

Homer-Center
High School

Menus for January 2019



This institution is an equal opportunity provider. Menus are subject to change.



CAN IT.

Research continues to show that drinking regular soda has zero upside for your health and plenty of downside. Why not make this the year you and your family "can" your sugary soda habit? And satisfy your sweet tooth with fresh fruit!

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**

WE HAVE YOUR NEW YEAR'S RESOLUTION

Join us every day for
convenient, economical,
healthy meals!

Breakfast Lunch
\$1.40 **\$2.75**

Learn more about free and reduced-price meals: Insert preferred contact phone, email, or web site

Wednesday, January 2

Breakfast

Bacon & Cheese Bagel
Mixed Berries

Lunch

Soft Taco
Lettuce & Tomato
Seasoned Sweet Peas
Black Bean Salsa w/wo Chips
Chilled Applesauce
Mandarin Oranges

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ, or Chef Salad

Thursday, January 3

Breakfast

Blue Berry Muffin Top
Peaches

Lunch

Cheesy Bread Sticks
w/wo Dipping Sauce
Tossed Salad-Seasoned Corn
Fresh Banana
Mixed Fruit
Vanilla Wafers

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ, or Chef Salad

Friday, January 4

Breakfast

Pancake & Sausage Stick
Applesauce

Lunch

Turkey & Cheese
Pretzel Roll Sandwich
Lettuce & Tomato
Sweet Potato Fries
Cucumber Slices
Mixed Berries-Diced Peas

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ, or Chef Salad

Available Daily

Breakfast

Alternate Entrees: assort cold cereals, cereal bars & yogurt

Daily juice choices: orange, apple & grape

At breakfast...students MUST choose a fruit and two other menu items to qualify as a meal. Additional items chosen above the four item limit will be charged ala carte.

Lunch

At lunch...students MUST choose a fruit or vegetable and two other menu items to qualify as a meal.

Additional items chosen above the five item limit will be charged ala carte.

Daily milk choices: 1% white and strawberry, skim, fat free chocolate & vanilla

Monday, January 7

Breakfast

Cheesy Croissant
Mixed Fruit

Lunch

Macaroni & Cheese
Seasoned Broccoli
Dinner Roll
Blushed Peas
Chilled Peaches

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ, or Chef Salad

Tuesday, January 8

Breakfast

Breakfast Donut
Pineapple

Lunch

BBQ Pulled Pork Sandwich
Onion Rings
Seasoned Corn
Pineapple Tidbits
Mixed Berries
Cinnamon Gold Fish Graham

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ, or Chef Salad

Wednesday, January 9

Breakfast

Pancakes-Sausage Link
Mandarin Oranges

Lunch

Chicken Tenders
Orange Glazed Carrots
Tossed Salad
Dinner Roll
Mixed Fruit
Chilled Applesauce

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ, or Chef Salad

Thursday, January 10

Breakfast

Sausage Breakfast Pizza
Pears

Lunch

Wildcat Hoagie
Lettuce & Tomato
Pasta Fagioli Soup
Spicy Curly Fries
Fresh Orange Quarters
Mixed Fruit

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ, or Chef Salad

Friday, January 11

Breakfast

Cheesy Scrambled Eggs
Bagel Half —Applesauce

Lunch

BBQ Rib Sandwich
Oven Fries
Seasoned Green Beans
Diced Peaches
Apple Crisp

Alternate Entrees

Chicken Filet w/wo Bun
Pizza, PBJ, or Chef Salad