sausage Link Cinnamon Raisin Bagel w/Cream Cheese Fresh or Cupped Fruit Non-fat & 1% Milk</p>

Water available at every meal
This institution is an equal opportunity provider.