

Mustang Kindness Week

February 12-15, 2019

Take the Kindness Challenge!

Complete and check off 7 out of 10 random acts of kindness! Turn in your sheet on Friday 2/15 during lunch at the cafeteria for a treat and a chance to win prizes.

	<i>Pick up five pieces of trash on your way to class.</i>
	<i>Compliment three people.</i>
	<i>Let someone go ahead of you in line.</i>
	<i>Sit next to someone new during lunch.</i>
	<i>Post a positive sticky note on someone's desk.</i>
	<i>Write a thank you note to a teacher.</i>
	<i>Encourage someone.</i>
	<i>Write a letter or email of gratitude to a classmate or friend.</i>
	<i>Bring a flower for an office staff.</i>
	<i>Thank a custodian or cafeteria worker.</i>